



24<sup>rd</sup>  
**OPEN ILYO**

**Saturday 28 September 2019**  
Poomsae • Freestyle

**Sunday 29 September 2019**  
Kyorugi

Stedelijk Sportcentrum Demervallei Aarschot

Taekwondo ILYO Aarschot Belgium  
Taekwondo Vlaanderen



---

**ORGANIZATION**

---

**Taekwondo ILYO Aarschot Belgium**, under the auspices of Taekwondo Vlaanderen, with the cooperation of the sports council and the sports department of Aarschot.

---

**LICENSE**

---

**Belgian participants:** valid taekwondo license delivered by one of the regional recognized and subsidized uni-sports federation.

**Foreign participants:** valid license of a recognized taekwondo federation that offers WTF taekwondo.

No valid license (with photo/identity card) means no participation.

---

**LIABILITY**

---

All participants participate at their own risk.

---

**ENTRY**

---

**Spectators:** 7€ pp • up to 12 years old free entrance

Regulations for spectators: RIO TKDV and Reglement voor bemiddeling en rechtspraak

**Coaches:** 0-9 competitors: 1 coach free entrance  
10-14 competitors: 2 coaches' free entrance  
> 15 competitors: 3 coaches' free entrance

Every extra coach needs to pay the entrance fee.

---

**LOCATION**

---

Stedelijk Sportcentrum Demervallei • Demervallei 8, 3200 Aarschot

Itinerary: On the highway E314 take exit 22, direction "CENTRUM" and follow the signs "PARKING CENTRUM".

---

**INFORMATION**

---

Concerning the organization of the competition: info@ilyo.be • +32 495 71 30 79 (Johan Alles)

Concerning the registration of the competitors: recreatie@taekwondo.be • +32 11 87 09 19 (Anja Walravens)

---

**REFEREES**

---

Coordinator Kyorugi: Kourosh Mohammadi Moaf • refereevtb@gmail.com

---

**REGULATIONS**

---

TKDV/WT-regulations: [www.taekwondo.be](http://www.taekwondo.be) • downloads • competitie

All competitors must bring their own protection materials.

## CATEGORIES

Participants can only compete in one category. Categories cannot be combined.

**The year of birth is decisive for the category in which the participant will compete:**

	Belt*	Year of birth	Head contact	Mouthpiece	Gloves
Pupils	A+B, C	2012-2011	Forbidden	Compulsory	Compulsory
Minors	A+B, C	2010-2008	Forbidden	Compulsory	Compulsory
Cadets	C	2007-2005	Forbidden	Compulsory	Compulsory
Cadets	A+B	2007-2005	Allowed	Compulsory	Compulsory
Juniors	A+B, C	2004-2002	Allowed	Compulsory	Compulsory
Seniors	A+B, C	2002-1985	Allowed	Compulsory	Compulsory
Masters 35+	A+B	1984-1970	Allowed	Compulsory	Compulsory
Masters 50+	A+B	1969-...	Allowed	Compulsory	Compulsory

\* A+B = starting from 4<sup>th</sup> kup

C = 8<sup>th</sup> - 5<sup>th</sup> kup

*A contestant who is in the last year of an age category can take compete in 1 higher age category. For example, a minor born in 2008 can participate with the cadets. The head coach chooses, together with the competitor, in which age category to participate. However, this does not apply to pupils, they can only participate in their own age category. Girls and boys can be taken together in the pupils. For the year of birth 2002 a contestant can join the juniors or seniors.*

Weight category: The weight limit will be determined by the criterion of one decimal from the set limit. For example: not exceeding 50kg is defined as up to 50,0kg and 50,1kg which is defined as being over the limit. Up until 99 grams over the weight limit is allowed.

Category	Sex	Weight
Pupils	M + F	-20, -22, -24, -26, -28, -30, -32, -34, -36, +36kg
Minors	M + F	-24, -27, -30, -33, -36, -40, -44, -48, -52, +52kg
Cadets	Female	-29, -33, -37, -41, -44, -47, -51, -55, -59, +59kg
	Male	-33, -37, -41, -45, -49, -53, -57, -61, -65, +65kg
Juniors	Female	-42, -44, -46, -49, -52, -55, -59, -63, -68, +68kg
	Male	-45, -48, -51, -55, -59, -63, -68, -73, -78, +78kg
Seniors	Female	-46, -49, -53, -57, -62, -67, -73, +73kg
	Male	-54, -58, -63, -68, -74, -80, -87, +87 kg
Masters	Female	-49, -57, -67, +67kg
	Male	-58, -68, -80, +80kg

## CHANGING OF CATEGORY

For all changes of categories because of an incorrect subscription (category, belt,) or because of the athlete exceeding the weight limit, an additional cost of **€ 15** must be paid on the spot to the organisation.

One must first present the proof of payment to the technical coordinator so that a new accreditation card can be made. After that one must go to the weigh again within the existing time schedule. If not, one will be disqualified. If after the closure of the weigh-in, there is only one participant in a weight-class, he/she will be regrouped for free in the following weight-class (if present).

**TIMETABLE****SATURDAY 28/09/2019**

18:00 - 20:00 Possibility to register + weigh-in

**SUNDAY 29/09/2019****Pupils • Minors • Cadets C**

08:00 - 09:00 Registration

08:00 - 09:30 Weigh-in (entry for the weigh-in closes at 09:15)

10:00 -14:00 Competitions (+/-)

**Cadets A+B • Juniors • Seniors • Masters**

08:00 - 11:30 Registration

10:30 - 12:00 Weigh-in (entry for the weigh-in closes at 11:45)

14:00 - 19:00 Competitions (+/-)

Competitors that are too late for the registration or the weigh-in will be declined and will be removed from the competitors list. No refunds possible.  
The prizes will be distributed immediately on the fields.

**ELECTRONIC SYSTEM: DAEDO**

**Cadets A+B and all juniors, seniors and masters:** DAEDO electronic G2 trunk protection and electronic head protection will be provided by the organization.

**Cadets C and all pupils and minors:** DAEDO electronic G2 trunk protection will be provided by the organization.

**Octagonal competition fields / IR international referees**

**Electronic foot protection and other compulsory protection materials must be brought by the participants themselves. Electronic foot protection can be bought on the spot.**

**LAP ROUNDS**

Pupils: 2x1min • Minors/Cadets: 3x1min • Juniors/Seniors/Masters: 3x1,5min

The organization is authorized to change these durations.

**REGISTRATIONS**

Website	Martial Events • <a href="http://www.martial.events/en">www.martial.events/en</a>
Deadline	Sunday <b>22/09/2019 until 23:59</b> or until full capacity has been reached (420)
Participation fee	- Payment in advance for: <ul style="list-style-type: none"> <li>▫ All Pupils/Minims and Cadets C: <b>25 EUR/athlete</b></li> <li>▫ Cadets A+B, and all Juniors/Seniors/Masters: <b>30 EUR/athlete</b></li> </ul> <p>The fee must be on the account of the organization at least 1 day prior to the competition. Mail your proof of payment to: <a href="mailto:info@ilyo.be">info@ilyo.be</a></p> <ul style="list-style-type: none"> <li>- Payment on the spot: <b>5 EUR</b> extra per athlete</li> </ul> <p>There must be a payment for all athletes on the competition list. No refund possible.</p>
Bank account	Taekwondo ILYO npo IBAN: <b>BE59 0017 3190 8526</b> BIC: GEBABEBB Reference: club name + KYORUGI + number of participants at 25 and 30 €

**COACH BADGE**

**The TKDV, AFBT and/or WTE coach badge is compulsory for Belgian clubs.**

Coaches can enter the competition area only with a valid TKDV/ABFT/ WTE coach badge and with tracking suite and sport shoes. Minimum age: 18 year.

## PRIZES

---

Individual: 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place.

Team ranking: 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place.

Trophy for the club that travelled the greatest distance: 2018 MAI Moscow RUSSIA

Challenge cup for the club with the largest number of participants: 2018 Dongji Beringen BELGIUM

## AIRPORT

---

For your own comfort and budget, please use Brussels National Airport (Zaventem) and try to avoid Brussels South (Charleroi). From Brussels (Zaventem) Leuven and Aarschot are directly accessible by train:

Leuven: 20 minutes only

Aarschot: 45 minutes only

## ACCOMMODATION

---

**AARSCHOT (A)**: smaller town with a few hotels, several B&B and a free campsite at the venue

**LEUVEN (L)**: large town about 20 km and 20 min away, with an interesting youth hostel and a lot of hotels.

**If you take the short trip between Leuven and Aarschot (only 10' and 2,40 € using Key Card), we provide jointly transportation to and from the train station and the competition hall.**

**WESTERLO (W)**: small village about 15 km and 20 minutes away with an interesting youth hostel.

## YOUTH HOSTEL

- (L) **De blauwput**: 116 beds in 28 en suite rooms with own shower and toilet.

*Modern city youth hostel in university city Leuven very near the train station.*

- (W) **Boswachterhuis**: 82 beds in 12 en suite rooms (own shower & toilet), and 5 rooms with shared bathroom.

*A forester's house which has been renovated and equipped with all modern comforts, respecting its original charm. Quietly located along a nature reserve.*

## HOTEL

- (A): **'s Hertogenmolens \*\*\***: 25 stylish rooms

*Located in an old Water Mill very much in the city centre, close to the competition hall (2km).*

- (L): **IBIS budget hotel Leuven \***: 139 modern and comfortable double or triple rooms

*Ibis Budget Leuven Centrum is in the centre, near the train station and restaurants. The rooms have free Wi-Fi throughout. An all-you-can-eat breakfast buffet is served in the hotel's lounge.*

## B&B

- (A): **Bed & Breakfast**

*A few nearby, usually with little capacity, if you like there are more to be found*

## CAMPING

*A campsite for camper vans or caravans is right at the competition hall. The showers and toilets of the sports centre may be used.*

**The campsite is free for participants of the OPEN ILYO, but you must book in advance with the organisation!**