

Coaches guidelines and rules of competition 3rd Toronto Open Online Poomsae Championship 2023

1. Categories and cut-off system

Different categories.

- Dan/poom
- K3, K2, K1: only preliminaries and finals, no semi-finals!!
 - o K3 (10th-7th kup):
 - form is competitor's choice
 - can repeat forms, also in the same round
 - o K2 (6th-3th kup):
 - form is competitor's choice
 - cannot repeat any form. All forms in both rounds must be different
 - o K1 (2th-1th kup):
 - compulsory forms
- Family:
 - o at least two generations (so brother and sister alone is not allowed!)
 - o unlimited number of competitors,
 - o Immediately finals
 - o 2 forms recorded, own choice

Cut off system

- Preliminary:
 - o Dan:
 - if > 20 competitors present in the category
 - 50 % goes to SF
 - o K1/K2/K3:
 - if > 12 competitors present in the category
 - top 8 go to Finals
- Semi-finals:
 - Only for Dan, not for K1/K2/K3!!
 - $\circ~$ If only 20 or less competitors in category, immediately semi-finals, otherwise 50 % of the Preliminaries
 - o Top 8 go to finals
- Finals :
 - o Dan: 10 or less: immediately finals
 - K1/K2/K3: 12 or less: immediately finals
 - Otherwise top 8 of SF (Dan) or Preliminaries (K1/K2/K3)



2. Deduction rules for online Championships

0.3 points deduction from accuracy

- If the athlete does not have adequate space to perform the poomsae and takes an extra step to get around any objects in the room.
- Every time a body part cannot be seen by the referees as the participant moves beyond the camera's view.
- Each hand and or feet movement cannot be seen by referee due to poor lighting (i.e., backlighting, lighting too bright/dim, etc).
- Each kihap cannot be heard by referee as participant fails to turn on his/her microphone before performance.

• 0.3 points deduction from the final score

• Overtime (more then 90 seconds)

0.6 points deduction from accuracy

- Person or pet coming into the field of play while executing poomsae.
- Whole body cannot be seen by referee.

0.6 deduction from accuracy of the first form

- Video in portret mode instead of landscape mode
- Both poomsae are switched (f.i. video sequence is 6 and 8, and should be 8 and 6)
- Members of the family poomse do not belong to different generations

• 0 score for accuracy and 1.5 presentation

- Performing the wrong form (f.i. 4 and 9 compulsory, competitor performs 3 and 9)
- Only for K2 : performing twice the same form although it must be two different forms: second form 0 and 1.5
- The video is recorded in mirror

• 0.6 points deduction from final score of the first form

- Wearing incorrect Dobok and incorrect belt
- Wearing shoes or socks
- Wearing jewellery or wrist bands

• Disqualification

- Video that has been edited or shows proof of editing.
 f.i. both forms are recorded separately and then put together
- Submission of wrong videos to wrong division.
- Display of political, religious and non-recognized NOC flags.
- Movement of camera during performance(up/down and zoom in/out)
- Only one taegeuk/poomsae recorded in the video
- A coloured belt competing in a poom- or black belt category