

11>12 NOV 2023

TAE KWON DO



OPEN IDF

CADETS • JUNIORS • SENIORS

HALLE CARPENTIER

81 BOULEVARD MASSENA - 75013 PARIS

www.taekwondo-idf.com    

Credits photos : LIFTDA / Elodie DUMÉZ / Elodie DUBÉROS - Amandine LAURIOL - Création graphique : Sylvie SOZANZO-MARCHAIS TORPIT





LIFTDA

Ligue Ile de France de Taekwondo et Disciplines Associées



GENERAL INFORMATION

- **Dates** : Saturday 11th and Sunday 12th November 2023
- **Location** : Halle Carpentier
81 Boulevard Masséna 75013 Paris
- **Registrations' Opening** : Friday 29th September 2023
- **Registrations' Closure** : Sunday 29th October 11:59 PM
- **Accreditations** : Given on Friday 10th November 2023 4:30 PM
- **Weighting** : Friday 10th November 4:30 PM - 7:00 PM Cadet F / M & Senior M
Saturday 11th November 2:00 PM - 4:00 PM Junior F / M & Senior F
- **Registration Fees** : 40 € per Athlete
20 € per Coach
- **Hotel** : 15 Rue Charles Leroy 3, 94200 Ivry-sur-Seine



**ANY REGISTRATION OUT OF THE DEADLINE WILL BE INCREASED BY 100%
THE ORGANISATION RESERVES THE RIGHT TO ACCEPT OR REFUSE
REGISTRATION OUT OF THE DEADLINE.**

Ligue de Taekwondo IDF – 58 Rue Roger-Salengro Immeuble Dolomites, 94120 Fontenay-sous-Bois
Tel. 01.55.97.27.23 - Site : <http://www.taekwondo-idf.com> - Siret 443 819 149 00 016 - APE 9312Z





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REGISTRATION DETAILS

Clubs will register all athletes and coaches on : <https://www.martial.events/en>

REGISTRATIONS FEES : 40€ per Athlete ; 20€ per Coach.

So, registration & payment are on : <https://www.martial.events/en>

REGISTRATION DEADLINE : Sunday 29th Octobre 2023 at 11:59 PM

Foreign Athletes & Coaches

will need to present International Licences to get their accreditations before the weighting.

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RULES OF COMPETITION

Eliminations & finals

- Direct elimination.
- The 3rd on the podium are those who lost on semi-finals

Match duration

BEST OF 3

- Cadets : 3 x 1mn 30s with 30 seconds rest
- Juniors : 3 x 2 min avec 1 minutes rest
- Seniors : 3 x 2 min avec 1 minutes rest

MALE CATEGORIES

Cadets	born in 2010 - 2011 - 2012	-33kg / -37kg / -41kg / -45kg / -49kg / -53kg / -57kg / -61kg / -65kg / +65kg
Juniors	born in 2007 - 2008 - 2009	-45kg / -48kg / -51kg / -55kg / -59kg / -63kg / -68kg / -73kg / -78kg / +78kg
Seniors	born from 1994 to 2006	-54kg / -58kg / -63kg / -68kg / -74kg / -80kg / -87kg / +87kg

FEMALE CATEGORIES

Cadets	born in 2010 - 2011 - 2012	-29kg / -33kg / -37kg / -41kg / -44kg / -47kg / -51kg / -55kg / -59kg / +59kg
Juniors	born in 2007 - 2008 - 2009	-42kg / -44kg / -46kg / -49kg / -52kg / -55kg / -59kg / -63kg / -68kg / +68kg
Seniors	born from 1994 to 2006	-46kg / -49kg / -53kg / -57kg / -62kg / -67kg / -73kg / +73kg

Dobok

White dobok, white collar for keup, black collar for black belts

Electronic

Electronic DAEDO GEN2 Chestguards & Helmets

https://www.fftada.fr/files/file/DS_REGLE/REGL_COMP_OFF_22_23.pdf



MINISTÈRE
DES SPORTS
ET DES JEUX OLYMPIQUES
ET PARALYMPIQUES



Due to the law defined on « le Code du Sport » [Articles L223-1 et L223-2] and the Competition Rules of the FFTDA [Article 2.6.5.1 alinéa 4 and Article 2.6.7 alinéa 6], every person on the field of play must wear nothing on the head, or anything ostentatious religious.



FORECAST SCHEDULE

Friday 10th November 2023

10:00 AM	Organization Staff and Volunteers arrival
2:00 PM	Security and weighting Referees arrival
4:30PM - 7:00PM	Weighting Cadets Female / Male & Senior Male

Saturday 11th November 2023

CADETS F/M & SENIOR M ARE FIGHTING

7:30 AM	Organization Staff, Volunteers, Security and Referees arrival
7:45 AM	Referees Meeting
8:30 AM	Coaches and Athletes meeting
8:50 AM	Competition Start
Midday - 2:30 PM	Lunch rotation for referees
2:00PM - 4:00PM	Weighting Juniors Female / Male & Senior Female
6:30 PM	Forecast end of competition - Podiums

Sunday 12th November 2023

JUNIORS F/M & SENIOR F ARE FIGHTING

7:30 AM	Organization Staff, Volunteers, Security and Referees arrival
7:45 AM	Referees Meeting
8:30 AM	Coaches and Athletes meeting
8:50 AM	Competition Start
Midday - 2:30 PM	Lunch rotation for referees
6:30 PM	Forecast end of competition - Podiums

THE ORGANISATION RESERVES THE RIGHT TO MODIFY THE SETTINGS OR THE PROGRAM OF THE COMPETITION ; IF APPLICABLE, THE NEWS SETTINGS/PROGRAM WILL BE COMMUNICATED AT THE MEETING BEFORE THE COMPETITION START.