

# LENTS TAEKWONDO WORLDWIDE SPORTS ONLINE POOMSAE OPEN 2020

## DESIGNATED POOMSAE DRAW RECOGNIZED POOMSAE

### BLACK BELT DIVISIONS – MALE (Designated Poomsae)

MEDAL EVENTS	Preliminary:		Semifinal:		Final:	
	POOMSAE 1	POOMSAE 2	POOMSAE 3	POOMSAE 4	POOMSAE 5	POOMSAE 6
Kids Under 11	P1 – Poomsae Koryo	T7 – Taeguk Chill Jang	T4 – Taeguk Sah Jang	T6 – Taeguk Yook Jang	T8 – Taeguk Pal Jang	T5 – Taeguk Oh Jang
Cadets	T4 – Taeguk Sah Jang	T6 – Taeguk Yook Jang	T5 – Taeguk Oh Jang	T7 – Taeguk Chill Jang	P1 – Poomsae Koryo	T8 – Taeguk Pal Jang
Juniors	T5 – Taeguk Oh Jang	P1 – Poomsae Koryo	T4 – Taeguk Sah Jang	T7 – Taeguk Chill Jang	P3 – Poomsae Taebaek	T6 – Taeguk Yook Jang
Under 30	T6 – Taeguk Yook Jang	P3 – Poomsae Taebaek	P2 – Poomsae Keumgang	P5 – Poomsae Sipjin	P4 – Poomsae Pyongwon	P1 – Poomsae Koryo
Under 40	P2 – Poomsae Keumgang	T6 – Taeguk Yook Jang	P1 – Poomsae Koryo	T7 – Taeguk Chill Jang	P5 – Poomsae Sipjin	P3 – Poomsae Taebaek
Under 50	P5 – Poomsae Sipjin	P3 – Poomsae Taebaek	P2 – Poomsae Keumgang	T8 – Taeguk Pal Jang	P7 – Poomsae Chongkwon	P6 – Poomsae Jitae
Under 60	P2 – Poomsae Keumgang	P1 – Poomsae Koryo	P3 – Poomsae Taebaek	P7 – Poomsae Chongkwon	P6 – Poomsae Jitae	P8 – Poomsae Hansu
Under 65	P4 – Poomsae Pyongwon	P1 – Poomsae Koryo	P2 – Poomsae Keumgang	P3 – Poomsae Taebaek	P8 – Poomsae Hansu	P7 – Poomsae Chongkwon
Over 65	P1 – Poomsae Koryo	P4 – Poomsae Pyongwon	P5 – Poomsae Sipjin	P7 – Poomsae Chongkwon	P6 – Poomsae Jitae	P8 – Poomsae Hansu

### BLACK BELT DIVISIONS – FEMALE (Designated Poomsae)

MEDAL EVENTS	Preliminary:		Semifinal:		Final:	
	POOMSAE 1	POOMSAE 2	POOMSAE 3	POOMSAE 4	POOMSAE 5	POOMSAE 6
Kids Under 11	P1 – Poomsae Koryo	T7 – Taeguk Chill Jang	T4 – Taeguk Sah Jang	T6 – Taeguk Yook Jang	T8 – Taeguk Pal Jang	T5 – Taeguk Oh Jang
Cadets	T4 – Taeguk Sah Jang	T6 – Taeguk Yook Jang	T5 – Taeguk Oh Jang	T7 – Taeguk Chill Jang	P1 – Poomsae Koryo	T8 – Taeguk Pal Jang
Juniors	T5 – Taeguk Oh Jang	P1 – Poomsae Koryo	T4 – Taeguk Sah Jang	T7 – Taeguk Chill Jang	P3 – Poomsae Taebaek	T6 – Taeguk Yook Jang
Under 30	T6 – Taeguk Yook Jang	P3 – Poomsae Taebaek	P2 – Poomsae Keumgang	P5 – Poomsae Sipjin	P4 – Poomsae Pyongwon	P1 – Poomsae Koryo
Under 40	P2 – Poomsae Keumgang	T6 – Taeguk Yook Jang	P1 – Poomsae Koryo	T7 – Taeguk Chill Jang	P5 – Poomsae Sipjin	P3 – Poomsae Taebaek
Under 50	P5 – Poomsae Sipjin	P3 – Poomsae Taebaek	P2 – Poomsae Keumgang	T8 – Taeguk Pal Jang	P7 – Poomsae Chongkwon	P6 – Poomsae Jitae
Under 60	P2 – Poomsae Keumgang	P1 – Poomsae Koryo	P3 – Poomsae Taebaek	P7 – Poomsae Chongkwon	P6 – Poomsae Jitae	P8 – Poomsae Hansu
Under 65	P4 – Poomsae Pyongwon	P1 – Poomsae Koryo	P2 – Poomsae Keumgang	P3 – Poomsae Taebaek	P8 – Poomsae Hansu	P7 – Poomsae Chongkwon
Over 65	P1 – Poomsae Koryo	P4 – Poomsae Pyongwon	P5 – Poomsae Sipjin	P7 – Poomsae Chongkwon	P6 – Poomsae Jitae	P8 – Poomsae Hansu

### BLACK BELT DIVISIONS – PAIRS & TEAMS (Designated Poomsae)

MEDAL EVENTS	Preliminary:		Semifinal:		Final:	
	POOMSAE 1	POOMSAE 2	POOMSAE 3	POOMSAE 4	POOMSAE 5	POOMSAE 6
Pairs Under 17	P1 – Poomsae Koryo	P2 – Poomsae Keumgang	T4 – Taeguk Sah Jang	T6 – Taeguk Yook Jang	T5 – Taeguk Oh Jang	P3 – Poomsae Taebaek
Pairs Over 17	P2 – Poomsae Keumgang	P4 – Poomsae Pyongwon	T6 – Taeguk Yook Jang	T7 – Taeguk Chill Jang	P3 – Poomsae Taebaek	T8 – Taeguk Pal Jang
Male Team Under 17	T8 – Taeguk Pal Jang	T6 – Taeguk Yook Jang	T7 – Taeguk Chill Jang	P2 – Poomsae Keumgang	P1 – Poomsae Koryo	T4 – Taeguk Sah Jang
Male Team Over 17	P3 – Poomsae Taebaek	T7 – Taeguk Chill Jang	P4 – Poomsae Pyongwon	P1 – Poomsae Koryo	T6 – Taeguk Yook Jang	P5 – Poomsae Sipjin
Female Team Under 17	T8 – Taeguk Pal Jang	T6 – Taeguk Yook Jang	T7 – Taeguk Chill Jang	P2 – Poomsae Keumgang	P1 – Poomsae Koryo	T4 – Taeguk Sah Jang
Female Team Over 17	P3 – Poomsae Taebaek	T7 – Taeguk Chill Jang	P4 – Poomsae Pyongwon	P1 – Poomsae Koryo	T6 – Taeguk Yook Jang	P5 – Poomsae Sipjin

\* The official draw of each division includes all athletes in that particular division. If there are 8 or less athletes in your division, you only perform the final round and only submit 2 videos of your final round Poomsae. In case there are between 9 and 19 athletes in your division, you will perform semifinals and finals. That means 2 rounds and 4 videos in total. Do you have 20 or more athletes in your division, than means you have to perform and upload 6 videos: preliminary, semifinal and final rounds!

