

Lents Taekwondo & Worldwide Sports Online present:

4th LENTS TAEKWONDO WORLDWIDE SPORTS ONLINE POOMSAE OPEN 2021

www.youtube.com/LentsTaekwondo www.facebook.com/LentsTaekwondo

Day 3 - Recognized Poomsae Saturday, May 1st

Time (CEST, GMT +2)	Ring 1 Facebook & YouTube Lents Taekwondo	Ring 2 Facebook & YouTube Lents Taekwondo	Ring 3 Facebook & YouTube Lents Taekwondo	
12:00	Kids Under 11 Black Belt Individual Female Semifinal	Cadet Black Belt Individual Female Preliminary	Junior Black Belt Individual Female Preliminary	
12:05				
12:10				
12:15				
12:20				
12:25				
12:30				
12:35				
12:40				
12:45				
12:50	Kids Under 11 Black Belt Individual Male Semifinal	BREAK	BREAK	
12:55				BREAK
13:00				
13:05				
13:10				
13:15				
13:20				
13:25				
13:30				
13:35				
13:40	Kids Under 11 Color Belt (10-7 Kup) Individual Male Semifinal	Cadet Black Belt Individual Female Semifinal	Junior Black Belt Individual Female Semifinal	
13:45				
13:50				
13:55				
14:00				
14:05				
14:10				
14:15				
14:20				
14:25				
14:30	BREAK	BREAK	BREAK	
14:35				
14:40				
14:45				
14:50				
14:55				
15:00				
15:05				
15:10				
15:15				
15:20	BREAK	BREAK	BREAK	
15:25				
15:30				
15:35				
15:40				
15:45				



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15:50	BREAK	BREAK	
15:55			
16:00			BREAK
16:05			
16:10	Kids Under 11		
16:15	Color Belt (6-3 Kup)		
16:20	Individual Female		
16:25	Semifinal		
16:30		Junior	
16:35		Color Belt (6-3 Kup)	
16:40		Individual Female	
16:45		Semifinal	
16:50	BREAK		Cadet
16:55			Color Belt (2-1 Kup)
17:00			Individual Male
17:05		BREAK	Semifinal
17:10	Kids Under 11		
17:15	Color Belt (6-3 Kup)		
17:20	Individual Male		
17:25	Semifinal		
17:30		Cadet	
17:35		Color Belt (2-1 Kup)	
17:40		Individual Female	
17:45		Semifinal	
17:50	BREAK		
17:55			
18:00			Over 17
18:05			Black Belt
18:10			Pair
18:15			Semifinal
18:20			
18:25		BREAK	
18:30			
18:35	Cadet		
18:40	Color Belt (6-3 Kup)		
18:45	Individual Female		
18:50	Semifinal		
18:55		Under 17	
19:00		Black Belt	
19:05		Pair	
19:10		Semifinal	
19:15			Under 60
19:20			Black Belt
19:25			Individual Female
19:30			Semifinal
19:35			
19:40			
19:45			

