

OPEN INTERNATIONAL GRAND EST DE TAEKWONDO 2017

Benjamins, Minimes, Cadets, Juniors, Seniors, Veterans
Saturday, December 16th and Sunday, December 17th 2017
Parc des Sports de Vandoeuvre rue Gembloux 54 500 VANDOEUVRE-les-Nancy

1) Categories (kg) and Details of the competition :

Contest Area : 8mx 8m	
Uniform : Dobok with white collar for Keups, red/black collar for Poom holders and black collar for Dans holders	
System : Kick to the trunk protector and the head protector, punch to the trunk protector	
Protections : Shin guards, Daedo electronic sensing socks, forearm guards, groin guard, hand protectors, head protectors, mouthpiece (obligatory for juniors, seniors), electronic trunk protector (at the contestants' disposal by the organization)	
BENJAMINS : born in 2008 & 2009	
Duration of the contest : 3 x 1mn with a 30s rest period Kick and punch to the trunk only	
Men	-21Kg/24Kg/ -27Kg /-30 Kg /-33 Kg / -37 Kg/-41 Kg /-45 Kg /-49 Kg /+49 Kg
Women	-17 Kg / -20 Kg / -23 Kg / -26 Kg /-29 Kg / -33 Kg /-37 Kg /-41 Kg /-44 Kg /+44 Kg
MINIMES : born in 2007 & 2006	
Duration of the contest : 3 x 1mn with a 30s rest period Kick and punch to the trunk only	
Men	-27Kg /-30 Kg /-33 Kg /-37 Kg /-41 Kg / -45 Kg /-49 Kg /-53 Kg /-57 Kg /+57 Kg
Women	-23 Kg / -26 Kg / -29 Kg / -33 Kg /-37 Kg / -41 Kg /-44 Kg /-47 Kg /-51 Kg /+51 Kg
CADETS : born in 2005 & 2004	
Duration of the contest : 3 x 1mn30 with a 1mn rest period Kick to the trunk and head, punch to the trunk	
Men	-33Kg/-37 Kg /-41Kg /-45 Kg /-49 Kg / -53 Kg /-57 Kg /-61 Kg /-65Kg /+65 Kg
Women	-29 Kg / -33 Kg / -37 Kg / -41 Kg /-44 Kg / -47 Kg /-51 Kg /-55 Kg /-59 Kg /+59 Kg
JUNIOR : born in 2003, 2002, 2001	
Kick to the trunk and head, punch to the trunk	
Duration of the contest : 3 x 2mn with a 1mn rest period	
Men	-48 Kg /-55 Kg /-63 Kg /-73kg /+73 Kg
Women	-44 Kg / -49 Kg / -55 Kg /-63 Kg /+63 Kg
SENIORS born in 2000 and earlier	
Kick to the trunk and head, punch to the trunk	
Duration of the contest : 3 x 2mn with a 1mn rest period	
Men	-58 Kg /-68 Kg /-80 Kg /+80Kg
Women	-49 Kg /-57 Kg /-67 Kg /+67 Kg
VETERANS born in 1988 and earlier	
Kick to the trunk and head, punch to the trunk	
Duration of the contest : 3 x 1mn30 with a 30s rest period	
Men	-58 Kg /-68 Kg /-80 Kg /+80Kg
Women	-49 Kg /-57 Kg /-67 Kg /+67 Kg

2) Conditions of participation :

All French clubs must be affiliated to the FFTDA and up to date with their subscription.

Foreign clubs must be affiliated to their national federation affiliated to the WT.

All contestants will have to have their federal passport in order in their possession : including membership licence, medical certificate and parental consent (for minors), gradings sheet.

3) Registration :

The closing date for registration is **December 11, 2017 at the latest via the following site**
<https://www.martial.events/fr>

Registration fee of 15 € by contestant and by coach will have to be paid to the order of Ligue Grand Est de Taekwondo.

Spectators : entry fee 2€ Free for members of FFTDA

Payment must be made before the beginning of the competition by bank transfer or can be sent by check to the order of
LIGUE GRAND EST DE TAEKWONDO
Maison des Sports 4 rue Mentelin 67000 STRASBOURG

4) Coaches :

Coaches must wear a **sweat suit and sport shoes**, own a sport passport in order, be older than 18 years old. Coaches must take a transparent water bottle and a white towel. Contestants will not be able to act as coach.

5) Referees :

The referees' meals are taken care of by the organizing committee provided that the referees registered with the Refereeing Official, Mr. EL KAMEL elkamel_75@yahoo.fr

6) Protest :

Only the official coach has authority to protest immediately after the end of the contest (within 10 minutes). A penalty of 200 € will be paid to lodge a complaint.

7) Awards :

One medal for the contestants who come equal 1st; 2nd and 3rd by category. The awards will be received at the end of each final.

8) Electronic sensing socks : Sensing socks will be sold on site. Heelpieces will not be allowed.

LIGUE GRAND EST TAEKWONDO et D.A.

ALSACE CHAMPAGNE-ARDENNE LORRAINE

Accreditation cards and Schedule :

Saturday, December 16th 2017 : Parc des Sports de Vandoeuvre

11:00 - 12:00

Collecting of accreditations cards :

The clubs leaders or their appointed representatives will have to come with **complete sport passports of ALL their contestants** (including appended medical certificate – membership licence of the current year – parental consent for minors).

11:00 - 13:00

Weigh-in of Juniors Seniors Veterans (outside département 54)

13:30 – 14 :00 :

Presentation of Squads and refereeing instructions.

14:00

Beginning of contests for Juniors Seniors Veterans Categories

17:00 – 18:30

Weigh-in of Cadets Minimes Benjamins

19:30

End of contests and medal awarding ceremony

Sunday, December 17th 2017: Parc des Sports de Vandoeuvre

8:30 – 9:00

Collecting of accreditations cards :

The clubs leaders or their appointed representatives will have to come with **complete sport passports of ALL their contestants** (appended medical certificate – membership licence of the current year – parental consent for minors).

8:30 – 9:30

Weigh-in of Cadets Minimes Benjamins (outside département 54)

10:00 :

Beginning of contests for Cadets Minimes Benjamins Categories

17:00 :

End of contests and medal awarding ceremony

Ligue GRAND EST reserves the right to change the above mentioned parameters or schedule.

DEPOSIT SLIP

QUANTITY	REGISTRATION FEE	UNIT PRICE	TOTAL
	Contestants	15€€
	Coaches		

Payment by Check:

Bank : _____ Check number : _____ Date : _____

To the order of LIGUE GRAND EST DE TAEKWONDO

Address: Ligue Grand Est de Taekwondo- Maison des Sports- 13 rue Jean Moulin- 54510 TOMBLAINE - FRANCE

Payment by Bank Transfer :

Bank : SOCIETE GENERALE		Holder : LIGUE GRAND EST DE TAEKWONDO	
Bank	Counter	Account number	Personal code
30003	01466	00050038013	35
IBAN		BIC	
FR76 3000 3014 6600 0500 3801 335		SOGEFRPP	