



This February 16, 2025, come and enjoy Liège hospitality by taking part in a competition organized by a dynamic team experienced in this type of event.

To our credit, the 2015 Belgian championship, the co-organization of Ans Trophy and the Koryocup 2022.

We chose the Fléron sports hall which offers a very large surface area allowing us to accommodate eight combat areas for 800 competitors and having 1500 seats for spectators, two large car parks and a large dining room with a view of the combats.

The entire organizing team wishes you a wonderful experience in the joy and good humor characteristic of our beautiful city of Liège nicknamed "the Ardent City", with lots of success and medals.

And let's not forget: "Sport is above all a story of friendship."

The staff of "Koryo Grâce-Hollogne":

- Didier Lebon: President of the province of Liège, trainer
- Fabio De Simone: Combat trainer, international Kyorugi coach
- Musa Duzgun: Assistant Coach

OPEN DE LIÈGE 2025 (3rd edition)

Kyorugi

PLACE AND DATE

Date Sunday 02/16/2025
Sports hall Fléron Sports Area
Address Avenue of the Sports Space, 4 4620 Fléron

ORGANIZATION

Organizers



Koryo Grâce-Hollogne

Contact

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Fabio De Simone
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Technical Delegate

Abdelhak Chbib

Promoter



Belgian French-speaking Taekwondo Association
(ABFT asbl)
Wavre road 2057
1160 Auderghem - Belgium
www.abft.be

Access



The competition is open to clubs and federations that are members of World Taekwondo.

REGISTRATIONS

Registration deadline ÿ No registration is possible after **02/08/2025 at 11:59 p.m.**

Online registration

ÿ Registrations are only possible on www.martial.events



Places available

ÿ **800** places maximum

Registration fee	<p>ÿ €40 / competitor ÿ To be paid before 02/08/2025 at 11:59 p.m. ÿ Only by bank transfer to the account</p> <p style="text-align: center;">BE84 0635 4546 2559 Koryo Grâce-Hollogne BIC: GKCCBEBB</p> <p>ÿ With communication</p> <p style="text-align: center;">OL 2025 + Kyorugi + Club name</p> <p>ÿ Please send us proof of payment (screenshot of the transaction) to dalai-lama64@hotmail.com</p> <p>ÿ Registration fees must be paid for all registered competitors. ÿ After the registration deadline, no refunds are possible. ÿ No registrations are made on the day of the competition. ÿ</p> <p>A competitor cannot compete in several categories on the same day. ÿ Entry is free for one coach</p>
Coach	<p>for every 5 competitors.</p> <ul style="list-style-type: none">- From 1 to 5: 1 coach- From 6 to 10: 2 coaches- From 11 to 15: 3 coaches- ... <p>ÿ Each additional coach costs € 10 .</p>
Terms	<p>ÿ The organizer is not responsible if a competitor is alone in his category. ÿ No refund will be made.</p>
Spectators	<p>ÿ €8 / person ÿ Free for children under 6 years old.</p>
Weighing	<p>ÿ Each competitor must present their license booklet at the weigh-in.</p> <p>Seniors and masters ÿ Senior and master competitors present themselves alone at the weigh-in. ÿ An excess of 99 gr is tolerated at the weigh-in.</p> <p><i>Examples: -</i></p> <p style="padding-left: 40px;"><i>A competitor weighing 58.0 kg is in the -58 kg category. -</i></p> <p style="padding-left: 40px;"><i>A competitor weighing 58.1 kg is in the -63 kg category.</i></p> <p>Beginners, juniors, cadets and juniors ÿ Coaches can accompany juniors, cadets and juniors to the weigh-in. ÿ As they are forbidden from weighing themselves naked, an excess of 199 g is tolerated in these groups.</p>

Change of category	<p><u>Paid</u></p> <p>ÿ After the registration deadline, in case of overweight or incorrect registration, category changes are only permitted during the official weigh-in and are subject to a charge.</p>
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Each change of category costs €10 to be paid at the registration table.

ÿ Based on the presentation of proof of payment (receipt), the Martial. Events manager gives the coach a new competitor card. The competitor is automatically placed in his new category, he does not have to go through the weigh-in again.

Free

ÿ When they are alone in their category, beginner, junior, cadet, junior, senior and master competitors can move up one weight category. This request must be made only by the coach to Martial. Events.

Prohibited ÿ Neither at registration nor at check-in on the day of the competition: •

- No competitor is authorized to get on or off the age category.
- No C competitor is allowed to move up a category grade.
- No AB competitor is allowed to move down a category grade.

CATEGORIES

Ages	<p>Beginners (7-8 years): born in 2017 and 2018</p> <p>Minimes (9-11 years old): born in 2014, 2015 and 2016</p> <p>Cadets (12-14 years old): born in 2011, 2012 and 2013</p> <p>Juniors (15-17 years): born in 2008, 2009 and 2010</p> <p>Seniors (17-34 years): born between 2008 and 1990</p> <p>Masters (35+ years): born before 1990</p>
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Grades	<p>Category C: 8th to 5th keup</p> <p>Category AB: from 4th keup</p>
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Weight	<p>Girls beginners: -20, -22, -24, -26, -28, -30, -32, -34, -36, +36kg</p> <p>Boys beginners: -20, -22, -24, -26, -28, -30, -32, -34, -36, +36kg</p> <p>Girls' juniors: -24, -27, -30, -33, -36, -40, -44, -48, 52, + 52kg</p> <p>Boys' juniors: -24, -27, -30, -33, -36, -40, -44, -48, 52, + 52kg</p> <p>Girls cadets: -29, -33, -37, -41, -44, -47, -51, -55, -59, +59kg</p> <p>Boys cadets: -33, -37, -41, -45, -49, -53, -57, -61, -65, +65kg</p> <p>Junior girls: -42, -44, -46, -49, -52, -55, -59, -63, -68, +68kg</p> <p>Junior boys: -45, -48, -51, -55, -59, -63, -68, -73, -78, +78kg</p> <p>Senior women: -46, -49, -53, -57, -62, -67, -73, +73kg</p> <p>Senior men: -54, -58, -63, -68, -74, -80, -87, +87kg</p> <p>Women's Masters: -49, -57, -67, +67kg</p> <p>Men's Masters: -58, -68, -80, +80kg</p>
COMPETITION	
Ethical sport	<p>Each participant in this competition undertakes to respect the rules of their sport, the ABFT charter of good sporting behaviour in competition and the charter of the sports movement of the Wallonia-Brussels Federation: https://www.abft.be/reglements-bonnespratiques/</p>
Kind	Knockout table.
Duration of fights	<p style="text-align: center;">!!! Best of 3 rounds!!!</p> <p>Beginners: 3 x 1 minute (60 second break) 3 x 1 minute</p> <p>Minimes: (60 second break) 3 x 1 minute (60 second break) 3 x 1.30 minutes (60 second break) 3</p> <p>Cadets C: x 1.30 minutes (60 second break) 3 x 2 minutes</p> <p>AB Cadets: (60 second break) 3 x 2 minutes (60 second break)</p> <p>Juniors: C Juniors A/B</p> <p>Seniors: Master 3x 1.30 minutes (60 second break)</p> <p><i>Note:</i> Depending on the progress of the competition, these times may be modified by the technical delegate of the competition.</p>
Combat areas	8 octagonal combat areas
Competition Rules	The latest WT competition regulations and the ABFT adaptations: https://www.abft.be/reglements-bonnespratiques/

Electronic breastplate	• The competition takes place with “ Daedo ” electronic breastplates GEN 2 for all categories and electronic helmets for categories in which head touches are permitted. • Each competitor must bring their own Daedo gloves. • Competitors who do not touch the head must bring their own helmet.
Video replay	Video replay only for juniors and seniors C, and all cadets, juniors, seniors and masters AB.
Referees	International (IR-WT) and national arbitrators

Individual Awards • The 1st, 2nd and 3rd in each category receive a gold, silver and bronze medal respectively. • The medals are awarded at the end of the fights.

13 cups will be awarded : • 3

best clubs A/B

• 3 best clubs C

• Top 5 General Clubs

- The Fair Play Cup • The Best Referee Cup

18 trophies will also be awarded to the best competitor • Best pupil girl / boy

- Best junior girl/boy
- Best cadet C girl / boy
- Best cadet A/B girl/boy
- Best junior C girl / boy
- Best junior A/B girl boy
- Best senior C girl / boy
- Best senior A/B girl/boy
- Best Master girl / boy

Team Rewards	For the final team ranking, points are awarded in accordance with the WT competition regulations.
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CONTESTATION

Only the head coach can file a complaint immediately after the end of the fight. He will fill out the form provided by the organizer.

A sum of €100 will be paid for each dispute. This sum will be refunded if the coach wins the case. The decision of the head referee is the only valid one. Competition rules and dispute form: <https://www.abft.be/reglements-bonnespratiques/>

PROGRAM

Saturday 02/15/2025

5:00 p.m. - 8:00 p.m. Check- in

5:00 p.m. - 8:00 p.m. Weigh-in (for all competitors)

Sunday 02/16/2025

7:00-8:30 Registration (for all beginners, juniors and cadets C)

7:15-9:00 Weigh-in (for all beginners, juniors and cadets C)

07:00-11:00 Registration (for AB cadet, junior, senior and master competitors)

10:00-12:00 Weigh-in (for AB cadet, junior, senior and master competitors)

9:00-9:30 Referees briefing

9:30-9:45 Coaches briefing

10:00 a.m. Start of the fights (for beginners, juniors and cadets C)

1:30 p.m. Start of the fights (for cadet AB, junior, senior and master competitors)

INSURANCE AND SECURITY

Competitors

ÿ Each competitor must be in possession of their valid insurance license for the current year. ÿ Competitors must be in possession of their identity card or passport. ÿ Each competitor participates in this competition at their own risk. ÿ The organizers and the ABFT decline all responsibility in the event of physical damage, acts of violence, injuries and theft.

Headshots

ÿ Head touches are prohibited for all beginners, juniors and cadets C. ÿ Head touches are authorized from cadets AB as well as for all juniors, seniors and masters.

Coach

ÿ The coach must be over 18 years old. ÿ He must wear sportswear (training and sports shoes) to coach. ÿ He must be in possession of his identity card or passport. ÿ Coaches from a BTF member federation (ABFT-TKDV - TVDSG) **must be in possession of their national coach card** or **WT**. ÿ The coach must be in possession of his insurance license valid for the current year.

Protections	ÿ All protections provided for in the WT regulations are mandatory for all categories (helmet, mouth guard, forearm guard, gloves, shell, shin guard and pits) even for categories where touching the head is prohibited. ÿ The visor is authorized but not mandatory for all minimes and cadets.
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First aid	A doctor is present throughout the competition.
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FACILITIES

Accessibility	The multi-sports hall is located 6 km from the E42, exit "Fleron Herve Soumagne".
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Parking	2 free car parks (800 spaces) accessible in the immediate vicinity of the sports hall.
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Restoration	ÿ The organizer offers snacks and light meals in the lobby cafeteria.
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Hotel	See hotel guide in appendix
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Material	Adisport and Budo House stores will have a stand during the event.
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Airport/train station	ÿ Brussels Airport (BRU) is located 102 km from the sports hall. ÿ Charleroi Airport (CRL) is located 97 km from the sports hall. ÿ Liège-Guillemin train station is located 11 km from the sports hall and is located opposite the hotels mentioned below.
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