

# Chang Moo Kwan USA

## Virtual International Open



**Broadcast Date**  
March 20 and 21



WT Recognized  
Poomsae for Black  
Belt Individual, Pairs, &  
Team

WT Recognized Poomsae  
for Colored Belt Individual

Open Poomsae Divisions for  
Black and Colored Belts!

Registration & Tournament Packet:  
[www.changmookwanusa.org](http://www.changmookwanusa.org)

For more information, email  
[info@changmookwanusa.org](mailto:info@changmookwanusa.org)



Produced in partnership with

**VAZTIC** MARTIAL EVENTS



To our taekwondo family:

It is our pleasure to invite you to the 2021 Chang Moo Kwan U.S.A. Virtual International Open! The tournament will feature World Taekwondo (WT) Recognized Poomsae divisions for black belt individuals, black belt pairs, black belt teams, and color belt individuals. We will also offer Open Poomsae divisions for individuals of all ranks.

This event is hosted by Chang Moo Kwan, U.S.A. (CMKUSA), an organization recognized by World Taekwondo Changmookwan and its President, GM Joong Young Kim. This tournament has also received the official approval of World Taekwondo Changmookwan Headquarters.

With the reverberations of the COVID-19 pandemic still affecting communities worldwide, the opportunities for taekwondo competition have been diminished, and participation and involvement within our martial art have suffered with it. While nothing can truly compare with the excitement and camaraderie that exist at in-person events, we are committed to providing the best virtual experience possible to participants. With this goal in mind, we partnered with Vaztic, who developed technology of the virtual competition and managed events for organizations such as WT Europe and WT Oceania, and Martial Events, who handles registration for many international tournaments, both virtual and in person, including all the Lents Taekwondo international poomsae events. The divisions will be judged by WT International Referees and US National Referees, providing a high-quality, valuable competition experience for all participants.

Since this is a virtual environment, we are thrilled to invite taekwondo practitioners worldwide, unlimited by geography and regardless of organizational or kwan affiliation. We at Chang Moo Kwan U.S.A. believe that now is a time for strength, unity and camaraderie, and that we are all #InThisTogether. We look forward to welcoming you!

Sincerely,

The Board of Directors  
Chang Moo Kwan, U.S.A.



# GENERAL INFORMATION

## COMPETITION FORMAT

The format for this event will be submission of pre-recorded videos followed by live broadcast and live scoring of submitted videos.

## EVENTS CONTESTED

### *Recognized Poomsae*

Recognized poomsae divisions will follow WT Poomsae Rules & Interpretation (14 May 2019) with some modifications to be outlined in the following pages. Individual divisions will be offered for black belt and color belt athletes. Pair and Team divisions will also be offered for black belt athletes.

### *Open Poomsae*

In an effort to expand competitive opportunities for our Chang Moo Kwan friends and all Taekwondo practitioners, a more open poomsae competition format will be offered for those unfamiliar with the Recognized format, those looking to compete with some of the other forms in their curriculums, and/or those who are new to online competitions. Individual divisions will be offered to black belt and color belt athletes.

## AWARDS

The 1st, 2nd, and two 3rd place finishers in each division will receive a certificate of achievement via e-mail.

All athletes and referees will receive a certificate of participation via e-mail.

## PROTESTS

Only official protests will be reviewed by the Competition Supervisory Board. The protest must be made in writing within 10 minutes of the conclusion of a round's broadcast online. The fee is \$100 USD and is non-refundable. Protests must be submitted to:

**info@changmookwanusa.org**



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## REGISTRATION & IMPORANT DATES

To register for this event, please visit Martial.Events:

Main Page: [www.martial.events/en](http://www.martial.events/en)

Event Page: [www.martial.events/en/events/chang-moo-kwan-usa-virtual-international-open-2021](http://www.martial.events/en/events/chang-moo-kwan-usa-virtual-international-open-2021)

### FEES & REGISTRATION DEADLINE

FEE*	DISCIPLINE	DEADLINE
\$50 USD per event	Recognized Poomsae	10 March 2021, 23:59 EST (UTC-5)
	Open Poomsae	
\$50 USD per pair	Recognized Poomsae	
\$50 USD per team	Recognized Poomsae	

\* The organizers maintain a no refund policy

### IMPORTANT DATES

RECOGNIZED POOMSAE DRAW	10 March 2021, 23:59 EST (UTC-5)
BEGIN VIDEO SUBMISSION	13 March, 2021; 00:00 EST (UTC-5)
VIDEO SUBMISSION DEADLINE	18 March 2021, 23:59 EST (UTC-5)
DIVISION DRAW & SCHEDULE	19 March 2021, TBD
DAY 1 OF COMPETITION	20 March 2021, 11:00 EST (UTC-5) YouTube & Facebook
DAY 2 OF COMPETITION	21 March 2021, 11:00 EST (UTC-5) YouTube & Facebook



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## FOR MORE INFORMATION PLEASE VISIT:

For REGISTRATION and PAYMENT for this event:

Martial.Events website:  
[www.martial.events/en](http://www.martial.events/en)

Martial.Events Event Page:  
[www.martial.events/en/events/chang-moo-kwan-usa-virtual-international-open-2021](http://www.martial.events/en/events/chang-moo-kwan-usa-virtual-international-open-2021)

For supporting documents on how to setup recording devices and submit videos for competition:

Chang Moo Kwan U.S.A. website:  
[www.changmookwanusa.org](http://www.changmookwanusa.org)

CMKUSA Virtual International Open Facebook Event Page:  
[www.facebook.com/events/3831939776860344](https://www.facebook.com/events/3831939776860344)

EVENT CONTACT		
CONTACT	E-MAIL ADDRESS	REGARDING
Martial Events	<a href="mailto:info@martial.events">info@martial.events</a>	Registration & Payment
Vaztic	<a href="mailto:info@vaztic.com">info@vaztic.com</a>	Video Submission
Chang Moo Kwan U.S.A.	<a href="mailto:info@changmookwanusa.org">info@changmookwanusa.org</a>	All Other



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# GENERAL RULES

## Age Determination

- Whatever age an athlete turns in 2021, they will compete as that age, even if they turn that age after the tournament (e.g. an athlete who will turn 12 in April is considered 12 for the tournament even though they are actually 11 when they compete)

## Division Naming

- “Under” divisions are inclusive (e.g. Under 11 = 11 and under)
- “Over” divisions are exclusive (e.g. Over 17 = 18 and over)

## Uniform

- Any V-neck or WT-approved Y-neck Taekwondo uniform is permitted
  - A white collar is preferred for color belt athletes choosing to wear a V-neck uniform
  - A black or poom collar is required for black belt athletes choosing to wear a V-neck uniform
  - Athletes wearing a WT-approved Y-neck uniform must wear the correct uniform for the correct age division (see below)



- ALL athletes are permitted to wear either a white or black t-shirt under the uniform top
- NO jewelry (including, but not limited to: earrings, necklaces, wrist watches, etc.) unless the piece in question is of a medical nature
- Athletes are permitted to wear eye glasses
- Shoes and/or socks are permitted for athletes performing outside
  - Follow all applicable laws / rules regarding social distancing for outdoor excursions
  - Warning: if the foot position cannot be determined by the judges, a deduction in score could result

## Belts

- Approved belt colors are: YELLOW, GREEN, BLUE, RED, and BLACK
  - “Poom” belts (half red/half black) are permitted in the black belt divisions ONLY
  - Poom belts need not match the collar of the uniform
- No half-&-half color belts (except the poom belt, see above)
- A colored belt may have stripes of any color, as long as the base color of the belt is one of the approved colors



# RECOGNIZED POOMSAE

## Rules and Regulations

- The WT Poomsae Competition Rules & Interpretation (14 May 2019) are applicable except where indicated (see page 6)
- All divisions will use the WT Cut-Off format
  - Divisions with 20 or more athletes will start from the Preliminary Round
  - Divisions with 9 to 19 athletes will start from the Semi-Final Round
  - Divisions with 8 or less athletes will start from the Final Round
- If YELLOW belt divisions start from Preliminary or Semi-Final Rounds, then repetition of poomsae will be permitted
- If GREEN, BLUE, and RED divisions start from Preliminary Round, then repetition of poomsae will be permitted
- Poor quality videos that are unable to be judged by the referees will result in the minimum score of 1.5 per poomsae
- Athletes performing the wrong poomsae will receive the minimum score of 1.5 per poomsae
- 0.3 points will be deducted from accuracy for every movement performed with any part of the athlete's body out of the video frame

DIVISION	BELT	COMPULSORY POOMSAE
Under 11, Cadet, Junior, Over 17	YELLOW	Taegeuk 1, 2
	GREEN	Taegeuk 1, 2, 3, 4
	BLUE	Taegeuk 3, 4, 5, 6
	RED	Taegeuk 4, 5, 6, 7, 8
Under 11	BLACK	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo
Cadet (12-14)		Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang
Junior (15-17), Pair Under 17, Team Under 17		Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
Under 30, Under 40, Pair Over 17, Team Over 17		Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin
Under 50		Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon
Under 60, Under 65, Over 65		Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu



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# OPEN POOMSAE

## Rules and Regulations

- All divisions will use a modified Cut-Off format
  - Divisions with 9 or more athletes will start from Semi-Final Round
  - Divisions with 8 or less athletes will start from Final Round
- If a division starts from the Semi-Final round, repetition of poomsae will be permitted
- Athlete will choose two (2) poomsae to perform per round (see table below)
- Open poomsae will be scored using the following criteria:
  - Showing appropriate power for each technique with a soft start and perfect balance of speed and power at the critical moment
  - Showing good connection of movement between techniques and when changing speed
  - Presenting actions with the quality and dignity of energy mastery: correct volume of motion, concentration, courage, sharpness, confidence, etc.
- Each poomsae will be scored from 5.0 to 10.0 points, the high and low scores will be dropped, and then averaged to give a final score for that poomsae
- The score for both poomsae will then be averaged to give a final score for the round
- In the event of a tie in the Final Round, the tie-breaking procedures are as follows:
  - High and Low scores will be added back in and scores recalculated
- Poor quality videos that are unable to be judged by the referees will result in the minimum score of 5.0 per poomsae
- Athletes performing the wrong poomsae will receive the minimum score of 5.0 per poomsae
- 0.3 points will be deducted from the total score for every movement performed with any part of the athlete's body out of the video frame

DIVISION	BELT	CHOOSE ANY TWO (2) POOMSAE
Under 11, Cadet, Junior, Over 17	YELLOW	Taeguk 1, 2, Palgwae 1, 2, Chon-Ji, Dan-Gun, Do-San
	GREEN	Taeguk 3, 4, Palgwae 3, 4, Won-Hyo, Yul-Gok
	BLUE	Taeguk 5, 6, Palgwae 5, 6, Joong-Gun, Toi-Gye
	RED	Taeguk 7, 8, Palgwae 7, 8, Hwa-Rang, Choong-Moo
	1st – 2nd BLACK	Koryo, Kwang-Gae, Po-Eun, Gae-Baek, Keumgang, Eui-Am, Choong-Jang, Ko-Dang, Juche
Cadet, Junior, Over 17	3rd – 4th BLACK	Taebaek, Sam-Il, Yoo-Sin, Choi-Young, Pyongwon, Yeon-Gae, Eul-Ji, Moon-Moo
Over 17	5th + BLACK	Sipjin, So-San, Se-Jong, Jitae, Tong-Il, Chonkwon, Hansu, Ilyeo



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# VIDEO RECORDING

Videos must meet the following requirements. Athletes who submit videos that do not meet these requirements will be disqualified:

- Athletes will submit two (2) poomsae per round of competition
- Athletes will submit one (1) poomsae per video
- Each video must include *joon-bi* and *shi-ah*
  - Missing these elements will result in scoring deduction
- 720p resolution and 60 fps frame rate **REQUIRED**
  - 1080p resolution and 60 fps frame rate **RECOMMENDED**
- The athlete must be completely in view during the entire poomsae
  - Each movement out of frame will result in a scoring deduction
- Camera location must be fixed with horizontal rotation permitted
- Camera must be set to **LANDSCAPE** orientation
- Light shall be directed from above the performance area and/or from behind the camera
- Uniform must be appropriate (see page 6)
  - Correct belt for division
  - Taekwondo uniform
  - Shoes and/or socks **ONLY** if athlete performs outdoors
- No submitting a video used in a previous online event
- No religious or political displays
- IOC-recognized national flags, flags of civil constituent jurisdictions, flags of Taekwondo NGBs, and flags of other martial arts organizations are permitted



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