

BELGIAN OPEN

Poomsae • Freestyle

41th edition

14 march 2020

Lommel – Belgium



Organization

Contact information Taekwondo Flanders • Belgian Taekwondo Federation
H. Van Veldekesingel 150/73, 3500 Hasselt, Belgium
0032 11 87 09 19
BelgianOpen@Taekwondo.be
BelgianTaekwondoFederation.be
Facebook.com/BelgianOpenTaekwondo

President TKDV Mr. Erik Baert

Poomsae referee
director Mr. Mustapha Moutarazak



OVR Provider Martial Events
<https://www.martial.events/en>

Location **De Soeverein** • Sportveldenstraat 10 • 3920 Lommel

Accommodation Center Parcs De Vossemeren (Lommel)
Sunparks Kempense Meren (Mol)
Corbie Hotel Ring – Centrum (Lommel)

Sponsors



Competition

TIME TABLE

13 March - Friday	12:00 – 20:00 Registration for all categories
14 March - Saturday	09:00 Start competitions

CONTESTANTS

Age According to WT categories for poomsae and freestyle.

The age category is based on the year of birth. For example: if the athlete will be 18 years old in 2020, but on the day of the competition he/she is still 17 years old, then he/she must compete in the category 18-30 years old (U30).

Graduation 1st DAN/POOM and higher – WT regulations

Uniform WT approved Poomsae Competition Uniforms

1. Cadet Division (Ages 12-14): White top with red and black collar, plus blue pants for males; the same top, but with red pants, for females.
2. Junior and Senior Division (Ages 15-49): White top with dark blue pants for males; white top with light blue pants for females.
3. Master Division (Ages 50 and up): Yellow top and dark blue pants for both males and females.

Categories

RECOGNIZED POOMSAE COMPETITION

Individual	Pair	Team
▣ Cadet (12-14)	▣ Cadet (12-14)	▣ Cadet (12-14)
▣ Junior (15-17)	▣ Junior (15-17)	▣ Junior (15-17)
▣ U30 (18-30)	▣ U30 (18-30)	▣ U30 (18-30)
▣ U40 (31-40)	▣ O30 (31+)	▣ O30 (31+)
▣ U50 (41-50)		
▣ U60 (51-60)		
▣ U65 (61-65)		
▣ O65 (66+)		

FREESTYLE POOMSAE COMPETITION

FS Individual	FS Pair	FS Mixed Team
<ul style="list-style-type: none"> ▫ U17 (12-17) ▫ O17 (18+) 	<ul style="list-style-type: none"> ▫ U17 (12-17) ▫ O17 (18+) 	<ul style="list-style-type: none"> ▫ O11 (12+)

*** Note: Contestants may compete in maximum two (2) categories (Recognized Poomsae max 2 or Freestyle Poomsae max 2 or one (1) of each categories) of competition unless he or she is limited by gender or age.**

PARA TAEKWONDO COMPETITION P20-P30

- Junior (12-15)
- U30 (16-29)
- O30 (30+)

Para-athletes perform 2 poomsaes of their choice.

COMPETITION RULES

General

WT competition rules in force as of May 14, 2019 applies to all competitions for poomsae and freestyle.

Recognized Poomsae

Individual, Pair, and Team competitions up to 90 seconds.

Freestyle Poomsae

Individual, Pair, and Mixed Team competitions from 90 seconds to 100 seconds.

Poomsae Freestyle: Cut-off system for all Freestyle categories (single Final Round).

Protest

Only the official coach is allowed to protest within 10 minutes of the pertinent contest to the poomsae referee director. An amount of € 150 will have to be paid for each protest. The decision of the referee chairman is final.

Doping

Some contestants chosen at random will be tested. The list of prohibited products will be equal to the list of IOC.

Tournament system

U30 and U40: Single elimination tournament system

All other categories: Cut-off system. The organization is allowed to change this due to organizational matters.

Music freestyle

Athletes must bring their music in MP3 format on USB-stick. Apple audio format is not allowed. The music shall be the choice of the

contestant; however, any political, social and religious content is not allowed.

COMPULSORY POOMSAE

Announcement

The compulsory poomsae will be announced before the competition on the website:

www.belgiantaekwondofederation.be

INDIVIDUAL A-CLASS

Cadet	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang
Junior	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang, Taebak
U30	Taegeuk 6, 7, 8 jang, Koryo, Keumgang, Taebak, Pyongwon, Sipjin
U40	Taegeuk 6, 7, 8 jang, Koryo, Keumgang, Taebak, Pyongwon, Sipjin
U50	Taegeuk 8 jang, Koryo, Keumgang, Taebak, Pyongwon, Sipjin, Jitae, Chonkwon
U60	Koryo, Keumgang, Taebak, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
U65	
O65	

PAIR A-CLASS & TEAM A-CLASS

Cadet	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang
Junior	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang, Taebak
U30	Taegeuk 6, 7, 8 jang, Koryo, Keumgang, Taebak, Pyongwon, Sipjin
O30	Taegeuk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Sipjin, Jitae, Chonkwon

Compulsory poomsae

2 taegeuk/poomsae per round.

The organization is allowed to reduce this due to organizational matters (with exception of U30-U40).

GENERAL

REGISTRATION

Website <https://www.martial.events/en/events/belgian-open-2020-poomsae>

Registrations must be done by TEAM (by the club admin).

Registrations are only allowed for:

- athletes,
- coaches

National teams can also enter 1 MNA Official.

Other functions are not allowed.

Deadline **March 4, 2020 (23:59 Belgian time GMT +1)**

ENTRY FEE

Poomsae/Freestyle/Para

POOMSAE	FREESTYLE	PARA
65€ per individual	65€ per individual	65€ per individual
75€ per pair	75€ per pair	
85€ per team	85€ per mixed team	

Athletes participating in maximum two (2) categories, pay for 2 categories.

Bank details

Account name: Taekwondo Vlaanderen

Name of bank: Belfius

Address of bank: Havermarkt 36-38

ZIP: 3500

Place: Hasselt

Country: Belgium

IBAN: BE21 0682 3723 0503

SWIFT/BIC: GKCCBEBB

Reference: BO Poomsae 2020 + team name

Poomsae: In case of pair/team with another club, please specify

	<p>Entry fees are obligated at all times and must be paid in EURO. Additional currency charges must be paid by the participating team/competitor. All currency charges which are charged to the account of the organization must be balanced in cash during registration.</p>
No show	<p>There will be no refund if a registered competitor/team fails to show up for the competition. In case the competitor has not been removed from the list of participants before the deadline his/her team or official must fully (100%) pay the entry fee(s) for participation. In case of no show the invoice will be send to the team after the tournament.</p>
Coach	<p>1 coach will be granted free admission per team. For every 5 contestants within the same team, 1 coach is granted free admission with a maximum of 3 coaches. E.g.: 6 participants = 2 coach free admission; 12 participants = 3 coaches free admission. An extra coach costs € 25.</p>
Modifications	<p>30€ for all modifications after the deadline of 6 march 2020. This must be paid in cash at the registration desk at the sports hall.</p>
Spectators	<p>10€ per person Children until 9 years old = free entrance.</p>
<u>INFORMATION</u>	
Membership	<p>Valid license of a recognized taekwondo federation that offers WT taekwondo. No valid license (with photo/identity card) means no participation.</p>
Coaching	<p>Coaching is only allowed in sportswear (no dobok). All coaches must be 18 years or older.</p>

Access to competition area	Only for 1 coach + 1 athlete (except for poomsae pair/team) and only with the personal and original accreditation badges made by the organization.
Visa	VISA applications can be sent max. 3 weeks prior to the competition (until Wednesday 19/02/2020) to the organization. All applications that arrive after this deadline, will not be treated. See attachment.
Liability	All competitors participate at their own risk. The organization shall not accept responsibility for any damages, violence, injuries or losses sustained or incurred and specifically note that they also take no responsibility for any damages, losses, injuries or other consequences due to (directly or indirectly) acts of terrorism or terrorist threats. All contestants must bring their own documents and forms for any medical treatment in Belgium. If not, this will have to be paid in cash immediately.
First aid	Will be provided by the organization and is only to be used in case of an emergency.
Press	Only official press members with personal press card will be granted access to the competition areas.
Outline	The organizers reserve the right to make changes in the outline if necessary.

Commercial business

Commercial business is not allowed under any circumstances without any written permission of Taekwondo Flanders. Only contracted business is allowed in the venue. A penalty of 10.000,00 EUR shall be paid cash when violating this rule. The organization will have full authority to remove violators from the venue and event. Please note that you will automatically comply with the rules of Taekwondo Flanders written in this outline when accessing the venue or any part of the event.

ACCOMODATION

Special rates
accommodation

for Special rates are available at:

- Center Parcs De Vossemeren, Elzen 145, 3920 Lommel
- Sunparks Kempense Meren, Postelsesteenweg 100, 2400 Mol
- Corbie Hotel Lommel Ring, Binnensingel 70, 3920 Lommel
- Corbie Hotel Lommel, Hertog Jan Plein 61, 3920 Lommel



Teams that combine the Dutch Open '20 and the Belgian Open '20 can enjoy special rates during the week in between at Center Parcs or Sunparks. The distance between Eindhoven (NL) and Lommel (BE) is only 37km.

Reservations

Center Parcs

Link: https://www.centerparcs.com/gb-en/belgianopen2020_sck

Sunparks

Link: https://www.sunparks.com/gb-en/belgianopen2020_sck

Corbie Hotel (Lommel Ring – Lommel Centrum)

Mail to: lommelring@corbiehotel.com

www.corbiedeals.be

Action code: "Taekwondo"

TRANSPORT

Nearby airports

Eindhoven (NL): 34 km

National Airport Zaventem (BE, Brussels): 113 km

Airport shuttle	<p>Can be booked through VC services.</p> <p>For more information contact: info@vcservicesbelgie.be</p> <p>Website: http://www.vcservicesbelgie.be/</p> <p>Max. 8 persons per bus</p>
Venue shuttle	<p>Can be provided only for the 4 accommodations provided by the organization and only if booked through the organization (obligatory).</p> <p>- CLICK HERE – for information and booking shuttle service</p> <p>Deadline: March 1, 2020</p>
Payment	<p>The special rates in the 4 hotels provided by the organization does NOT include transport. It must be booked and paid separately.</p>