



Dear Taekwondo Friends,

21st Nov 2020

Harrogate KTA is proud to announce the **Virtual JCUK Open Poomsae Championships 2021 (VJCUKOP2021)**. I would like to extend a formal invitation to all Taekwondo Poomsae competitors, to join us from 29th to 31th of January in making this a fantastic online event.

Master Kambiz Ramzan Ali
VJCUKOP2021 Director



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1. Promotor & Organiser

Organiser	Harrogate K.R. Ali Taekwondo Academy (KTA)
Competition Director	Master Kambiz Ramzan Ali
Contact	+44 (0)7944988806
E-Mail	rangesportsuk@gmail.com
Competition Co-host	Master Mosy Bagherzadeh
Competition Chairman	Grandmaster Ik Pil Kang
Referee Director	Grandmaster Tong Wan Shin
IT Director	Master Peter Nestler
IT Technicians	Gazell R. Ali, Sabine Sudraba
Registration Website	https://www.martial.events/en/events/virtual-jcuk-open-poomsae-championships-2021

2. Event Timeline

Registration Deadline	Friday 15 th of January, 21.00 UK Time
Compulsory Poomsae Draw	Saturday 16 th of January, 09.00 UK Time
Start Video Link Submission Date	Saturday 16 th of January, 09:00 UK Time
Payment Deadline	Tuesday 19 th of January, 21.00 UK Time
Deadline Video Submission Date	Sunday 24 th of January, 21.00 UK Time
Team Briefings Online Q&A	Thursday 28 th of January, 18.00 UK Time
Online Competition Date	Friday 29 th of January till Sunday 31 st of January

3. Payment

Individual	25 Euro per athlete
Pair	30 Euro per pair
Team	30 Euro per team

Payment is processed during registration process on www.martial.events/en/. Please note, all payments are non-refundable once they have been processed.

4. Method of Competition

Competition will be held under World Taekwondo Poomsae rules & interpretation as in force as of May 14th 2019, and will be run on a **Cut Off System** of up to 3 rounds (preliminary, semi-finals and final) for Dan/Poom categories.

An exception is made for the K1, K2, K3 categories who should start at **Preliminary** and directly progress to compete in the **Final**. The top 8 (if the category holds more than 12 competitors) will progress to the Final round. All competitors shall perform **2 Poomsae for each round of competition**.



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VIRTUAL JCUK OPEN POOMSAE & PARA POOMSAE

CHAMPIONSHIPS 29-31 JAN 2021



Classification	Grade	Selection	Recognised Poomsae	Division	Age
Individual (Male / Female)	Poom/Dan (black belt)	Compulsory Poomsae	Taegeuk 4,5,6,7, 8 Jang, Koryo, Keumgang	Peewee	Under 12
				Cadet	12-14
			Taegeuk 4,5,6,7, 8 Jang, Koryo, Keumgang, Taebaek	Junior	15-17
				Under 30	18-30
			Taegeuk 6,7,8 Jang, Koryo, Keumgang, Taebeak, Pyongwon, Shipjin	Under 40	31-40
				Under 50	41-50
			Taegeuk 8 Jang, Koryo, Keumgang, Taebeak, Pyongwon, Shipjin, Jitae, Chonkwon	Under 60	51-60
				Under 65	61-65
				Over 65	+66
	K1 (2 nd Kup Red Belt to 1 st Kup Black Tag)	Compulsory Poomsae	Taegeuk 4,5,6,7, 8 (Preliminary then Final)	Mini Peewee	Under 9
				Peewee	10-11
				Cadet	12-14
				Junior	15-17
				Under 35	18-35
				Over 35	36-50
				Over 50	+51
	K2 (6 th Kup Green Belt to 3 rd Kup Red Tag)	Competitor's choice of Poomsae	Taegeuk 3,4,5,6 Can NOT repeat Poomsae, MUST perform two different poomsae each round	Mini Peewee	Under 9
				Peewee	10-11
				Cadet	12-14
				Junior	15-17
				Under 35	18-35
				Over 35	36-50
	K3(10 th Kup White Belt to 7 th Kup Green Tag)	Competitor's choice of Poomsae	Taegeuk 1,2,3 Can repeat poomsae! (but mandatory to make a new video for each round)	Over 50	+51
				Mini Peewee	Under 9
				Peewee	10-11
				Cadet	12-14
				Junior	15-17
				Under 35	18-35
				Over 35	36-50
				Over 50	+51



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VIRTUAL JCUC OPEN POOMSAE & PARA POOMSAE

CHAMPIONSHIPS 29-31 JAN 2021



Classification	Grade	Selection	Recognised Poomsae	Division	Age
Pair (Male/Female only)	Poom/Dan (black belt)	Compulsory Poomsae	Taegeuk 4,5,6,7, 8 Jang, Koryo, Keumgang	Cadet	12-14
			Taegeuk 4,5,6,7, 8 Jang, Koryo, Keumgang, Taebeak	Junior	15-17
			Taegeuk 6,7,8 Jang, Koryo, Keumgang, Taebeak, Pyongwon, Shipjin	Under 30	18-30
			Taegeuk 8 Jang, Koryo, Keumgang, Taebeak, Pyongwon, Shipjin, Jitae, Chonkwon	Over 30	+31
	K1 (2 nd Kup Red Belt to 1 st Kup Black Tag)	Compulsory Poomsae	Taegeuk 4,5,6,7, 8 (Preliminary then Final)	Cadet	12-14
				Junior	15-17
				Under 30	18-30
				Over 30	+31
	K2 (6 th Kup Green Belt to 3 rd Kup Red Tag)	Competitor's choice of Poomsae	Taegeuk 3,4,5,6 Can NOT repeat Poomsae, MUST perform two different poomsae each round	Cadet	12-14
				Junior	15-17
				Under 30	18-30
				Over 30	+31
	K3(10 th Kup White Belt to 7 th Kup Green Tag)	Competitor's choice of Poomsae	Taegeuk 1,2,3 Can repeat poomsae! (but mandatory to make a new video for each round)	Cadet	12-14
				Junior	15-17
				Under 30	18-30
				Over 30	+31



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VIRTUAL JCUC OPEN POOMSAE & PARA POOMSAE

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Classification	Grade	Selection	Recognised Poomsae	Division	Age
Team (3 Females or 3 Males)	Poom/Dan (black belt)	Compulsory Poomsae	Taegeuk 4,5,6,7, 8 Jang, Koryo, Keumgang	Cadet	12-14
			Taegeuk 4,5,6,7, 8 Jang, Koryo, Keumgang, Taebeak	Junior	15-17
			Taegeuk 6,7,8 Jang, Koryo, Keumgang, Taebeak, Pyongwon, Shipjin	Under 30	18-30
			Taegeuk 8 Jang, Koryo, Keumgang, Taebeak, Pyongwon, Shipjin, Jitae, Chonkwon	Over 30	+31
	K1 (2 nd Kup Red Belt to 1 st Kup Black Tag)	Compulsory Poomsae	Taegeuk 4,5,6,7, 8 (Preliminary then Final)	Cadet	12-14
				Junior	15-17
				Under 30	18-30
				Over 30	+31
	K2 (6 th Kup Green Belt to 3 rd Kup Red Tag)	Competitor's choice of Poomsae	Taegeuk 3,4,5,6 Can NOT repeat Poomsae, MUST perform two different poomsae each round	Cadet	12-14
				Junior	15-17
				Under 30	18-30
				Over 30	+31
	K3(10 th Kup White Belt to 7 th Kup Green Tag)	Competitor's choice of Poomsae	Taegeuk 1,2,3 Can repeat poomsae! (but mandatory to make a new video for each round)	Cadet	12-14
				Junior	15-17
				Under 30	18-30
				Over 30	+31



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Para Categories will be split as per World Taekwondo and will also be split into Male / Female and Kup / Dan Grades.

<i>Kup Divisions</i>	<i>Dan Divisions</i>
Age of contestant: 1) Under 15 years 2) Under 30 years, 3) Over 30 years, Must Perform any standard recognised WT Poomsae	Age of contestant: 1) Under 15 years 2) Under 30 years, 3) Over 30 years, Must Follow the WT Para Poomsae Rules
P11/P12/P13 – Visual Impairments (Competitor’s choice any Poomsae from Taegeuk 1, 2, 3... & higher) P20 – Intellectually Impaired (The coach is allowed to give the commands, competitor’s choice) P31/P32/P33/P34 – Physical Impairments (Compulsory Poomsae will be specified) P40 – Limb Deficiency (Competitor’s choice Poomsae) P50 – Wheelchair Classes (Competitor’s choice Poomsae) P60 – Deaf (Competitor’s choice Poomsae) P71/P72M - Short Stature (Competitor’s choice Poomsae)	

The age limits for each division is based on the year, not on the date when the competition is held. For example, in Junior Division, contestants shall be between 15 and 17 years old. In this regard, if the competition is held on January 2021, contestants born between 1 January 2004 and 31 December 2006 are eligible to participate in this division.

Poomsae competition uniform: All contestants may wear WT-approved Poomsae competition uniform. If contestants don’t have WT-approved Poomsae competition uniform, contestants are able to wear any white coloured uniform with the logo covered

Competition will be livestreamed through our YouTube channels during event days:

Range Sports UK Ltd & JC United Kingdom

Competition schedule is approximate and may subject change by organising committee. Please follow our Facebook channel for the latest updates

All competitors have to mandatory register and through <https://www.martial.events/en>. On the website the competitor(s) register(s) through selecting the event and entering the correct category. By registering the competitor(s) agree to the site’s privacy policy



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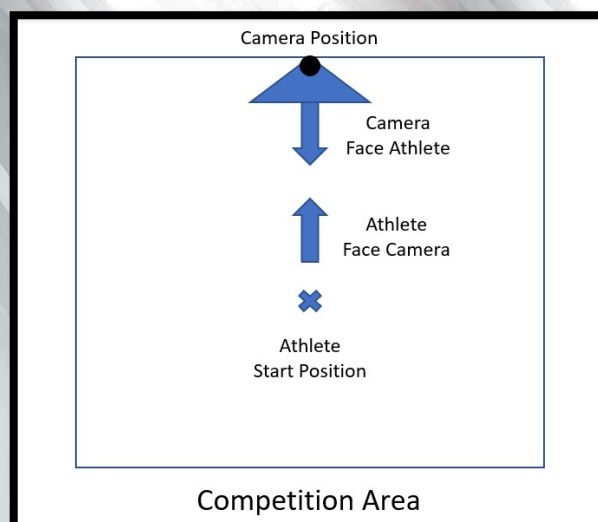


4.1 Cut off system

- **Preliminary:** Only categories of over 20 players will have a Preliminary round, Competitors are to take maximum 30 seconds break before performing the next Poomsae. Top 50% of competitors will progress to the Semi-Finals round,
- **Semi-Finals:** (**NOT applicable to K1, K2 & K3**) Categories of less than 20 players will go straight to Semi-Finals round. Competitors are to take a maximum 30 seconds break before performing the next Poomsae, Competitors will compete to progress to the Finals. The top 8 competitors will progress to the Finals round.
- **Finals:** Dan categories of 10 competitors or less will go straight to Finals (K1, K2, K3 12 or less will go straight to Finals). Competitors are to take a maximum 30 seconds break before performing the next Poomsae. The top 3 will receive a medal depending on their finishing position.

4.2 Specific rules of competition online video competition

- Competitors should start their Poomsae facing the camera whilst still performing the necessary Poomsae stances to prepare and begin Poomsae: enter then Charyeot (attention stance), Kyongea (bow), Joonbi (ready stance) and then perform their Poomsae, Once finished they should return to Joonbi stance (facing camera at end) and then bow before resting for 30 seconds to perform next poomsae or finish the recording after the second Compulsory Poomsae. **Competitor must stay within the camera view between the Poomsae's.** The competitor is allowed to drink, stretch, walk around during the break between poomsae, but remains fully visible during the break. During the performance the competitors full body head to toe must be in camera view and **0.3 deduction** will be given if any part of the body **goes out of view.** See illustration below as set up guideline:





- Competitors are encouraged to display their country's national flag (or name of country) behind the competitor's competition area in clear view of the camera.
- Competitors whole body must be always be visible during the performance video footage, for fair and proper competition judging to be carried out according to the poomsae competition rules set in place. Videos which do not meet this standard may be removed from competition.
- It is not mandatory to perform the poomsae on mats. The competitor can choose his/her surroundings as long as during recording the whole body is visible at all times. For example, one can record in a living room, in a hotel lobby or on a grass field.
- If your video has been edited, with the exception of adding graphics to display your national flag and your name, it will be rejected.
- Videos must be set on **visible to all**. We urge competitors to upload well in advance as to not run into technical upload difficulties hours before the deadline entry.
- It is not allowed to show any religious, political, or any other symbol negatively targeting a group or an individual in the video recording. Videos not following this rule are subject to immediate rejection.

5. JUDGES/OFFICIALS

Poomsae performances submitted to us will be judged and scored by qualified International Referee (IR) over the course of the 3 days in which the virtual championships are held to ensure the carrying out of fair and quality competition scoring in accordance to the official World Taekwondo Poomsae competition rules.

6. ARBITRATION

6.1 PROCEDURE OF PROTEST

Only the official head coach is allowed to protest to the Competition Director. This must be made within 10 minutes of the end of the contest. A protest fee of 100 Euro will be payable immediately to the competition board. This will be refunded if the protest is accepted and won

6.2 SITUATIONS NOT COVERED BY THE RULES

Where any situation arises which is not covered by these rules, it shall be dealt with and decision given by the referees after consultation with the organizing committee.



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7. AWARDS

Virtual participation certificate and medals winner certificate will be awarded to the top 4 scoring competitors from each category.

1st place: will be awarded a Gold Medal Certificate.

2nd place: will be awarded a Silver Medal Certificate.

3rd place: will be awarded a Bronze Medal Certificate.

4th place: will be awarded a Bronze Medal certificate.

A physical medal is available for all top 4 competitors. Coaches will receive the option for their athletes to opt in on this medal one week after the competition. By opting in the coach accepts to pay for postage for sending out the medal(s) for his club. The organisation will inform the coach of the total postage cost for his/her team.

8. SPONSORS

Jcalicu UK, Official supplier of World Taekwondo Approved Taekwondo Equipment, global distributor offering top quality Taekwondo Equipment for WT Poomsae and Kyorugi competition.



Website: www.jcalicu.co.uk

Range Sports is a UK based quality and reliable Taekwondo equipment supplier that is an official supplier of Jcalicu equipment and Taekwondo exclusive brand.



Website: www.range-sports.co.uk



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9. COVID-19

By entering this competition, competitors understand and acknowledge they are abiding by local/national COVID-19 regulations and compete at their own risk.

Competitors may record their videos inside or outside so long as they are satisfied of their general safety and space. Additionally all Covid-19 precautions are adequate to perform their Poomsae and complete their video recordings for the competition.

10. HASHTAGS

We are looking forward to seeing you all at the event, please support us and the event by using the following hashtags on your social media.

#VJCUKOP2021 #Covid19 #StayAlert #RangeSports #JCUK #TaekwondoPoomsae #Taekwondo4All

11. DISCLAIMER

The process of entry and competition is carried out at the competitors own risk, therefore Harrogate KTA and its partners/representatives will not be held responsible for any injuries sustained during recording or competition process. By entering this competition, competitors understand and accept that they are entering this competition at their own risk.



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