



29th

OPEN ILYO

Saturday 26 September 2026

Poomsae • Freestyle

Sunday 27 September 2026

Kyorugi

Stedelijk Sportcentrum Demervallei Aarschot

Taekwondo ILYO Aarschot Belgium
Taekwondo Vlaanderen



ORGANIZATION

Taekwondo ILYO Aarschot Belgium, under the auspices of Taekwondo Vlaanderen, with the cooperation of the sports council and the sports department of Aarschot.

LICENSE

Belgian participants: valid taekwondo license delivered by one of the regional recognized and subsidized uni-sports federation.

Foreign participants: valid license of a recognized taekwondo federation that offers WTF taekwondo.

No valid license (with photo/identity card) means no participation.

LIABILITY

All participants participate at their own risk.

ENTRY

Spectators: 10€ per person per day • up to 10 years old free entrance

Regulations for spectators: [Intern Reglement TKDV](#) and [Tuchtreglement](#)

Coaches: 0-9 competitors: 1 coach free entrance

10-14 competitors: 2 coaches' free entrance

> 15 competitors: 3 coaches' free entrance

Every extra coach needs to pay the entrance fee.

LOCATION

Stedelijk Sportcentrum Demervallei • Demervallei 8, 3200 Aarschot

Itinerary: On the highway E314 take exit 22, direction "CENTRUM" and follow the signs" PARKING CENTRUM".

INFORMATION

Concerning the organization of the competition: info@ilyo.be • +32 495 71 30 79 (Johan Alles)

Concerning the registration of the competitors: recreatie@taekwondo.be • +32 11 87 09 19 (Hyun Seo Kwag)

REFEREES

Coordinator Kyorugi: Hassan Sadeghi • hassan_hvhvhv@hotmail.com

REGULATIONS

TKDV/WT-regulations: www.taekwondo.be • downloads • competitie

All competitors must bring their own protection materials.

CATEGORIES

Participants can only compete in one category. Categories cannot be combined.

The year of birth is decisive for the category in which the participant will compete:

	Belt*	Year of birth	Head contact	Mouthpiece	Gloves
Pupils	A+B, C	2019-2018	Forbidden	Compulsory	Compulsory
Minors	A+B, C	2017-2015	Forbidden	Compulsory	Compulsory
Cadets	C	2014-2012	Forbidden	Compulsory	Compulsory
Cadets	A+B	2014-2012	Allowed	Compulsory	Compulsory
Juniors	A+B, C	2011-2009	Allowed	Compulsory	Compulsory
Seniors	A+B, C	2008-1992	Allowed	Compulsory	Compulsory
Masters 35+	A+B	1991-1977	Allowed	Compulsory	Compulsory
Masters 50+	A+B	1976-...	Allowed	Compulsory	Compulsory

* A+B = starting from 4th kup

C = 8th - 5th kup

A contestant who is in the last year of an age category can take compete in 1 higher age category. For example, a minor born in 2015 can participate with the cadets. The head coach chooses, together with the competitor, in which age category to participate. However, this does not apply to pupils, they can only participate in their own age category. Girls and boys can be taken together in the pupils. For the year of birth 2009 a contestant can join the juniors or seniors.

Weight category: The weight limit will be determined by the criterion of one decimal from the set limit. For example: not exceeding 50kg is defined as up to 50,0kg and 50,1kg which is defined as being over the limit. Up until 99 grams over the weight limit is allowed.

Category	Sex	Weight
Pupils	M + F	-20, -22, -24, -26, -28, -30, -32, -34, -36, +36kg
Minors	M + F	-24, -27, -30, -33, -36, -40, -44, -48, -52, +52kg
Cadets	Female	-29, -33, -37, -41, -44, -47, -51, -55, -59, +59kg
	Male	-33, -37, -41, -45, -49, -53, -57, -61, -65, +65kg
Juniors	Female	-42, -44, -46, -49, -52, -55, -59, -63, -68, +68kg
	Male	-45, -48, -51, -55, -59, -63, -68, -73, -78, +78kg
Seniors	Female	-46, -49, -53, -57, -62, -67, -73, +73kg
	Male	-54, -58, -63, -68, -74, -80, -87, +87 kg
Masters	Female	-49, -57, -67, +67kg
	Male	-58, -68, -80, +80kg

CHANGING OF CATEGORY

For all changes of categories because of an incorrect subscription (category, belt,) or because of the athlete exceeding the weight limit, an additional cost of **€ 15** must be paid on the spot to the organisation.

One must first present the proof of payment to the technical coordinator so that a new accreditation card can be made. After that one must go to the weigh again within the existing time schedule. If not, one will be disqualified. If after the closure of the weigh-in, there is only one participant in a weight-class, he/she will be regrouped for free in the following weight-class (if present).

COACH BADGE

The TKDV, AFBT and/or WTE coach badge is compulsory for Belgian clubs.

Coaches can enter the competition area only with a valid TKDV/ABFT/ WTE coach badge and with tracking suite and sport shoes. Minimum age: 18 years.

TIMETABLE

SATURDAY 26/09/2026

18:00 - 20:00 Possibility to register + weigh-in

SUNDAY 27/09/2026**Pupils • Minors • Cadets C**

08:00 - 09:00 Registration

08:00 - 09:30 Weigh-in (entry for the weigh-in closes at **09:15**)

10:00 - 14:00 Competitions (+/-)

Cadets A+B • Juniors • Seniors • Masters

08:00 - 11:30 Registration

10:30 - 12:00 Weigh-in (entry for the weigh-in closes at **11:45**)

14:00 - 19:00 Competitions (+/-)

Competitors that are too late for the registration or the weigh-in will be declined and will be removed from the competitors list. No refunds possible.
The prizes will be distributed immediately on the fields.

ELECTRONIC SYSTEM: DAEDO

Cadets A+B and all juniors, seniors and masters: DAEDO electronic G3 trunk protection and electronic head protection will be provided by the organization.

Cadets C and all pupils and minors: DAEDO electronic G3 trunk protection will be provided by the organization.

Octagonal competition fields / IR international referees

Electronic foot protection and other compulsory protection materials must be brought by the participants themselves. Electronic foot protection can be bought on the spot.

COMPETITION SYSTEM

All categories: 'best of 3 rounds'

The organizer is authorized to determine and to change the lap times.

REGISTRATIONS

Website Martial Events • www.martial.events/enDeadline Sunday **20/09/2026 until 23:59** or until full capacity has been reached (550)

Participation fee - Payment in advance for **all categories 40 EUR**/athlete
The fee must be on the account of the organization at least 1 day prior to the competition. Mail your proof of payment to: info@ilyo.be
- Payment on the spot: **5 EUR** extra per athlete
There must be a payment for all athletes on the competition list. No refund possible.

Bank account Taekwondo ILYO npo
IBAN: **BE59 0017 3190 8526**
BIC: GEBABEBB
Reference: club name + KYORUGI + number of participants

PRIZES

Individual: 1st, 2nd and 3rd place.Team ranking: 1st, 2nd and 3rd place.

Trophy for the club that travelled the greatest distance

Trophy for the club with the largest number of participants

 COVID-19

In case there is a need for extra regulations, all measures and information relating to COVID-19 are collected in an accompanying health protocol.

All attendees are expected to have read the health protocol before entering the competition venue. By entering the competition, they commit themselves to follow it.

 TRAVEL

You can find all travel restrictions and conditions for Belgium via <https://www.info-coronavirus.be/en/travels/>

 AIRPORT

For your own comfort and budget, please use Brussels National Airport (Zaventem) and try to avoid Brussels South (Charleroi). From Brussels (Zaventem) Leuven and Aarschot are directly accessible by train:

Leuven: 20 minutes only

Aarschot: 45 minutes only

 ACCOMMODATION

AARSCHOT (A): smaller town with a few hotels, several B&B and a free campsite at the venue

LEUVEN (L): large town about 20 km and 20 min away, with an interesting youth hostel and a lot of hotels.

If you take the short trip between Leuven and Aarschot (only 10' and 3,10 € using Local Multi), we provide jointly transportation to and from the train station and the competition hall.

WESTERLO (W): small village about 15 km and 20 minutes away with an interesting youth hostel.

YOUTH HOSTEL

- (L) **De blauwput:** 116 beds in 28 en suite rooms with own shower and toilet.

Modern city youth hostel in university city Leuven very near the train station.

- (W) **Boswachterhuis:** 82 beds in 12 en suite rooms (own shower & toilet), and 5 rooms with shared bathroom.

A forester's house which has been renovated and equipped with all modern comforts, respecting its original charm. Quietly located along a nature reserve.

HOTEL

- (A): **'s Hertogenmolens***:** 25 stylish rooms

Located in an old Water Mill very much in the city centre, close to the competition hall (2km).

- (H): **hotel Amethyst***:** 13 hotel rooms and 5 budget rooms

Located in the quiet village of Ramsel nearby Aarschot and the competition hall (6km).

- (L): **IBIS budget hotel Leuven **:** 139 modern and comfortable double or triple rooms

Ibis Budget Leuven Centrum is in the centre, near the train station and restaurants. The rooms have free Wi-Fi throughout. An all-you-can-eat breakfast buffet is served in the hotel's lounge.

B&B

- (A): **Bed & Breakfast**

Usually with low capacity so gets booked up quickly, but several options nearby.

CAMPING

A [campsite](#) for camper vans or caravans, no tents, is right at the competition hall.

The showers and toilets of the sports centre may be used.

Pre-registration is required !