

5^{EME} OPEN INTERNATIONAL DE DREUX



18/19 AVRIL 2026

CATÉGORIE: BENJAMINS A SENIORS

PALAIS DES SPORTS DE DREUX

place du champs de foire 28100 dreux



DREUX
VILLE SPORTIVE

Vernouillet 28

MAINT
MAISON FAMILIALE

SIJAK
TAEKWONDO

Fresh distrib
Partenaire de Breilhoir



Mission Locale
DU DROUAIS

CROSSFIT
DREUX

DATE AND VENUE

Date : avril 18 - 19, 2026

Venue : palais des sports, place du champ de foire 28100 DREUX

COMPÉTITION MANAGER

Steven Quelenec : squeleennec@gmail.com

AGE AND WEIGHT CATEGORIES

The reference age for the entire sports season is the age of the licensed athlete as of December 31 of the calendar year following the start of the season.

Uniforms: white dobok with a white collar for Keup grades.

Electronic body protectors will be provided by the organizer.

BENJAMINS : born en 2017 & 2018.

Masculins : -21kg / -24kg / -27kg / -30kg / -33kg / -37kg / -41kg / -45kg / -49kg / +49kg

Féminins : -17kg / -20kg / -23kg / -26kg / -29kg / -33kg / -37kg / -41kg / -44kg / +44kg

- Required protections: shin guards, elbow guards, groin guard, head guard, gloves (mitts), foot protectors.
- System: Foot techniques to the body protector only.

MINIMES : born en 2015 & 2016.

Masculins : -27kg / -30kg / -33kg / -37kg / -41kg / -45kg / -49kg / -53kg / -57kg / +57kg

Féminins : -23kg / -26kg / -29kg / -33kg / -37kg / -41kg / -44kg / -47kg / -51kg / +51kg

- Required protections: shin guards, elbow guards, groin guard, head guard, mouth guard, gloves (mitts), foot protectors.
- System: Foot techniques to the body protector only.

CADETS : born en 2012 & 2014.

Masculins : -33kg / -37kg / -41kg / -45kg / -49kg / -53kg / -57kg / -61kg / -65kg / +65kg
Féminins : -29kg / -33kg / -37kg / -41kg / -44kg / -47kg / -51kg / -55kg / -59kg / +59kg

- Required protections: shin guards, elbow guards, groin guard, head guard with bubble, gloves (mitts), foot protectors.
 - System: Foot techniques to body protector and head.
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JUNIORS : born en 2009 & 2011.

Masculins : -45kg / -48kg / -51kg / -55kg / -59kg / -63kg / -68kg / -73kg / -78kg / +78kg
Féminins : -42kg / -44kg / -46kg / -49kg / -52kg / -55kg / -59kg / -63kg / -68kg / +68kg

- Required protections: shin guards, elbow guards, groin guard, head guard, gloves (mitts), foot protectors.
 - System: Foot techniques to body protector and head.
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SENIORS : born à partir de 2008.

Masculins : -54kg / -58kg / -63kg / -68kg / -74kg / -80kg / -87kg / +87kg
Féminins : -46kg / -49kg / -53kg / -57kg / -62kg / -67kg / -73kg / +73kg

- Required protections: shin guards, elbow guards, groin guard, head guard, gloves (mitts), foot protectors.
- System: Foot techniques to body protector and head.

WEIGH-IN & ACCREDITATION

Weigh-ins will take place on site from 12:00 p.m. to 4:00 p.m. on April 17, 2026. Decentralized weigh-ins will be organized in the Île-de-France departments under the supervision of referees.

Each competitor must present a valid medical certificate and a 2025–2026 season license; otherwise, participation will not be permitted.

Parental authorization in the passport is mandatory for minors. Accreditations will be issued during the weigh-ins.

CONDITIONS OF PARTICIPATION

For the smooth running of the competition, please ensure that you contact the head of refereeing by email at kawtharimam@gmail.com to submit your list of referees no later than April 1, 2026.

Any requests received after this deadline will not be taken into account, and referees will officiate on a voluntary basis.

Entry fee: €25 per fighter and coach. Free admission for the public.

Registrations must be completed on the website:
<https://www.martial.events/fr>

no later than April 8, 2026, at 11:59 p.m.

NOTE TO CLUBS

COMPETITION SCHEDULE

VENDREDI

- 12:00 p.m. to 4:00 p.m. Weigh-in for male cadets, juniors, and seniors at the Sports Palace.

SAMEDI

- 7:00 a.m. Opening of the Sports Palace.
- 7:30 – 8:00 a.m. Coaches' briefing and shared breakfast.
- 8:00 – 8:30 a.m. Presentation and information session for competitors.
- 9:00 a.m. – 5:30 p.m. Competition proceedings.
- 2:00 – 4:00 p.m. Weigh-in for female cadets, benjamins, and minimes.
- 6:00 p.m. End of the day.

DIMANCHE

- 7:00 a.m. Opening of the Sports Palace.
- 7:30 – 8:00 a.m. Coaches' briefing and shared breakfast.
- 8:00 – 8:30 a.m. Presentation and information session for competitors.
- 9:00 a.m. – 5:30 p.m. Competition proceedings.
- 6:00 p.m. End of the day.

REGULATIONS

Payments for clubs: by April 8, 2026.

By bank transfer:

IBAN: FR76 1440 6101 1590 0140 2521 866

BIC: AGRIFRPP844

By cheque: payable to COBRA TEAM

43 rue de Beauce

28800 Pré-Saint-Évroult