

29 ET 30 AVRIL 2023

TAEKWONDO

COUPE HENNUYERE

17^{ième} Combat - 5^{ième} Poomsae

Une organisation Imjin Academy

Salle omnisports
Max Audain
Rue du chapitre 12
7080 Frameries



5^e Hennuyère cup 2023

Poomsae

PLACE AND DATE

Date Saturday 04/29/2023

Sport Hall Hall des sports Max Audain
Adress Rue du Chapitre 1Z

ORGANIZATION

Organizers Taekwondo Imjin Academy et discipline associée




Contact Fiori Agostino
agostino.fiori170361@gmail.com

Technical delegate Dehiles Ramdane

Promoter  Association Belge Francophone de Taekwondo (ABFT asbl)
Rue Victor Allard, 88/4
1180 Uccle - Belgique
www.abft.be



Access  The competition is open to member clubs and federations of World Taekwondo.

REGISTRATIONS

Registration deadline ⇒ No registration is possible after **23/04/2023**.

Online registration ⇒ Registrations are made only on www.martial.events



Available seats ⇒ **300 maximum seats**

The right to vote ⇒ **Individual**: 20 € / competitor
⇒ **Couple** : 30 € / couple
⇒ **Team** : 40 € / Team
⇒ **Family** : 0 € / participant
⇒ To be paid before **04/23/2023 at 11:59 p.m.**

⇒ Only by bank transfer to the account

BE45 0688 9639 2989
Taekwondo Imjin Academy
BIC : GKCCBEBB

⇒ With communication

Hennuyère Cup + Poomsae + CLUB name

⇒ Please send us proof of payment (screenshot of the transaction) to agostino.fiori170361@gmail.com

⇒ Registration fees must be paid for all registered competitors.

⇒ After the registration deadline, no refund is possible.

⇒ No registration is made on the day of the competition.

Coach

⇒ Admission is free for one coach per 5 competitors.

- From 1 to 5 : 1 coach
- From 6 to 10 : 2 coaches
- From 11 to 15 : 3 coaches
- ...

⇒ Each **additional coach** costs **€5**.

⇒ The coach must be over 18 years old.

⇒ He must be in sports clothes (training and sports shoes) to coach.

⇒ He must be in possession of his identity card or passport.

⇒ The coach must be in possession of his license-insurance valid for the current year.

Spectators

⇒ **8 € / person (possibility of payment by bank terminal)**

⇒ Free for children under 6 years old.

COMPETITION

Ethical sport

Each participant in this competition undertakes to respect the rules of their sport, the ABFT charter of good sporting behavior in competition and the charter of the sports movement of the Wallonia-Brussels Federation: <https://www.abft.be/reglements-bonnes-pratiques/>

Type

Cut-off system

1st round: from 20 participants

2nd round: 9 to 19 participants

3rd round (final): maximum 8 participants

Lands

2 to 3 courts equipped with electronic scorers, depending on registrations.

Competition Rules

The latest WT competition rules and ABFT adaptations: <https://www.abft.be/reglements-bonnes-pratiques/>

Referees

International (IR-WT) and national referees

Individual awards

⇒ The 1st, 2nd and 3rd in each category receive a gold, silver and bronze medal respectively.

	⇒ Only one 3rd place. ⇒ The medals are awarded at the end of the passage.
Team Rewards	⇒ The 1st, 2nd, 3rd, 4th and 5th clubs receive a cup.
Contestation	Only the head coach can complain immediately after the end of the passage. He will fill in the form provided by the organizer. A sum of €100 will be paid for each dispute. This amount will be refunded if the coach is successful. The decision of the main referee is the only valid one. Competition rules and protest form : https://www.abft.be/reglements-bonnes-pratiques/

DISCIPLINES AND CATEGORIES

Individual

Rank categories

- A : from 1st dan/poom
- B : 4^e – 1^{er} keup
- C : 8^e – 5^e keup
- D : 10^e – 9^e keup

Age categories

- Beginner: up to 8 years old: born in 2015 and later
- Minime: 9-11 years old: born between 2014 and 2012
- Cadet : 12-14 years old : born between 2011 and 2009
- Junior : 15-17 years old : born between 2008 and 2006
- Senior 1 : 18-30 years old : born between 2005 and 1993
- Senior 2 : 31-40 years old : born between 1992 and 1983
- Master 1 : 41-50 years old : born between 1982 and 1973
- Master 2 : 51-60 years old : born between 1972 and 1963
- Master 3 : 61-65 years old : born between 1962 and 1958
- Master 4 : ≥66 years old : born between 1957 and avant

Gender Categories

- Male
- Women

Pairs

Rank categories

- A : from 1st 1^{er} dan/poom
- B : 4^e – 1^{er} keup
- C : 8^e – 5^e keup
- D : 10^e et 9^e keup

Age categories

- Up to 11 years old: born in 2012 and after
- 12-14 years: born between 2011 and 2009
- 12-14 years : born between 2011 and 2009
- 15-17 years : born between 2008 and 2006
- 18-30 years : born between 2005 and 1993
- De 31 years : born between : 1992 and before

Rank categories

- 1 Men et 1 Women

Remark

- In the same pair, one of the participants can be of one

	<ul style="list-style-type: none"> category of age and/or higher grade (only one category). This pair then competes in the highest age and/or grade category.
Team	<u>Rank categories</u> <ul style="list-style-type: none"> A : From 1st dan/poom B : 4^e – 1^{er} keup C : 8^e – 5^e keup D : 10^e et 9^e keup <u>Age categories</u> <ul style="list-style-type: none"> Up to 11 years old : born in 2012 and after 12-14 years : born between 2011 and 2009 15-17 years : born between 2008 and 2006 18-30 years : born between 2005 and 1993 De 31 years see you : born between 1992 and before <u>Gender Categories</u> <ul style="list-style-type: none"> 3 Mens 3 womens <u>Remark</u> <ul style="list-style-type: none"> In the same Team, only one of the participants can be of a higher age category and/or grade (only one category). This Team then competes in the highest age and/or grade category.
Family	<u>Categories</u> <ul style="list-style-type: none"> No limitation of number, rank, age. Respondents from the same family <u>Remark</u> <ul style="list-style-type: none"> Free choice of two Poomsae to present. For this category, registration is done separately via: tkdane@hotmail.com , agostinofiori170361@gmail.com (to copie).
Para Taekwondo Individuel	<u>Rank categories</u> <ul style="list-style-type: none"> A : from 1st dan/poom B (4^e – 1^{er} keup), C (8^e – 5^e keup) and D (10^e à 9^e keup) <u>Age categories</u> <ul style="list-style-type: none"> 17 years and under : born in 2006 and after 18 years and more : born in 2005 et before <u>Gender Categories</u> <ul style="list-style-type: none"> Men Women
Free Style - Individuel	<u>Rank categories</u> <ul style="list-style-type: none"> A : from 1st dan/poom B (4^e – 1^{er} keup), C (8^e – 5^e keup) and D (10^e à 9^e keup) <u>Age categories</u> <ul style="list-style-type: none"> 17 years and under : born in 2006 and after 18 Years and more : born in 2005 et before

Gender Categories

- Men
 - Women
-

Free Style - Couple

Rank categories

- A : from 1st dan/poom
- B (4^e – 1^{er} keup), C (8^e – 5^e keup) and D (10^e à 9^e keup)

Age categories

- 17 years and under : born in 2006 and after
- 18 years and more : born in 2005 et before

Gender Categories

- Men
 - Women
-

Free Style - Equipe mixte

Rank categories

- A : from 1st dan/poom
- B (4^e – 1^{er} keup), C (8^e – 5^e keup) and D (10^e à 9^e keup)

Age categories

- All ages

Gender Categories

- 2 Mens et 3 Womens
- 3 Mens et 2 Womens

Remark

- Music of minimum 60 sec and maximum 100 sec. (on CD or USB key).
 - Compulsory positions: Dwit kubi, Beom seogi, Hakdari soegi
-

POOMSAE

Categorie A

- See Table A (below)
 - Draw
 - **The Poomsae to be presented will be posted from 24/04/2023**
 - - 1st round : 1 form
 - 2st round : 1 form
 - Final : 2 forms
-

Âge	A		
	Individuel	Pair	Team
... - 8	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo
9 - 11	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo		
12 - 14	Taegeuk 3, 4, 5, 6, 7, 8, Koryo, Keumgang	Taegeuk 3, 4, 5, 6, 7, 8, Koryo, Keumgang	Taegeuk 3, 4, 5, 6, 7, 8, Koryo, Keumgang
15- 17	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
18-30	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin
31 - 40	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon
41 - 50	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon		
51-60	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo		
61 - 65	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo		
66 - ...	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo		

Categorie B

- See Table A (below)
- A choice
 - 1st round : 1 form
 - 2st tour : 1 form
 - Final : 2 forms

Categorie C

- See Table A (below)
- A choice:
 - 1st round : 1 form
 - 2st tour : 1 form
 - Final : 2 forms

Remark

Competitors ranked 7th and 8th keup can perform the same poomsae twice over the 3 laps except in the final (where the poomsae are necessarily different). Example of authorized program: 1st round: Taegeuk 1, 2nd round: Taegeuk 2 and final: Taegeuk 1 and 2

Examples of unauthorized programs:

- 1st round : Taegeuk 1, 2st tour : Taegeuk 1 and final : Taegeuk 1 and 2
- 1st round : Taegeuk 1, 2^{ème} tour : Taegeuk 2 and final : Taegeuk 1 and 1

Catégorie D

- See Table A (below)
- Au choix :
 - 1st round : 1 form
 - 2ème round : 1 form
 - Final : 1 form
- Competitors can present the same Poomsae 3 times

Âge	B			C			D		
	Individuel	Pair	Team	Individuel	Pair	Team	Individuel	Pair	Team
... - 8	Taegeuk 4, 5, 6, 7, 8	Taegeuk 4, 5, 6, 7, 8	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
9 - 11	Taegeuk 4, 5, 6, 7, 8			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		
12 - 14	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
15 - 17	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
18-30	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
31 - 40	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
41 - 50	Taegeuk 4, 5, 6, 7, 8, 9			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		
51-60	Taegeuk 4, 5, 6, 7, 8, 9			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		
61 - 65	Taegeuk 4, 5, 6, 7, 8, 9			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		
66 - ...	Taegeuk 4, 5, 6, 7, 8, 9			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		