

EDITION 2022

NEW YEAR'S CAMP



8 COACHS - 5 JOURS

NY'SC DU 26 AU 30 DÉCEMBRE 2022

GYMNASE BROUSTAL 6 AV. LUDWIG VAN BEETHOVEN 78190 TRAPPES

INSCRIPTION SUR MARTIAL EVENT



Yvelines
Conseil général



DESCRIPTION :

Ecole Taekwondo Trappes Saint Quentin en Yvelines organise its "New Year's Camp" course to start the new year and prepare young people for the sports events of the beginning of the year 2022.

This course will take place from December 26th to 30th, 2022, from 9 am to 5 pm on several time table, thus allowing to welcome the practitioners, from the white belt to the black belt.

For the sake of organization, the reservation at this stage is obligatory.

The internship program will cover all aspects of the discipline for combat readiness, namely technical and tactical work, arbitration and mental preparation...

This exceptional Taekwondo course will be led by several Top coaches.

For registrations, go to the Martial Event platform.

Further information by mail: newyearscomp@hotmail.com
or by phone at: **+33 6 51 72 57 80**.

Registration deadline for the internship December 15, 2021.

TRAINING PLACE:

GYMNASE BROUSTAL
6 Avenue Ludwig Beethoven
78190 Trappes
France



CONDITIONS OF PARTICIPATION:

- All athletes must have a valid and up-to-date a valid license / insurance associated with your country's NGB.
- Sport passport of the country of adhesion with a medical certificate of aptitude to the competition of the current season.
- Federal License 2022-2023
- Parental authorization for minors.
- Only participants who have paid their registration fee of 120 € before 15 December 2021 will be accepted.
- Coaches must be of age and can participate in the course.

Sportive equipment:

Each athlete must be provided with full protections, 2 rackets, 1 pao, 1 bottle of water and 1 towel.

The NY'SC3 T-shirt will be given to you during the course.

IMPORTANT INFORMATION

1: each participant must check the conditions to enter France by clicking on the following link:

<https://www.diplomatie.gouv.fr/fr/le-ministere-et-son-reseau/actualites-du-ministere/informations-coronavirus-covid-19/>

The conditions of access to the course and the gymnasium will depend on health developments and government directives.

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PROGRAMME OF THE COURSE:

PLANNING NEW YEAR'S CAMP									
Monday 26		Tuesday 27		Wednesday 28		Thursday 29		Friday 30	
Children - Cadet 1	Cadet 2 - 3 Junior - Senior	Children - Cadet 1	Cadet 2 - 3 Junior - Senior	Children - Cadet 1	Cadet 2 - 3 Junior - Senior	Children - Cadet 1	Cadet 2 - 3 Junior - Senior	Children - Cadet 1	Cadet 2 - 3 Junior - Senior
9h - 10h30		9h - 10h30		9h - 10h30		9h - 10h30		9h - 10h Rules and Arbitration course	
	10h30 - 12h30		10h30 - 12h30		10h30 - 12h30		10h30 - 12h30	10h - 15h30 Tests Matches	
Lunch break									
14h - 15h30		14h - 15h30		14h - 15h30		14h - 15h30			
	15h - 17h		15h - 17h		15h - 17h		15h - 17h		

In order to share our experience as much as possible, the workshops will be led by different coaches from the best French clubs.

LUNCH:

It is forbidden to eat in the sports complex. It has a suitable relaxation area.

Snack and fast food and dishes will be available on site.

HOTEL NEARBY:

Hôtel Ibis Budget Vélodrome : 1 Place de la Paix Celeste, 78180 Montigny-le-Bretonneux,

Hôtel Ibis Budget IMMOPARC : Centre de Vie Immoparc, N10, 78190 Trappes

Hôtel Ibis Vélodrome : 2 Place de la Paix Celeste, 78180 Montigny-le-Bretonneux,

Hôtel Campanile : 2 Place Georges Pompidou, 78180 Saint-Quentin-en-Yvelines,

Hôtel Ibis Budget Versailles Chateau : Quartier Epi d'Or, 4 Boulevard Henri Barbusse, 78210 Saint-Cyr-l'École,

Appart'City Bois d'Arcy : 2 A Rue Georges Méliès, 78390 Bois-d'Arcy,

Hôtel Pavillon des Gatines : Z.I. Les Gatines, 46Ter Rue Pierre Curie, 78370 Plaisir,

Hôtel F1 Plaisir : ZI les Gâtines, 36 Rue Pierre Curie, 78370 Plaisir.

Hotel Première Classe : ZA Trappes/Elancourt ? 69bis Avenue Georges Politzer, 78190 Trappes

Hôtel F1 : rue Gaston Monmousseau, 78190 Trappes

Hôtel Port-Royal : 20, rue Hélène Boucher, 78960 Voisin le Bretonneux