






PANDA CUP 2026 (2nd edition)
Kyorugi

PLACE AND DATE	
Date	Sunday 10/05/2026
multi-sports hall	Grâce-Hollogne multi-sports hall
Address	Rue des Dix-Huit Bonniers 4460 Grâce-Hollogne
ORGANIZATION	
Organizers	 Koryo Grace-Hollogne
Contact	Didier Lebon 0496/867.260 dalai-lama64@hotmail.com Fabio De Simone 0493/458.008
Technical Delegate	Michel Pâque
Promoter	 Belgian French-speaking Taekwondo Association (ABFT ASBL) Wavre Road, 2057 1160 Auderghem www.abft.be  FEDERATION WALLONIE-BRUXELLES
Access	 The competition is open to clubs and federations that are members of World Taekwondo.
REGISTRATION	
Registration deadline	It is no longer possible to register or unregister after 03/05/2026 at 23:59 .
Online registration	Registration is only possible on https://www.martial.events/ 
Places available	ÿ Maximum 350 seats

Registration fees	<p>€ 40 / competitor. To be paid before 03/05/2026 at 23:59.</p> <p>ÿ Only by bank transfer to the account: BE84 0635 4546 2559 Koryo Grâce-Hollogne BIC: GKCCBEBB</p> <p>ÿ With communication: Panda Cup 2026 + Kyorugi + Club Name</p> <p>Please send us proof of payment (screenshot of the transaction) to dalailama64@hotmail.com</p> <p>ÿ Registration fees must be paid for all registered competitors.</p> <p>After the registration deadline, no refund is possible, except upon presentation of a medical certificate.</p> <p>ÿ No registration is done on the day of the competition.</p> <p>ÿ A competitor cannot fight in multiple categories same day.</p>
Coach	<p>Entry is free for one coach per group of 5 competitors.</p> <ul style="list-style-type: none">- From 1 to 5 competitors: 1 coach- From 6 to 10 competitors: 2 coaches- From 11 to 15 competitors: 3 coaches- ... <p>Each additional coach costs € 10 .</p>
Terms	<p>ÿ The organizer is not responsible if a competitor is alone in their category.</p> <p>ÿ No refund will be issued.</p>
Spectators	<p>ÿ €10 / person</p> <p>ÿ Free for children under 7 years old.</p>
Weighing	<p>ÿ Each competitor must present their license book and <u>identity card at the weigh-in.</u></p> <p><u>Beginners, juniors and cadets</u></p> <p>ÿ Coaches can accompany beginners, U14, U16 and U18 athletes to the weigh-in. ÿ As they are not allowed to weigh themselves naked, an excess of 199 grams is tolerated in these age groups.</p>
Category change	<p><u>Paid</u></p> <p>ÿ After the registration deadline, in case of overweight or registration Incorrect, category changes are only allowed during the official weigh-in and are subject to a fee.</p> <p>Each change of category costs €15, payable at the table. registration.</p> <p>ÿ Based on the presentation of proof of payment (receipt), the Martial.Events representative presents the coach with a new card competitor. The competitor is automatically placed in his</p>

In this new category, he no longer has to go through the weighing process.

Free

ÿ When they are alone in their category, the novice competitors, Minors, cadets, juniors, seniors, and masters can move up one weight category only. This request must be made solely by the coach to Martial.Events.

Forbidden

ÿ Neither at registration nor at check-in on the day of the competition:

- No competitor is allowed to get on or off the age category.
- No C competitor is allowed to move up a category grade.
- No AB competitor is allowed to move down a category of rank.

CATEGORIES

Age	Beginners (7-8): born in 2018 and 2019 Minimes (9-11): born in 2015, 2016 and 2017 Cadets (12-14): born in 2012, 2013 and 2014
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Grade	Category C: 9th to 5th keup Category AB: from 4th keup
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Weight	Beginner girls: -20, -22, -24, -26, -28, -30, -32, -34, -36, +36 kg Boys' beginners: -20, -22, -24, -26, -28, -30, -32, -34, -36, +36 kg Girls' Minimes: -24, -27, -30, -33, -36, -40, -44, -48, 52, +52kg Boys' Minimes: -24, -27, -30, -33, -36, -40, -44, -48, 52, +52kg Girls' Cadets: -29, -33, -37, -41, -44, -47, -51, -55, -59, +59kg Boys' Cadets: -33, -37, -41, -45, -49, -53, -57, -61, -65, +65kg
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COMPETITION

Ethical sport	Each participant in this competition agrees to respect the rules of their sport, the ABFT charter of good sportsmanship in competition, and the charter of the sports movement of the Wallonia-Brussels Federation: https://www.abft.be/reglements-bonnes-pratiques/
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Kind	Single elimination table
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Duration of battles	Best of 3 rounds
Beginners:	3 x 1 minute (30-second break)
Minimes:	3 x 1 minute (30-second break)
Cadets C:	3 x 1 minute (30-second break)
AB Cadets:	3 x 1.5 minutes (30-second break)

Noticed :

Depending on how the competition unfolds, these times may be modified by the competition's technical delegate.

Combat zones	4 octagonal combat areas
Competition Rules	The latest WT competition rules and ABFT adaptations: https://www.abft.be/reglements-bonnes-pratiques/
Electronic faceplate	<p>The competition takes place with "Daedo" electronic chest protectors.</p> <p>GEN 3 for all categories and electronic headsets for categories in which head-to-head contact is permitted.</p> <ul style="list-style-type: none"> ÿ Each competitor must bring their own Daedo captains. ÿ Competitors who do not touch the head must bring their own helmet.
Video replay	/
Referees	National and international referees (IR – WT)
Individual awards	<p>ÿ The 1st, 2nd and 3rd in each category receive a gold, silver and bronze medal respectively.</p> <p>ÿ Medals are awarded at the end of the fight.</p> <p>Three trophies will be awarded:</p> <ul style="list-style-type: none"> • The Fair Play Cup • The Best Referee Award • The trophy for the best competitor
Team awards	<p>ÿ A trophy will be awarded to the top 3 teams.</p> <p>ÿ For the final team ranking, points are awarded in accordance with the WT competition rules.</p>
CONTESTATION	<p>Only the head coach can file a complaint immediately after the end of the fight. He will fill out the form provided by the organizer.</p> <p>A fee of €100 will be paid for each dispute .</p> <p>The sum will be refunded if the coach wins his case. The technical delegate's decision is the only valid one. Competition rules and Complaint form: https://www.abft.be/reglements-bonnes-pratiques/</p>

HOURLY

Saturday 09/05/2026

18:00 - 20:00	Registration
18:00 - 20:00	Weigh-in (for all competitors)

Sunday 10/05/2026

7:00 - 8:45	Registration
7:00 - 9:00	Weigh-in : Access to the weigh-in area will close at 08:45 <ul style="list-style-type: none"> • Beginners C and AB • Minimes C and AB • Cadets C
9:00 - 9:30	Referee briefing
9:30 - 9:45	Coaches' briefing

10:00	Start of the fights (for all beginners C and AB, junior C and AB and cadet C)
12:00 - 13:30	Weighing: <ul style="list-style-type: none">• AB Cadets
14:00	Start of the fights (for AB cadet competitors)

INSURANCE AND SECURITY

Competitors Each competitor must be in possession of their license and insurance. valid for the current year.
Competitors must be in possession of their identity card. or passport.
Each competitor participates in this competition at their own pace. risks.
The organizers and the ABFT decline all responsibility in the event of physical damage, acts of violence, injuries and theft.

Headbutts ÿ Head shots are forbidden for all beginners, all Minimes and Cadets C.
Head touches are permitted from cadet AB level upwards, as well as for all juniors, seniors and masters.

Coach The coach must be over 18 years old.
He must be wearing sportswear (training suit and sports shoes) to coach.
He must be in possession of his identity card or passport.
ÿ Coaches from a federation that is a member of the BTF (ABFT – TKDV – TVD SG) **must be in possession of their national or WT coach card.**

The coach must be in possession of their valid license-insurance for the current year.

Protective Equipment ÿ All the protections provided for by the WT regulations are mandatory for all categories (helmet, mouthguard, forearm guard, gloves, groin protector, shin guards and knee pads) even for categories where head contact is prohibited.

ÿ Visors are permitted but not mandatory for all beginners. juniors and cadets.

First aid A doctor is present throughout the competition.

FACILITIES

Accessibility

The multi-sports hall is located 5km from the E42.

Parking

2 free car parks (200 spaces) accessible in the immediate vicinity of the sports hall.

Restoration

The organizer offers snacks and light meals in the hall cafeteria.

Material

The Adisport store has a stand during the event.



Airport

• Brussels Airport (BRU) is located 102km from the multi-sports hall.

• Charleroi Airport (CRL) is located 97 km from the multi-sports hall.

• Liège-Guillemins station is located 10km from the sports hall.