

**Recognized Poomsae 9-11 jaar Heren - Individueel - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	201	Sungtae Han	<i>Taekwondo Eindhoven</i>	NED

**Recognized Poomsae 12-14 jaar Heren - Individueel - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	202	Alec Berden	<i>Leslyssportstudio</i>	NED
2	203	Sebastian Tjonadi	<i>Taekwondo Tapia</i>	NED
3	204	Sungbin Han	<i>Taekwondo Eindhoven</i>	NED
4	205	Anas Seddouki	<i>TKD School Lelystad</i>	NED
5	206	Brandon Chan	<i>Taekwondo Tapia</i>	NED

**Recognized Poomsae 12-14 jaar Dames - Individueel - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	207	Famke Lighaam	<i>Taekwondo Tapia</i>	NED
2	208	Gabriella Davids	<i>Taekwondo School Henk Meijer</i>	NED
3	209	Lynn Steenbergen	<i>Sportcentre Reflex</i>	NED
4	210	Annabelle Teeuwen	<i>Taekwondo Tapia</i>	NED
5	211	Thien-Y Tong	<i>Taekwondo Tapia</i>	NED

**Recognized Poomsae 15-17 jaar Heren - Team - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	212	Thomas - Wouter - Gino	<i>Sportcentre Reflex</i>	NED

**Recognized Poomsae 15-17 jaar Dames - Team - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

Order	Match	Name	Team	NOC
1	213	NISSRIN - maryam - Wissal	<i>pal-jang</i>	NED

**Recognized Poomsae 15-17 jaar Paar - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

Order	Match	Name	Team	NOC
1	214	Brechje - Thomas	<i>Sportcentre Reflex</i>	NED

**Recognized Poomsae 18-30 jaar Heren - Team - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	215	Thom - Mika - Vinny	<i>Taekwondo Tapia</i>	NED

**Recognized Poomsae 15-17 jaar Heren - Individueel - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	216	Luca Meeusen	<i>Sidokwan</i>	NED
2	217	Aryen Channoo	<i>Taekwondo Vives Kim Moo</i>	NED
3	218	Xavi Kawarmala	<i>TKD Kawarmala Holland</i>	NED
4	219	Jonah van der Helm	<i>Shijak Taekwondo Haaglanden</i>	NED
5	220	Gino van Leeuwen	<i>Taekwondo Tapia</i>	NED
6	221	Joost Knol	<i>Sidokwan</i>	NED
7	222	Kelvin Baarspul	<i>Choi-Do-Kwan</i>	NED
8	223	Thomas Kampmeijer	<i>Sportcentre Reflex</i>	NED

**Recognized Poomsae 15-17 jaar Dames - Individueel - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

Order	Match	Name	Team	NOC
1	224	Hadia el Mhassani	<i>Sportschool American Fitness</i>	NED
2	225	maryam el allaoui	<i>pal-jang</i>	NED
3	226	Wissal Daba	<i>pal-jang</i>	NED
4	227	Brechje Visser	<i>Sportcentre Reflex</i>	NED
5	228	NISSRIN GELTI	<i>pal-jang</i>	NED

**Recognized Poomsae Para 18+ jaar Heren - Individueel**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

Order	Match	Name	Team	NOC
1	229	Wouter van Kints	<i>Taekwondo Vereniging Lisse-Bollenstreek</i>	NED
2	230	MACHIEL GRISHAVER	<i>pal-jang</i>	NED
3	231	Edwin Hus	<i>Taekwondo Vereniging Lisse-Bollenstreek</i>	NED

**Recognized Poomsae Para 18+ jaar Dames - Individueel**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	232	Tessa Hulsker	<i>Tilburg Noord Taekwondo (TNT)</i>	NED

**Recognized Poomsae Para 12-14 jaar Heren - Individueel**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	233	Achilles Bouma	<i>pal-jang</i>	NED
2	234	Finn Vos	<i>Choi-Do-Kwan</i>	NED

**Recognized Poomsae -17 jaar Heren - FreeStyle Individueel - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	235	Gino van Leeuwen	<i>Taekwondo Tapia</i>	NED

**Recognized Poomsae -17 jaar Dames - FreeStyle Individueel - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	236	Brechje Visser	<i>Sportcentre Reflex</i>	NED

**Recognized Poomsae 18+ jaar Heren - FreeStyle Individueel - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	237	Jacky Dunnes	<i>Sportcentre Reflex</i>	NED

**Recognized Poomsae 18+ jaar Heren - FreeStyle Individueel - B,C,D**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	238	Mohammad MUHANNA	<i>Family Academy</i>	KUW

**Recognized Poomsae 18-30 jaar Paar - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	239	Sherani - Gaurish	<i>Taekwondo Ki-Sa</i>	NED
2	240	Billy - Hanneke	<i>Taekwondo Eindhoven</i>	NED
3	241	Kayleigh - Dani	<i>Taekwondo Tapia</i>	NED

**Recognized Poomsae 31-50 jaar Paar - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

Order	Match	Name	Team	NOC
1	242	Anand - Ana	<i>Shijak Taekwondo Haaglanden</i>	NED

# Recognized Poomsae 18-30 jaar Heren - Individueel - A

## Open districtskampioenschap Poomsae & Freestyle District West 2026

### As of 19 JUN 2026

#### Semi-Final Rounds

Order	Match	Name	Team	NOC
1	243	Rihab Qasemyar	<i>TKD School Lelystad</i>	NED
2	244	Soufiane Seddouki	<i>TKD School Lelystad</i>	NED
3	245	Billy Dekkers	<i>Taekwondo Eindhoven</i>	NED
4	246	Mika Van haren	<i>TKD School Lelystad</i>	NED
5	247	Rawi Chandrikasingh	<i>Ata Olympic</i>	NED
6	248	Tim Yeung	<i>V.A.S. Arashi</i>	NED
7	249	Raf Ickenroth	<i>Sportcentre Reflex</i>	NED
8	250	Vinnie De Kruyff	<i>Taekwondo Eindhoven</i>	NED
9	251	Gaurish Dahoe	<i>Taekwondo Ki-Sa</i>	NED
10	252	Dani Seirul-Lo	<i>Taekwondoschool van Esch</i>	NED
11	253	Romayo Matulesy	<i>TKD Oude Luttkhuis</i>	NED
12	254	Dani van den Berg	<i>Taekwondo Tapia</i>	NED
13	255	Deveron Gibbes	<i>Taekwondo Eindhoven</i>	NED
14	256	Quinten Van Ravenstein	<i>Sportschool Kuipers</i>	NED
15	257	Ruben Godschalk	<i>Sportcentre Reflex</i>	NED
16	258	kevin Nguyen	<i>Tilburg Noord Taekwondo (TNT)</i>	NED

**Recognized Poomsae 41-50 jaar Heren - Individueel - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	267	Hendry Tjonadi	<i>Taekwondo Tapia</i>	NED
2	268	Ronald Tielen	<i>Taekwondo Eindhoven</i>	NED
3	269	Terence Visser	<i>Sportcentre Reflex</i>	NED
4	270	Tim Van Ree	<i>TKD Oude Luttikhuis</i>	NED
5	271	Andrew Istanto	<i>Taekwondo Istanto Zoetermeer</i>	NED

**Recognized Poomsae 41-50 jaar Dames - Individueel - A**  
**Open districtskampioenschap Poomsae & Freestyle District West 2026**  
**As of 19 JUN 2026**

**Final Rounds**

<b>Order</b>	<b>Match</b>	<b>Name</b>	<b>Team</b>	<b>NOC</b>
1	272	Ana Kontic	<i>Shijak Taekwondo Haaglanden</i>	NED
2	273	Monique van der Kamp	<i>Taekwondo Rosmalen</i>	NED