POOMSAE
29 NOVEMBER 2026
INDOOR
BRUSSELS
INTERNATIONAL TOURNAMENT
ATOMIUM STRUCTURE PLAN
Grote Markt - Grand Place
SECTION A-A
GRANDE PLACE ELEVATION
PALAIS DU MIDI
AVEC LE SOUTIEN DE L'ECHEVINAT DES SPORTS DE LA VILLE DE BRUXELLES
MET DE STEUN VAN DE SCHEPEN VOOR SPORT VAN DE STAD BRUSSEL
PALAIS DU MIDI
ZUIDPALEIS
RUE ROGER VAN DER WEYDEN 3
1000 BRUXELLES
MUDUKWON
MUDUKWAN
POLE BRUSSELS
武道家
ANTARTIQUE
Co-funded by
the European Union

ORGANIZATION

Taekwondo Mudukwan Pole Brussels, under the auspices of Taekwondo Vlaanderen, with the cooperation of **Brussels City & Brussels Sports**

LICENSE

Belgian participants: valid taekwondo license delivered by one of the regional recognized and subsidized uni-sports federation.
Foreign participants: valid license of a recognized taekwondo federation that offers WT taekwondo.
No valid license (with photo/identity card) means no participation.

LIABILITY

All participants participate at their own risk.

ENTRY

Spectators: 10 € pp • up to 12 years old free entrance
Regulations for spectators: Intern Reglement TKDV and Tuchtreglement.
Coaches: 0-5 competitors: 1 coach free entrance
6-11 competitors: 2 coaches' free entrance
> 12 competitors: 3 coaches' free entrance
Every extra coach card needs to pay the entrance fee.

LOCATION

PALAIS DU MIDI - ZUID PALEIS •
Rue Roger Van Der Weyden 3 1000 Brussels
Itinerary: https://maps.app.goo.gl/AgUtbovz3tfNsTtW7

INFORMATION

Concerning the organization of the competition: **MOUSTAPHA AKKOUH / +32486274302**
Concerning the registration of the competitors: recreatie@taekwondo.be • +32 11 87 09 19 (Hyun Seo Kwag)

Chairman Poomsae : **Mustapha Moutarazak** •m.moutarazak@hotmail.com / +31647331927

REGULATIONS

TKDV-Jan 2025/WT-Sep 2024: www.taekwondo.be • downloads • competitie
All participants participate at their own risk.

CATEGORIES

All age limits are based on the year of birth. i.e. if the athlete is 17 years old on the day of the competition but turns 18 years old in the same year, this athlete will compete in the 18-30 age group. One can participate in multiple categories, but one time in each category (Poomsae: individual, pair and team&freestyle: individual, pair and mixed).
A ≥ 1st dan/poom • B = 4th-1st kup • C = 8th-5th kup • D = 10th -9th kup

Categories	Belts	Ages
Individual	A, B, C, D	≤ 8yrs, 9-11yrs, 12-14yrs, 15-17yrs, 18-30yrs, 31-40yrs, 41-50yrs, 51-60yrs, 61-65yrs, ≥ 66yrs
Pair	A, B, C, D	≤ 11yrs, 12-14yrs, 15-17yrs, 18-30yrs, 31-50yrs, 51-60yrs, ≥ 61yrs
Team	A, B, C, D	≤ 11yrs, 12-14yrs, 15-17yrs, 18-30yrs, 31-50yrs, 51-60yrs, ≥ 61yrs
FS Individual	A, (B+C+D)	≤ 11yrs, 12-17yrs, ≥ 18yrs
FS Pair	A, (B+C+D)	≤ 11yrs, 12-17yrs, ≥ 18yrs
FS Team	A, (B+C+D)	≤ 17yrs, ≥ 18yrs
G-taekwondo	A+B+C+D	≤ 11yrs, 12-14yrs, 15-17yrs, ≥ 18yrs
Fam-taekwondo	A+B+C+D	All ages

Only for belts B, C and D:

- In the individual category, each athlete may choose to compete in a maximum of one(1) higher age category.
- A pair or a team is formed in the same age category. Nevertheless, one person from the Pair or 1 or 2 people from the Team are allowed to compete in a maximum of one(1) higher age category and are eligible to compete in the same grade or where applicable, a combination of different classes B, C and D. **(This does not apply to A-grades!)**

Only for G-taekwondo and Fam-taekwondo A, B, C and D-class:

- In the G-poomsae taekwondo discipline for participants with a mental and/or physical disability, men and women will compete separately. Each participant is free to choose two (2) taegeuk/poomsae from Group 1 and/or Group 2. There will be only one (1) round.
- Family poomsae taekwondo participants (all ages – a minimum of two (2) people) from the same family are grouped into different classes: A, B, C and D. Each family is free to choose one (1) taegeuk/poomsae. There will be only one (1) round.

COMPULSORY POOMSAE

For the B, C, D and G-taekwondo and Fam-taekwondo categories, it is **obligatory** to register free choice of taegeuk/poomsae before the registration deadline, i.e. by the latest **22 November 2026** stated on the website.Martial Event Indoor Brussels Poomsae 2026 - Martial.Events

Please note: On the day of the competition, additions or changes are not allowed and cannot be made.

Belts	Compulsory poomsae	Round 1	Round 2	Round 3
A	Drawing of Lots on datum – see table	2 taegeuks	2 taegeuks	2 taegeuks
B	Free choice – see table	1 taegeuk	1 taegeuk	2 taegeuks
C	Free choice – see table	1 taegeuk	1 taegeuk	2 taegeuks
D	Free choice – see table	1 taegeuk	1 taegeuk	1 taegeuk
G-tkd	Free choice from group-1&-2 – see table	/	/	2 taegeuks
Fam-tkd	Free choice – see table	/	/	1 taegeuk

SYSTEM

Cut off system

TIMETABLE

08:00 - 09:00	Registration
10:00	Start competition

* This timetable is subject to change depending on the number of registrations. Participating clubs will be informed of any changes. Participants who register late will be refused entry and removed from the competition. This means that you will not receive a refund of the registration fee.
* The awards ceremony will take place on the playing court immediately after the match.

REGISTRATIONS

Website	Martial Events • www.martial.events/nl
Deadline	**Day & date Sunday 22 november 2026 until 23:59**
Participation fee	- Payment in advance for: **30€/individual (FS en G), 40€/pair (FS), 45€/team (FS)** The fee must be on the account of the organization at least 1 day prior to the competition. Mail your proof of payment to: **Eventsmudukwan@gmail.com** - Payment on the spot: **5 EUR** extra per athlete

There must be a payment for all athletes on the competition list. No refund possible.

Bank account **VZW Taekwondo Mudukwan Pole Brussels ING**

IBAN: BE88 3100 1387 6241

BIC: BBRUBEBB

Reference: BRUSSELS2026POOMSAE

PRIZES

- Individual • Pair • Team • Mixed Team: 1st - 2nd and 3rd place winners will each receive a trophy or a medal.
- Club trophy for 1st, 2nd and 3rd places.

COVID-19

In case there is a need for extra regulations, all measures and information relating to COVID-19 are collected in an accompanying health protocol.

All attendees are expected to have read the health protocol before entering the competition venue. By entering the competition, they commit themselves to follow it.

TRAVEL

You can find qll travel restrictions and conditions for Belgium via https://www.info-coronavirus.be/en/travels/

AIRPORT

Brussels Zaventem-Charleroi-Eindhoven

Hotel Reservation before 19/10/2026 shuttle from hotel to venue previous…

ACCOMMODATION ORGANISATION MISS YASMINA AKKOUH **Eventsmudukwan@gmail.com**

Age	A	Age	A	
	Individual		Pair	Team
… - 8yrs	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8 Jang	**…- 11yrs**	Taegeuk 2, 3, 4, 5, 6, 7, 8 Jang, Koryo(9)	Taegeuk 2, 3, 4, 5, 6, 7, 8 Jang, Koryo(9)
9 – 11yrs	Taegeuk 2, 3, 4, 5, 6, 7, 8 Jang, Koryo(9)			
12 – 14yrs	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo(9), Keumgang (10), Taebaek(11)	**12 – 14yrs**	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo(9), Keumgang(10), Taebaek(11)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo(9), Keumgang(10), Taebaek(11)
15 – 17yrs	Taegeuk 5, 6, 7, 8 Jang, Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12)	**15 – 17yrs**	Taegeuk 5, 6, 7, 8 Jang, Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12)	Taegeuk 5, 6, 7, 8 Jang, Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12)
18 – 30yrs	Taegeuk 7, 8 Jang, Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13), Jitae(14)	**18 – 30yrs**	Taegeuk 7, 8 Jang, Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13), Jitae(14)	Taegeuk 7, 8 Jang, Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13), Jitae(14)
31 – 40yrs		**31 – 50yrs**	Taegeuk 8 Jang, Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13), Jitae(14), Cheonkwon(15)	Taegeuk 8 Jang, Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13), Jitae(14), Cheonkwon(15)
41 – 50yrs	Taegeuk 8 Jang, Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13), Jitae(14), Cheonkwon(15)			
51 – 60yrs	Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13), Jitae(14), Cheonkwon(15), Hansoo(16)	**51 – 60yrs**	Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13), Jitae(14), Cheonkwon(15), Hansoo(16)	Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13), Jitae(14), Cheonkwon(15), Hansoo(16)
61 – 65yrs		**61yrs –…**	Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13), Jitae(14), Cheonkwon(15), Hansoo(16)	Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13), Jitae(14), Cheonkwon(15), Hansoo(16)
66yrs –…				

<table>
<tr><th rowspan="2">Age</th><th>B</th><th>C</th><th>D</th><th rowspan="2">Age</th><th>B</th><th>C</th><th>D</th><th>B</th><th>C</th><th>D</th></tr>
<tr><th>Individual</th><th>Individual</th><th>Individual</th><th>Pair</th><th>Pair</th><th>Pair</th><th>Team</th><th>Team</th><th>Team</th></tr>
<tr><td>… - 8yrs</td><td>Taegeuk
4, 5, 6,
7, 8 Jang</td><td rowspan="10">Taegeuk
1, 2, 3, 4
Jang</td><td rowspan="10">Taegeuk
1, 2 Jang</td><td>… - 11yrs</td><td>Taegeuk
4, 5, 6,
7, 8 Jang</td><td>Taegeuk
1, 2, 3, 4 Jang</td><td>Taegeuk
1, 2 Jang</td><td>Taegeuk
4, 5, 6,
7, 8 Jang</td><td>Taegeuk
1, 2, 3, 4
Jang</td><td>Taegeuk
1, 2
Jang</td></tr>
<tr><td>9 – 11yrs</td><td rowspan="9">Taegeuk
4, 5, 6,
7, 8 Jang,
Koryo(9)</td><td rowspan="9">12 – 14yrs</td><td rowspan="9">Taegeuk
4, 5, 6,
7, 8 Jang,
Koryo(9)</td><td rowspan="9">Taegeuk
1, 2, 3, 4 Jang</td><td rowspan="9">Taegeuk
1, 2 Jang</td><td rowspan="9">Taegeuk
4, 5, 6,
7, 8 Jang,
Koryo(9)</td><td rowspan="9">Taegeuk
1, 2, 3, 4
Jang</td><td rowspan="9">Taegeuk
1, 2
Jang</td></tr>
<tr><td>12 – 14yrs</td></tr>
<tr><td>15 – 17yrs</td></tr>
<tr><td>18 – 30yrs</td></tr>
<tr><td>31 – 40yrs</td></tr>
<tr><td>41 – 50yrs</td></tr>
<tr><td>51 – 60yrs</td></tr>
<tr><td>61 – 65yrs</td></tr>
<tr><td>66yrs –…</td></tr>
</table>

G-taekwondo			Fam-taekwondo
Age	**Individual**		**Minimum 2 people**
	Group-1	**Group-2**	**For all ages**
… – 11yrs	Taegeuk 1, 2, 3, 4, 5, 6, 7 Jang	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13)	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8 Jang, Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13), Jitae(14), Cheonkwon(15), Hansoo(16)
12 – 14yrs			
15 – 17yrs			
18yrs – …			