



We invite and welcome you, our British
Taekwondo Kyorugi family, to the 2025 National
Championships as we return to the English Institute
of Sport (EIS) in Sheffield for the fourth year.

It's been a great year of growth for Kyorugi already in 2025 with the re-launch of the British Open in March and in May the exciting news that the World Taekwondo Grand Prix will return to the UK in 2027.

And now our own National Kyorugi Championship takes centre stage to showcase the best of British talent.
With categories and divisions spanning all ages and Novice and Advanced ability, you, the British Taekwondo Kyorugi community will excite and inspire as you take to the mats and compete to become British Champion.

Once again, we hope the competition will embody the values of British Taekwondo, Excellence, Integrity, Unity and Inspiration. We all have a role to play as leaders in our communities and clubs to champion Taekwondo and bring new people to our sport.

I wish each of you the best of luck and hope Sheffield provides a platform for success as you pursue your sporting ambitions and create fantastic memories.

#### **lan Leafe**

**Chief Executive Officer** 





## Welcome

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## **OVERVIEW**

VENUE: **EIS Sheffield** 

Coleridge Road, Sheffield S9 5DA

**DATES:** 

**SATURDAY** 4th October **SUNDAY** 5th October



## **TIMETABLE**

The timetable for the British Taekwondo National Kyorugi Championships will be published online on the British Taekwondo website: <a href="https://www.britishtaekwondo.org.uk/2025-british-taekwondo-national-kyorugi-championships/">www.britishtaekwondo.org.uk/2025-british-taekwondo-national-kyorugi-championships/</a>

The version of the timetable on the British Taekwondo website will be the only 'official' version, and British Taekwondo will only ever send out links to the webpage to ensure that there are no out of date documents in circulation.

If changes to the schedule are made, they will be first updated on the event webpage. Then notifications will be posted in the following locations:

- Email to instructors and coaches
- Event WhatsApp channel >
- British Taekwondo social channels.

## **Weekend Overview**

Saturday **04 October** 

All Advanced categories

#### Sunday 05 October

- All Novice categories
- All Veteran categories
- All Para Taekwondo categories

British Taekwondo National Kyorugi Championships **Whats channel** 



## Daily Schedule & Running Order

Matches will commence at 0900 on both days of competition.

Courts will close on a rolling basis for a 45-minute lunch break from 1200. Announcements will be made on the day to confirm the time and final matches before the lunch break.





All competitors must be UK passport holders or residents in the United Kingdom (including Crown Dependencies and Overseas Territories).

If you have any issues with membership, please ask your club coach/instructor to contact British Taekwondo membership services on *membership.services@britishtaekwondo.org* or call *0161 697 5330* 

## Coaches

All registered coaches must hold a valid British Taekwondo coach membership.

The minimum age for a coach is 18 years old.

Coaches must bring and show PHOTO identification at registration to collect coach passes and team packs. Acceptable forms of photo ID include up to date GAL/GOL cards, government issued identification such as passport or driving licence.

Coach accreditation must be collected in person and can only be handed out to the named coach. Coaches cannot collect accreditation on behalf of another coach.

Coaches must have up to date background checks logged on MyClubHub.





Acceptable forms of photo ID include up to date GAL/GOL cards, government issued ID such as passport, driving licence or other forms of government approved photographic ID such as CitizenCard. CitizenCard is free to apply for U16s.

Competitors must bring and show photographic identification at weigh in.

You can apply for a CitizenCard here: https://tinyurl.com/3fnwp98y

Library cards, bus passed, student cards and non-photographic documents are not accepted forms of ID for competitors.

The organiser reserves the right to accept or reject any forms of identification at its discretion.

## **Technical Officials**

All referees and judges present at the event will be appropriately qualified and have passed the required audit checks undertaken by British Taekwondo membership services.

Invitations to express an interest in participating in this event will be sent to all qualifying referees by the British Taekwondo Sport Referee Department.

Any enquiries relating to this event should be sent to **operations.sportreferees@britishtaekwondo.org** 







### **WEIGHT DIVISIONS**

## **SATURDAY 4TH OCTOBER**

## **Advanced Divisions**

- Pee Wee, Child and Cadet match time: 3 x rounds of 1 minute and 30 seconds.
- Junior and Senior match time: 3 x rounds of 2 minutes
- As per WT rules, semi-finals and finals of all Senior divisions will have no point gap. Point gap will apply for all other divisions.
- There will be no merging of weight categories under any conditions. If there is only one athlete in a division that athlete will win the division and be awarded the gold medal.

## Pee Wee 2nd KUP and above

Born in 2017 or later

**Pee Wee Male:** -18kg, -20kg, -22kg, -24kg, -26kg, -30kg, +30kg **Pee Wee Female:** -18kg, -20kg, -22kg, -24kg, -26kg, -30kg, +30kg

### **ADVANCED CHILD 2nd KUP & above**

Born in 2014, 2015, 2016

**Child Male:** -24kg -26kg -29kg -32kg -36kg -40kg -44kg -48kg +48kg **Child Female:** -24kg -26kg -29kg -32kg -36kg -40kg -44kg -48kg +48kg

#### **ADVANCED CADETS 2nd KUP & above**

Born in 2011, 2012, 2013

**Cadet Male:** -33kg -37kg -41kg -45kg -49kg -53kg -57kg -61kg -65kg +65kg **Cadet Female:** -29kg -33kg -37kg -41kg -44kg -51kg -55kg -59kg +59kg

#### **ADVANCED JUNIORS 2nd KUP and above**

Born in 2008, 2009, 2010

**Junior Male:** -45kg -48kg -51kg -55kg -59kg -63kg -68kg -73kg -78kg +78kg **Junior Female:** -42kg -44kg -46kg -49kg -52kg -55kg -59kg -63kg -68kg +68kg

## **ADVANCED SENIORS 2nd KUP and above**

Born 2008 or before

**Senior Male:** -54kg -58kg -63kg -68kg -74kg -80kg -87kg +87kg **Senior Female:** -46kg -49kg -53kg -57kg -62kg -67kg -73kg +73kg







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### **SUNDAY 5TH OCTOBER**

#### **Novice Divisions**

- All matches on Sunday will be 3 x rounds of 1 minute 30 seconds, including finals.
- 12-point gap rule will apply in all finals.
- There will be no merging of weight categories under any conditions. If there is only one athlete in a division that athlete will win the division and be awarded the gold medal.

## **Novice Eligibility**

If a player meets any of the following criteria they are not eligible to compete as a Novice:

- Has historically competed at British Taekwondo National Championships 4+ times
- Has participated in the GB Taekwondo Talent Draft or selected for GB Taekwondo development team
- Kyorugi GAL Card Holder
- Competed internationally in any other martial art (e.g. Kickboxing, ITF, Karate etc).

If any of the above apply but you are between 9th – 3rd Kup – you must compete in an Advanced category. Your club will need to promote you to 2nd Kup or above to enable you to compete.

## Pee Wee 9th KUP to 3rd KUP

Born in 2017 or later

**Pee Wee Male:** -18kg, -20kg, -22kg, -24kg, -26kg, -30kg, +30kg **Pee Wee Female:** -18kg, -20kg, -22kg, -24kg, -26kg, -30kg, +30kg

## Child 9th KUP to 3rd KUP

Born in 2014, 2015, 2016

**Child Male:** -24kg -26kg -29kg -32kg -36kg -40kg -44kg -48kg +48kg **Child Female:** -24kg -26kg -29kg -32kg -36kg -40kg -44kg -48kg +48kg

## Cadet 9th KUP to 3rd KUP

Born in 2011, 2012, 2013

**Cadet Male:** -33kg -37kg -41kg -45kg -49kg -53kg -57kg -61kg -65kg +65kg **Cadet Female:** -29kg -33kg -37kg -41kg -44kg -47kg -51kg -55kg -59kg +59kg









## **Junior 9th KUP to 3rd KUP**

Born in 2008, 2009, 2010

**Junior Male:** -45kg -48kg -51kg -55kg -59kg -63kg -68kg -73kg -78kg +78kg Junior Female: -42kg -44kg -46kg -49kg -52kg -55kg -59kg -63kg -68kg +68kg

## Senior 9th KUP to 3rd KUP

Born 2008 or before

**Senior Male:** -54kg -58kg -63kg -68kg -74kg -80kg -87kg +87kg **Senior Female:** -46kg -49kg -53kg -57kg -62kg -67kg -73kg +73kg

#### **VETERAN DIVISIONS**

## **Veteran 4th KUP and above**

Born 1990 or before

**Senior Male:** -58kg -68kg -80kg +80kg **Senior Female:** -49kg -57kg -67kg +67kg

## PARA TAEKWONDO DIVISIONS

Para Taekwondo will be contested in three Sport Classes:

**K43** – single limb impairment

K44 – double limb impairment

**K60** – deaf / hearing impairment

#### Para Senior 8th KUP and above

Born 2008 or before

**Senior Male:** -58kg -63kg -80kg +80kg

**Senior Female:** -47kg -52kg -57kg -65kg +65kg

Para Taekwondo athletes who do not have a confirmed World Taekwondo Sport Class must complete and submit the Medical Diagnostic Form alongside any supporting documents to *disability@britishtaekwondo.org* 

For more information or questions about classification and sport classes please contact British Taekwondo by emailing: **disability@britishtaekwondo.org** 

The competition will take place under World Para Taekwondo rules & regulations. There will be no merging of weight categories under any conditions. If there is only one athlete in a division that athlete will win the division and be awarded the gold medal.





# APPLICATIONS Application Link

All applications are to be made online at Martial Events: https://www.martial.events/en/events/british-national-taekwondo-championships-kyorugi-2025

The email address you register with is the email address we will use to communicate with you. Please ensure that you use the correct email address for your club when registering.

All coaches are responsible for ensuring their players weight and entry details are correct. No refunds will be given should any player be disqualified or not wish to pay the administration fee to move weight groups.

All information must be entered when registering players. Any player found not to have entered membership numbers and all other requested information will be removed from the system.

Please note, any club that has players remaining in the online system at the deadline will be responsible for paying the full entry fee even if that player does not compete.





OPENING AND CLOSING DATES

be paid in cash.

The entry portal for all categories will open on Monday 28 July 2025.

of the weigh in. Please note that the weight change fee cannot

The entry portal will close at 1200 midday on Monday 08 September 2025.

There is no cap on entry numbers for this event.

Players can be registered at any time during the registration process. Therefore, we encourage club coaches and instructors to only register players who will definitely compete at the event, and to ensure that all entry information is completed in full.

After the closing date, a waiting list will be available for late entrants. Joining the waiting list does not guarantee a place in the competition.









## **COACH ACCREDITATION**

Coaches MUST hold a current British Taekwondo Membership, Instructors Indemnity Insurance and must possess a valid criminal records check (DBS, PVG, Access NI).

Coach accreditation will only be issued if the coach's membership information is completed in full online before the end of the registration period. Once the registration deadline has passed no further coaches will be added to the system.

All coaches must register online prior to the deadline date. All information must be given online, or coaches will be removed from the system.

No. of athletes	No. of Allocated Coaches Passes	
1 -5	2	
6-10	3	
11 -15	4	
16-20	5	
20-25	6	
Every additional 5-players will gain 1 additional free coach pass.		

Additional coaching passes may be purchased for £25 each. Clubs should register additional coaches above the quota of free coach passes on the entry system. British Taekwondo will send an invoice by email at the end of the registration period. The balance for additional coach passes must be paid within 7-days of the end of the registration period or the additional coaches will be removed from the system.

Additional coach passes cannot be purchased at the event.

Coaches will only be permitted at ringside if they have an athlete competing. Coaches may only attend court at the ringside coach positions and must leave the field of play immediately at the end of the match.

Coaches must wear appropriate attire - refer to section 4.3 of the British Taekwondo Field of Play (FOP) Protocol policy.







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## **Misuse of Accreditation**

Accreditation is only valid for the individual whose name and image is on the accreditation pass. Any person found using an accreditation pass other than their own will be ejected from the event immediately and the pass will be confiscated and destroyed.

Any person found in area their accreditation pass does not permit them to enter will have their pass confiscated and may be asked to leave the event.

Any person without accreditation found in an area that requires accreditation will be asked to leave the event.



## REGISTRATION, WEIGH IN, DRAWING LOTS AND RANDOM WEIGH IN

## Registration and Weigh In

All registration and weighs in will take place at the competition venue.

Registration:		
Friday 03 October:	1430 - 2000	
Saturday 04 October:	0700 - until competition finishes for the day	
Sunday 05 October:	0700 - until competition finishes for the day	
Weigh In		
Friday 03 October:	1500 - 2000	Mandatory weigh in for athletes competing on Saturday. Also open to athletes competing on Sunday
Saturday 04 October:	1300 - 1600	Open only to athletes competing on Sunday

Athletes competing on Sunday can weigh in on Friday or Saturday. If they weigh in on Friday, they do not need to weigh in again on Saturday.

Athletes are advised to consult British Taekwondo's Policy on Making Weight for Training and Competition.





immediately after the weigh-in closes at 8pm on Friday.

The drawsheets for Saturday will be published and sent to coaches from 9pm onwards.

Coaches should pay particular attention to those athletes competing in the first few matches on each court and ensure they are at the venue in good time to warm up and prepare.

A further drawing of lots for Sunday's weight groups will take place at the venue on Saturday at approximately 5pm following the completion of the weigh-in.

The drawsheets for Sunday will be published and sent to coaches after competition has finished on Saturday.

A full set of draw sheets will be posted online on the British Taekwondo website here: https://www.britishtaekwondo.org.uk/2025-britishtaekwondo-national-kyorugi-championships/

Instructors will receive an email from British Taekwondo when the drawsheets have been published with a link to the webpage.

Drawsheets and other official event documents will also be posted into the event WhatsApp channel. There will be no seeding at this event.







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## Random Weigh In

Random weigh in will take place for Advanced Cadet/Junior/Senior age categories excluding + weight categories. Random weigh in will follow World Taekwondo protocol:

No. of athletes	Amount selected for Random weigh in
>32	20% of total Athletes
17 - 32	6 Athletes
9 - 16	4 Athletes
4 - 8	2 Athletes
<4	0 Athletes

The random weigh in will take place at 0800 on Saturday 4th of October at the competition venue. The athletes list for random weigh in will be posted on the British Taekwondo website here:

https://www.britishtaekwondo.org.uk/2025-british-taekwondonational-kyorugi-championships/

Instructors will receive an email from British Taekwondo when the random weigh list has been published with a link to the webpage.

The random weigh in list and other official event documents will also be posted into the event WhatsApp channel.

The random weigh in lists will be published at 0600 on Saturday 4th of October, 2 hour before the random weigh in commences. Random weigh in will last for 30-minutes, 0800-0830.

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### **COMPETITION RULES**

Full World Taekwondo Competition Rules will be applied as per new rules adopted 30th September 2024.

- All athletes will be provided with a KPNP Electronic body protector and e-headguard.
- All athletes should bring their own KPNP socks and other PPE/equipment.

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## **DOPING CONTROL**

British Taekwondo and its members are subject to the World Anti-Doping Code and the list of prohibited substances and methods in force at the time of the event.

Doping control may be undertaken at random.





## **Team Awards**

Team trophies will be presented to the 1st, 2nd and 3rd Place teams each day for Advanced competition, Novice competition and Para competition.

An Overall Best Team trophy for 1st, 2nd and 3rd place team will be presented at the end of the second day.

Team awards are calculated based on points accumulated by players representing clubs.

1st Place	9 points
2nd Place	6 points
3rd Place	3 points
4th Place	2 points

If there is a tie in overall team points, the number of gold medals will be considered.







### **UNIFORM AND EQUIPMENT**

## **Uniforms and Protective Equipment**

All athletes must wear World Taekwondo recognised uniforms and protective equipment.

A list of companies which supply WT recognised protective equipment can be found on the WT website: www.worldtaekwondo.org/wtpartners-wt/recognize.html

## Mouthguard (also called Gum Shield)

- Colour: limited to "WHITE" or "TRANSPARENT" only
- At least 3mm thick
- It is mandatory to always wear a mouthguard. There is no exception.

## **Athlete without brace**

- Must wear at least a full upper mouthquard.
- Custom-made mouthguard by dentist is the best for safety.

#### **Athletes with braces**

- Athletes with braces MUST consult their dentist for customized mouthguard(s) before participating in competition.
- Any athlete with brace(s) must follow one of below options:
- (1) Double mouthguard for braces (which covers both upper and lower teeth and braces): This gives the best protection => Strongly recommended
- (2) Full upper mouth guard for brace AND partial coverage lower mouthguard for brace (which covers at least 6 teeth) => Still safe. It is allowed to use (2) if the athletes have severe breathing problem.

## Jewellery and piercings

All jewellery & piercings must be removed before athletes arrive at the inspection desk as this causes substantial delays to matches when athletes need to remove them at inspection. We ask all coaches to ensure their athletes remove items beforehand. Athletes may miss or forfeit their match if they cannot meet competition rules.







## False nails and lashes

All acrylic nails & false lashes including extensions must be removed before athletes arrive at the inspection desk as this causes substantial delays to matches and the inspection area when athletes have to remove them.

We ask all coaches to ensure their athletes remove items beforehand. Athletes may miss or forfeit their match if they cannot meet competition rules.

## Inspection

All contestants will be required to proceed to the inspection desk before entering the competition area. At inspection Officials will check the uniform and protective equipment, presence of any jewellery, piercing, false nails and lashes. Any contestant wearing non-recognised or approved equipment, or other items not permitted in the field of play will not be permitted to compete.

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#### **APPEALS**



Instant Video replay (IVR) will be used for all matches on all courts throughout the tournament.

The IVR provider will be **ReStrike and will use 3-cameras per court.** 

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#### **PROTESTS**



Protests will be available for the event. Protests will cost £200; this is non-refundable and taken as cash or card payments with a receipt provided. The protest procedure will be in line with World Taekwondo rules.

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#### LIABILITY



All competitors are considered to be participating at their own risk. British Taekwondo assumes no responsibility for any damages, injuries or losses.

By submitting a competitor or coach application you are confirming that you are fit and able to take part in this competition and do not suffer from any illness or condition that would prevent you from taking part.

First aid medical cover will be in place throughout the competition.







#### **IDENTIFICATION**



All competitors and coaches must bring PHOTOGRAPHIC identification to registration / weigh in. Unfortunately, any competitor or coach who fails to produce photo ID for inspection may not be able take part in the competition. This is at the full discretion of the competition organisers.

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## **ENTRY FEES, PAYMENTS AND REFUNDS**



Entry fees must be paid at the point of entry to secure a place at the competition. If the entry fee is unpaid the entry is invalid. Every Friday during the entry period British Taekwondo will review the entry list and remove all entries that have not been paid for.

Entry fees can be paid the club, or by the individual players.

## **Entry Fees and Payment**

	STANDARD ENTRY	Fee
Period	28 July to 08 September	£63
Payment link	https://buy.stripe.com/fZu14m4Ukapm2li7llelx2d	

	LATE ENTRY	Fee
Period	09 September onwards	£70
Payment link	https://buy.stripe.com/7sY6oGaeEgNK8JG7llelx2e	

#### Refunds

All entry fees are non-refundable except in the case of withdrawal on medical grounds. Players who withdraw from the competition on medical grounds must request a withdrawal and send evidence of the injury or medical condition, provided by a medical professional, to **events@britishtaekwondo.org** within 10 working days of the end of the event.

After 10 working days, no refunds will be approved.

## **Transfers**

All entry fees are non-transferable. Entry fees apply to one specific individual athlete and cannot be transferred to another athlete.







## **SPECTATORS**

## **Online members-only tickets**

To access specially discounted tickets for British Taekwondo members, you will need to enter your British Taekwondo membership number at the checkout when purchasing your tickets. This will then automatically apply the correct discount.

## **Purchasing tickets**

Tickets will only be available for sale online and can be ordered before the event, or when you arrive by scanning the QR code posters before entering the arena: https://www.britishtaekwondo.org.uk/2025-british-taekwondo-national-kyorugi-championships/ticket-information/

Ticket Type	Online Members-only price*	Online non-member price*
Adult Day Pass	£14.25	£19
Adult Weekend Pass	£21.75	£29
Concession** Day Pass	£8.25	£11
Concession** Weekend Pass	£12	£16
Children aged 4 and below	Free	

<sup>\*</sup>A booking fee of £1 per ticket will be applied at checkout for all paid tickets

Companion passes will be available on the door and do not require pre-booking, these are intended for people to support spectators or athletes with disabilities. There is no charge for a companion pass.

## **Spectator Behaviour**

The British Taekwondo National Kyorugi Championships is a family friendly event with a zero-tolerance approach to all forms of abuse. Verbal abuse of any kind, towards event & venue staff, competing teams and particularly children is never acceptable.

Taekwondo values expect people to be respectful whilst enjoying participating in, and supporting at, events. The venue also has a zero-tolerance policy with regards to poor behaviour and people will be asked to leave the venue if found to be abusing others.



<sup>\*\*</sup>Concession is anyone aged between 4 and 15, or 65 and above. Includes people with a disability Children aged 4 and below do not require a ticket.



## Tram

You can reach EIS Sheffield by tram from the train station. Fitzalan Square / Ponds Forge tram stop is a 10-minute walk from the train station. The tram then runs to Arena / Olympic Park, taking approximately 30 minutes. Arena / Olympic Legacy Park is a 4-minute walk to EIS Sheffield.

Sheffield Train Station is located in central Sheffield,

approximately 3 miles from EIS Sheffield.

## By car

EIS Sheffield is located in northeast Sheffield, just off the M1 motorway. Exit the M1 at Junction 34 and use the Tinsley Viaduct to reach the A6178 to Sheffield. EIS Sheffield is on the left as you travel towards Sheffield city centre. We encourage visitors to use alternative methods of transport where possible due to the congestion caused by large numbers of cars arriving and leaving the venue at once.

## **Parking**

There are three car parks around the venue with plenty of parking available. There is usually charge for parking at approx. £5 for the day.

Due to the access route to the car parks, there can be significant congestion entering and exiting the car parks, even when arriving early or leaving late. Therefore, we recommend using public transport to reach the venue.

## 1 TECHNICAL OFFICIALS

Invitations to express an interest in participating in this event will be sent to all qualifying referees by the British Taekwondo Sport Referee Department.

Any enquiries relating to this event should be sent to operations.sportreferees@britishtaekwondo.org









**PHOTOGRAPHY AND VIDEO RECORDING** 

By registering to compete at the event, participants agree to have their image taken whilst in the venue by both British Taekwondo, the media and members of the public.

In addition, images captured at the event may be shown on video, TV and online. If you have any safeguarding concerns in relation to this, please contact **safeguarding@britishtaekwondo.org** before the event to discuss.

23 MEDIA ACCREDITATION

To apply for media accreditation please complete your details on this form on the British Taekwondo website and a member of the team will review your application www.britishtaekwondo.org.uk/photography-media-accreditation-britishtaekwondo-events-competitions-2025/

VOLUNTEERING

If you would like to contribute to the success of this event, there are many volunteering opportunities available.

Click here to see the volunteer opportunities available at the British
Taekwondo National Kyorugi Championships: www.britishtaekwondo.org.uk/
2025-british-taekwondo-national-kyorugi-championships/volunteering-opportunities/

Please contact British Taekwondo to register your interest and receive more information: **volunteers@britishtaekwondo.org** 

BRITISH TAEKWONDO SOCIALS

Please keep an eye on social media and the British Taekwondo website for any updates about the 2025 British Taekwondo National Kyorugi Championships. You can find all of British Taekwondo's social channels here:

https://linktr.ee/britishtaekwondo

instagram.com/britishtaekwondo instagram.com/britishtaekwondo

X.com/britishtaekwondo youtube.com/britishtaekwondo

QUESTIONS AND CONTACT INFORMATION

If you have a question that is not covered in this information pack, please contact British Taekwondo.

British Taekwondo, House of Sport, Etihad Campus Rowsley Street, Manchester M11 3FF E: events@Britishtaekwondo.org T: 0161 697 5330

