



5. INFODOM & KUKKIWON PARATAEKWONDO OPEN



INFODOM

The place of event	Zagreb, Hrvatska
Date and time	09.06.2024, 10:20 - 16:00
Organizer	Parataekwondo club Kukkiwon Zagreb
Sports Hall	Combat center, Strojarska cesta bb, Zagreb
Registration fee	Individual - 15 eur, each additional category is individually free Pair - 10 euros, Team - 15 euros, Payments can be made at the competition itself TKOI Kukkiwon Zagreb, IBAN: HR4423400091110895720
Contact	kukkiwon.zagreb@gmail.com, +385 91 1888 810 - Kristijan Škravan
Disciplines	Individual - P10, P20, P30, P40, P50, Pair - P20 and P30, Teams - P20)
Registration	https://www.martial.events/en

Age categories

1. 8-11 years (in the year of the competition) - ASPIRANT
2. 12-14 years old (in the competition year) - CADET
3. 15-17 years (in the competition year) - JUNIOR
4. 18 - 30 (in the competition year) - SENIOR I
5. 31+ (in the competition year) - SENIOR II

Divisions

1. A Division - Dan belt holders
2. B Division - holders of the 4th - 1st Cup
3. C Division - holders of the 9th - 3rd Cup (potential candidates if by the WT competition they achieve minimum 4.Kup)

Elaboration of men's and women's sports classes

P10	P20	P30	P40	P50	P70
P11, P12	P21, P22, P23	P31, P32, P33, P34	P41, P42, P43, P44, P45	P51, P52, P53	P72

Hourly rate

Beginning	End	Activity
09:00	09:45	Registration
09:45	10:00	Meeting of judges and coaches (obligatory)
10:00		Opening ceremony and awards ceremony
10:20	16:00	The start of the competition

Poomsae

Rules and classes P20 (Intellectual disabilities)

Class P21

Competitors who meet the Virtus criteria for intellectual disabilities (P21 II1)

Class P22

Competitors who meet the Virtus criteria for intellectual disabilities - Down syndrome (P22 II2)

Class P23

Competitors who meet the Virtus criteria for athletes on the autism spectrum (II3)

P20 class rules

Scoring in P20 classes, for the purpose of adapting competitors to the new system, in 2024:

P20 classes perform two (2) forms of their own choice, of which one in each round

the form should be from each group. ASPIRANTS and CADETS perform by choice and NO DEDUCTIONS.

For repeating or performing an illegal form, 1.00 point is deducted through the points system or by the judges, and as stated:

Category	Group	Group 2	Deductions
ASPIRANT	By choice	By choice	No deduction
KADET	By choice	By choice	No deduction
JUNIOR A	Taeguk 4, 5, 6, 7-jang.	Taeguk 8-jang, Koryo (9), Keumgang (10), Taebaek (11)	1,00 per performance
SENIOR I, II A	Taeguk 4, 5, 6, 7, 8-jang.	Koryo (9), Keumgang (10), Taebaek (11), Pyongwon (12), Shipjin (13)	1,00 per performance
JUNIOR B, SENIOR I, II B	Taeguk 3, 4, 5-jang.	Taeguk 6, 7, 8-jang.	1,00 per performance
JUNIOR C, SENIOR I, II C	Taeguk 1, 2-jang.	Taeguk 3, 4-jang.	1,00 per performance

Rules and classes P30 (Neurological disabilities)

Class P31

The competitor has bilateral damage (heavily affected lower limbs), asymmetrically on both sides damage, double unilateral (one arm and leg on the same side) or bilateral (affected 3 limbs) with signs of spasticity involvement in both legs (ASAS grade 3 and 2) more than in hands (1st and 2nd degree) able to walk and stand independently, stand on one leg and change gravity often leads to difficulties in maintaining balance.

Class P32

Competitors with dyskinesias, athetosis, dystonia, ataxia, mild spasticity (all 4 limbs) or a combination of the above. The athlete can walk, but has difficulty with coordination, smooth by performing movements, slow movements, holding positions and maintaining static balance. Coordination is disturbed, involuntary movements, tremors and/or posture disorders of all or some parts of the body.

Class P33

Competitors with unilateral spasticity (arm and leg on the same side) or very mild spasticity hemi-dystonia. Grade 2 or 3 spasticity on only one side of the body. Lower limbs; the athlete has difficulty walking on heels and significant difficulty with one-legged stance or hopping on the side. Lateral lunges difficult. Asymmetry in passive and active range of motion. The strength on the affected side is reduced.

Class P34

Competitors with mild unilateral or bilateral involvement (lower limbs more affected) (spasticity grade 1-2), mild athetosis, dyskinesia or dystonia, hemidystonia are present in duration of less than 25% and less than 25% of maximum and very mild ataxia (SARA score of 2-8).

Rules P31, P32, P33, P34

P30 classes perform two (2) forms depending on the age category and division, of which in each round per one form should be from each group. ASPIRANTS and CADETS perform by choice and NEMA DEDUCTION.

For repeating or performing an illegal form, 1.00 point is deducted through the points system or by the judges, as indicated in the table:

Default forms by division and age category:

Categoris	Group 1	Group 2	Deductions
ASPIRANT	By choice	By choice	No deduction
KADET	By choice	By choice	No deduction
JUNIOR A	Taegeuk 4, 5, 6, 7-jang.	Taeguk 8-jang, Koryo (9), Keumgang (10), Taebaek (11)	1,00 per performance
SENIOR I, II A	Taegeuk 4, 5, 6, 7, 8-jang.	Koryo (9), Keumgang (10), Taebaek (11), Pyongwon (12), Shipjin (13)	1,00 per performance
JUNIOR B, SENIOR I, II B	Taegeuk 3, 4, 5-jang.	Taegeuk 6, 7, 8-jang.	1,00 per performance
JUNIOR C, SENIOR I, II C	Taegeuk 1, 2-jang.	Taegeuk 3, 4-jang.	1,00 per performance

Rules and classes P40 (Physical handicaps/difficulties)

Class P41

Competitors have a bilateral amputation above or through the elbow area. The elbow joint is not present with both sides in acquired amputation, OR bilateral dysmelia in which the length of each upper of extremities $\leq (0.193 \times \text{standing height})$.

Class P42

Competitors with bilateral amputation, below the elbow, but above or through the wrist (no carpal of bones in neither wrist) OR bilateral dysmelia in which the length of each upper of extremities $\leq 0.337 \times \text{standing height in cm}$.

Class P43

Competitors with upper limb defects. Unilateral amputation, through or above the joint (i.e. no carpal bones in the affected extremity) OR unilateral dysmelia in which the length of the affected arm measured from the acromion to the tip of the finger equal to or shorter than the total length humerus and radius of the unaffected arm OR unilateral dysmelia in which the length affected arm from the acromion to the most distal part $\leq 1/3$ of the length of the humerus (acromion to the upper head of the radius) of the unaffected arm.

Class P44

Competitors with flexible contracture of the elbow due to arthrodesis or ankylosis of the joint in addition to trauma/loss of soft tissue or damage to the bone joint. Arm length is measured from acromion to the tip of the middle finger/end of the affected hand and must be \leq the distance from the acromion to the head of the thumb bones in the unaffected arm with the elbow passively extended to its longest point OR Loss of muscle forces; loss of three (3) muscle points in shoulder abduction and/or flexion OR loss of two (2) muscle points in elbow flexion and/or extension.

Class P45

Competitors with disabilities in the lower extremities. Leg length difference OR unilateral amputation above or below the knee (a prosthetic device can be used).

Rules P41, P42, P43, P44, P45

P40 classes perform two (2) forms depending on the age category and division, of which in each round per one form should be from each group. ASPIRANTS and CADETS perform by choice and NO DEDUCTION.

For repeating or performing an illegal form, 1.00 point is deducted through the points system or by the judges, as indicated in the table:

Categoris	Group1	Group2	Deductions
ASPIRANT	By choice	By choice	No deduction
KADET	By choice	By choice	No deduction
JUNIOR A	Taegeuk 4, 5, 6, 7-jang.	Taeguk 8-jang, Koryo (9), Keumgang (10), Taebaek (11)	1,00 per performance
SENIOR I, II A	Taegeuk 4, 5, 6, 7, 8-jang.	Koryo (9), Keumgang (10), Taebaek (11), Pyongwon (12), Shipjin (13)	1,00 per performance
JUNIOR B, SENIOR I, II B	Taegeuk 3, 4, 5-jang.	Taegeuk 6, 7, 8-jang.	1,00 per performance
JUNIOR C, SENIOR I, II C	Taegeuk 1, 2-jang.	Taegeuk 3, 4-jang.	1,00 po izvedbi

Rules and classes P50 (Balance aids or disabled wheelchair)

Class P51

Competitors with impaired muscle strength (complete or incomplete spinal cord injury - L4-L5) OR health conditions that cause weakening of muscle strength OR lack of lower extremities

Both sides: shorter limb (femur: from the greater trochanter to the bone tip of the residual limb) must be \leq the distance from the olecranon extension to the tip of the middle finger OR

Unilateral: amputation above or through the knee OR

Deficiency of the lower limb (Dysmeil) bilaterally OR Athletes with severe diplegia I spasticity that cannot move functionally.

Class P52

Competitors with impaired muscle strength (spinal cord injury or similar) without abdominals muscles (there is no balance when sitting, the trunk must be attached to the back of the chair). There is none

active trunk rotations. Normal upper limb function OR

Lack of lower limbs - incomplete or complete trunk function and lack of lower limbs

(bilateral or unilateral amputation of lower limbs or dysmelia). Athletes with incomplete unilateral disarticulation of the hip, athletes with bilateral or unilateral amputation or dysmelia)

Class P53

Competitors with severe unilateral or bilateral spasticity that limits movement i need canes or crutches or walkers to balance, move or compete.

Rules P51, P52, P53

P50 classes perform two (2) forms depending on the age category and division, of which in each round per one form should be from each group. ASPIRANTS and CADETS perform by choice and NO DEDUCTION

For repeating or performing an illegal form, 1.00 point is deducted through the points system or by the judges, as indicated in the table:

Categoris	Group 1	Group 2	Deductions
ASPIRANT	By choice	By choice	No deduction
KADET	By choice	By choice	No deduction
JUNIOR A	Taegeuk 4, 5, 6, 7-jang.	Taeguk 8-jang, Koryo (9), Keumgang (10), Taebaek (11)	1,00 per performance
SENIOR I, II A	Taegeuk 4, 5, 6, 7, 8-jang.	Koryo (9), Keumgang (10), Taebaek (11), Pyongwon (12), Shipjin (13)	1,00 per performance
JUNIOR B, SENIOR I, II B	Taegeuk 3, 4, 5-jang.	Taegeuk 6, 7, 8-jang.	1,00 per performance
JUNIOR C, SENIOR I, II C	Taegeuk 1, 2-jang.	Taegeuk 3, 4-jang.	1,00 per performance

Rules and classes P70

Class P72 competitors - seniors

Competitors who have standing height ≤ 145 cm, arm length ≤ 66 cm, the sum of height at standing plus arm length ≤ 200 cm.

The longer arm is measured in the supine position from the acromion to the tip of the longest finger, with abduction 90 degrees.

Class P72 female competitors - seniors

Competitors who have standing height ≤ 137 cm, arm length ≤ 63 cm, the sum of height at standing plus arm length ≤ 190 cm.

The longer arm is measured in the supine position from the acromion to the tip of the longest finger, with abduction 90 degrees.

For low growth in aspirants, cadets and juniors, the above classification is not applicable and is attach sufficient medical documentation proving achondroplasia, osteochondrodysplasia or similar.

Rules P72

P70 classes perform two (2) forms depending on the age category, of which one in each round the form should be from each group. ASPIRANTS and CADETS perform by choice and NO DEDUCTIONS. For repeating or performing an illegal form, 1.00 point is deducted through the points system or by the judges, as indicated in the table:

Categoris	Group1	Group2	Deductions
ASPIRANT	By choice	By choice	No deduction
KADET	By choice	By choice	No deduction
JUNIOR A	Taegeuk 4, 5, 6, 7-jang.	Taeguk 8-jang, Koryo (9), Keumgang (10), Taebaek (11)	1,00 per performance
SENIOR I, II A	Taegeuk 4, 5, 6, 7, 8-jang.	Koryo (9), Keumgang (10), Taebaek (11), Pyongwon (12), Shipjin (13)	1.00 per performance
JUNIOR B, SENIOR I, II B	Taegeuk 3, 4, 5-jang.	Taegeuk 6, 7, 8-jang.	1.00 per performance
JUNIOR C, SENIOR I, II C	Taegeuk 1, 2-jang.	Taegeuk 3, 4-jang.	1.00 per performance

)

_____ In

MALE	FEMALE