

# Coaches guidelines and rules of competition 3rd Range Open Online Poomsae Championship 2022

# 1. Categories and cut-off system

# Different categories.

- Dan/poom
- K3, K2, K1 : only preliminaries and finals, no semi-finals!!
  - o K3 (10<sup>th</sup>-7<sup>th</sup> kup):
    - form is competitor's choice
    - can repeat forms, also in the same round
  - o K2 (6<sup>th</sup>-3<sup>th</sup> kup):
    - form is competitor's choice
    - cannot repeat any form. All forms in both rounds must be different
  - o K1 (2<sup>th</sup>-1<sup>th</sup> kup):
    - compulsory forms
- Family:
  - o at least two generations (so brother and sister alone is not allowed!)
  - o unlimited number of competitors,
  - o Immediately finals
  - o 2 forms recorded, own choice

# Cut off system

- Preliminary:
  - o Dan:
    - if > 20 competitors present in the category
    - 50 % goes to SF
  - o K1/K2/K3:
    - if > 12 competitors present in the category
    - top 8 go to Finals
- Semi-finals :
  - Only for Dan, not for K1/K2/K3!!
  - $\circ~$  If only 20 or less competitors in category, immediately semi-finals, otherwise 50 % of the Preliminaries
  - o Top 8 go to finals
- Finals:
  - o Dan: 10 or less: immediately finals
  - o K1/K2/K3:12 or less: immediately finals
  - Otherwise top 8 of SF (Dan) or Preliminaries (K1/K2/K3)



#### 2. Deduction rules for online Championships

## 0.3 points deduction from accuracy

- If the athlete does not have adequate space to perform the poomsae and takes an extra step to get around any objects in the room.
- Every time a body part cannot be seen by the referees as the participant moves beyond the camera's view.
- Each hand and or feet movement cannot be seen by referee due to poor lighting (i.e., backlighting, lighting too bright/dim, etc).
- Each kihap cannot be heard by referee as participant fails to turn on his/her microphone before performance.

## • 0.3 points deduction from the final score

• Overtime (more then 90 seconds)

#### 0.6 points deduction from accuracy

- Person or pet coming into the field of play while executing poomsae.
- Whole body cannot be seen by referee.

## 0.6 deduction from accuracy of the first form

- Video in portret mode instead of landscape mode
- Both poomsae are switched (f.i. video sequence is 6 and 8, and should be 8 and 6)
- Members of the family poomse do not belong to different generations

#### • 0 score for accuracy and 1.5 presentation

- Performing the wrong form (f.i. 4 and 9 compulsory, competitor performs 3 and 9)
- Only for K2: performing twice the same form although it must be two different forms: second form 0 and 1.5
- The video is recorded in mirror

## • 0.6 points deduction from final score of the first form

- Wearing incorrect Dobok and incorrect belt
- Wearing shoes or socks
- Wearing jewellery or wrist bands

## Disqualification

- Video that has been edited or shows proof of editing.
  f.i. both forms are recorded separately and then put together
- Submission of wrong videos to wrong division.
- Display of political, religious and non-recognized NOC flags.
- Movement of camera during performance(up/down and zoom in/out)
- Only one taegeuk/poomsae recorded in the video
- A coloured belt competing in a poom- or black belt category