

# 3<sup>rd</sup> LENTS TAEKWONDO WORLDWIDE SPORTS ONLINE POOMSAE OPEN 2021

[www.youtube.com/LentsTaekwondo](http://www.youtube.com/LentsTaekwondo)    [www.facebook.com/LentsTaekwondo](http://www.facebook.com/LentsTaekwondo)

## Freestyle, Beach & Para Poomsae Schedule - Day 5 Feb. 27, 2021

Time (CET, GMT +1)	Ring 1 Facebook & YouTube Lents Taekwondo	Ring 2 YouTube Lents Taekwondo
12:00	Beach Poomsae / Individual / Black Belts / Kids Under 11 Male Final	Beach Poomsae / Individual / Black Belts / Over 30 Male Semi-Final
12:05		
12:10		
12:15		
12:20		
12:25		
12:30	Beach Poomsae / Individual / Black Belts / Kids Under 11 Female - Final	
12:35		
12:40		
12:45		
12:50	BREAK	BREAK
12:55	Beach Poomsae / Individual / Black Belts / Cadet Male Final	Freestyle / Individual / Color Belts / Under 17 Female - Final
13:00		
13:05		
13:10		Freestyle / Individual / Color Belts / Under 17 Male- Final
13:15		
13:20		
13:25	BREAK	Cadet - Female (Color Belt: 2nd - 1st kup) - Final
13:30	Beach Poomsae / Individual / Black Belts / Cadet Female Final	BREAK
13:35		
13:40		Beach Freestyle / Individual / Black Belts / Under 17 Female - Final
13:45		
13:50		Beach Freestyle / Individual / Black Belts / Under 17 Male Final
13:55		
14:00	BREAK	
14:05		
14:10		BREAK
14:15	Beach Poomsae / Individual / Black Belts / Junior Male Final	Beach Freestyle / Individual / Black Belts / Over 17 Male Final
14:20		
14:25		
14:30		Beach Freestyle / Individual / Black Belts / Over 17 Female - Final
14:35		
14:40		Beach Freestyle / Black Belts / Pairs Under 17 Final
14:45	BREAK	
14:50		
14:55		BREAK
15:00	Beach Poomsae / Individual / Black Belts / Junior Female Final	
15:05		
15:10		
15:15		
15:20		
15:25		
15:30	Beach Poomsae / Individual / Black Belts / Under 30 Female Final	Junior Male - P20 - Intellectual Impairment Semi-Final
15:35		
15:40		
15:45		
15:50		
15:55		

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16:00	BREAK	Junior Male - P20 - Intellectual Impairment Semi-Final
16:05	Beach Poomsae / Individual / Black Belts / Under 30 Male Final	BREAK
16:10		Under 30 Male - P20 Intellectual Impairment Semi - Final
16:15		
16:20		
16:25		
16:30	BREAK	
16:35	Beach Poomsae / Individual / Black Belts / Over 30 Male Final	Beach Poomsae / Individual / Color Belts / Under 17 Female Final
16:40		
16:45		
16:50		
16:55		BREAK
17:00	Beach Poomsae / Individual / Black Belts / Over 30 Female Final	Beach Poomsae / Individual / Color Belts / Under 17 Male Final
17:05		
17:10		
17:15		
17:20		BREAK
17:25	Beach Poomsae / Black Belts / Teams Male Under 17 - Final	Beach Poomsae / Individual / Color Belts / Over 17 Female - Final
17:30		
17:35		
17:40		
17:45		BREAK
17:50	Beach Poomsae / Black Belts / Teams Female Under 17 - Final	Beach Poomsae / Individual / Color Belts / Over 17 Male - Final
17:55		
18:00		
18:05		
18:10		BREAK
18:15	Beach Poomsae / Black Belts / Teams Male Over 17 - Final	Beach Poomsae / Black Belts / Teams Female Over 17 - Final
18:20		
18:25		
18:30		
18:35		BREAK
18:40	Beach Poomsae / Black Belts / Teams Female Over 17 - Final	Beach Poomsae / Black Belts / Pairs Over 17 Final
18:45		
18:50		
18:55		
19:00		BREAK
19:05	Beach Poomsae / Black Belts / Pairs Under 17 Final	