

Lents Taekwondo & Worldwide Sports Online present:

4th LENTS TAEKWONDO WORLDWIDE SPORTS ONLINE POOMSAE OPEN 2021

www.youtube.com/LentsTaekwondo www.facebook.com/LentsTaekwondo

Day 6 - Recognized Poomsae Sunday, May 9th

Time (CEST, GMT +2)	Ring 1 Facebook & YouTube Lents Taekwondo	Ring 2 Facebook & YouTube Lents Taekwondo
12:00	Over 17 Color Belt (10-7 Kup) Individual Male Final	Under 30 Black Belt Individual Female Final
12:05		
12:10		
12:15	Over 17 Color Belt (2-1 Kup) Individual Female Final	
12:20		
12:25		Under 30 Black Belt Individual Male Final
12:30		
12:35		
12:40	Over 17 Color Belt (2-1 Kup) Individual Male Final	
12:45		
12:50		BREAK
12:55		
13:00		
13:05	BREAK	
13:10		
13:15		BREAK
13:20		
13:25	Over 17 Color Belt (6-3 Kup) Individual Female Final	
13:30		
13:35		
13:40		Under 40 Black Belt Individual Female Final
13:45		
13:50		
13:55		
14:00		
14:05	Over 17 Color Belt (6-3 Kup) Individual Male Final	Under 40 Black Belt Individual Male Final
14:10		
14:15		
14:20		
14:25		
14:30		BREAK
14:35		
14:40		
14:45		
14:50	BREAK	
14:55		BREAK
15:00		
15:05		
15:10		
15:15		
15:20		Under 50 Black Belt Individual Female Final
15:25		
15:30		
15:35		
15:40		
15:45		Under 60 Black Belt Individual Female Final
15:50		

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15:55	Under 50 Black Belt Individual Male Final	Under 60 Black Belt Individual Female Final		
16:00		Under 60 Black Belt Individual Male Final		
16:05			Under 65 Black Belt Individual Female Final	
16:10				Over 65 Black Belt Individual Male Final
16:15				
16:20	Under 65 Black Belt Individual Male Final			
16:25		BREAK		
16:30			Over 65 Black Belt Individual Female Final	
16:35				Under 65 Black Belt Individual Male Final
16:40				
16:45	Under 17 Black Belt Team Female Final			
16:50		Over 17 Black Belt Team Male Final		
16:55			BREAK	
17:00				Under 17 Black Belt Team Female Final
17:05				
17:10	BREAK			
17:15		Under 17 Black Belt Team Male Final		
17:20			Over 17 Black Belt Pair Final	
17:25				BREAK
17:30				
17:35	BREAK			
17:40		Female Overall Champion Trophy		
17:45			Male Overall Champion Trophy	
17:50				Female Overall Champion Trophy
17:55				
18:00	Female Overall Champion Trophy			
18:05		Male Overall Champion Trophy		
18:10			Female Overall Champion Trophy	
18:15				Male Overall Champion Trophy
18:20				
18:25	Male Overall Champion Trophy			
18:30		Female Overall Champion Trophy		
18:35			Male Overall Champion Trophy	
18:40				Female Overall Champion Trophy
18:45				
18:50	Female Overall Champion Trophy			
18:55		Male Overall Champion Trophy		
19:00			Female Overall Champion Trophy	
19:05				Male Overall Champion Trophy
19:10				
19:15	Male Overall Champion Trophy			
19:20		Female Overall Champion Trophy		
19:25			Male Overall Champion Trophy	
19:30				Female Overall Champion Trophy
19:35				
19:40	Female Overall Champion Trophy			
19:45		Male Overall Champion Trophy		
19:50			Female Overall Champion Trophy	
19:55				Male Overall Champion Trophy
20:00				
20:05	Male Overall Champion Trophy			

