

OPEN DE LIEGE 2023

DÉBUTANTS MINIMES CADETS JUNIORS SENIORS MASTERS



KYORUGI

UNE ORGANISATION DE KORYO GRACE-HOLLOGNE

INFO: DIDIER LEBON : 0496.86.72.60

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YUST

TALK TO
STRANGERS



LE 05 FÉVRIER 2023
ESPACE SPORT DE FLÉRON
AV DE L'ESPACE SPORT 4
4620 FLÉRON

INSCRIPTIONS
MARTIAL EVENTS
600 COMPÉTITEURS

Taekwondo club “Koryo Grâce-Hollogne” introduces Liege Open, 1st edition.

On February 5th, 2023, come and enjoy the hospitality of Liège inhabitants by taking part in a competition organised by a dynamic team which is experienced in this type of event.



To date, we have organised the 2015 Belgian Championship, the 2022 Koryocup and co-organised Ans Trophy for years.

We chose the sports hall of Fléron which offers a very big area that allows to contain 8 competition areas, 600 competitors and 1500 seats for spectators, two large parking lots and a big catering room with view on the fights below.

The whole organising team wishes you a great experience in an enjoyable atmosphere specific to our beautiful city of Liege, known as “The Ardent City”. We also wish you success and medals.

Let’s always keep in mind that “sport is first of all about friendship”.

“Koryo Grâce-Hollogne” staff:

- Didier Lebon : Liege Board President, trainer
- Fabio De Simone : Sparring trainer, Kyorugi international coach
- Musa Duzgun : Assistant coach

Link to the presentation video of the competition: <https://youtu.be/ahr-VZegB60>

2023 LIEGE OPEN

Kyorugi

DATE AND PLACE

Date	Sunday 05/02/2023
Sports hall	Espace Sport de Fléron
Address	Avenue de l'Espace Sport, 4 4620 Fléron

ORGANISATION

Organisers



Koryo Grâce-Hollogne

Contact details

Didier Lebon
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Technical delegate

Abdelhak Chbib

Promoter



Association Belge Francophone de Taekwondo
(ABFT asbl)
Rue Victor Allard, 88/4
1180 Uccle - Belgique
www.abft.be



Access



All clubs and federations which are members of the World Taekwondo can take part in the competition.

REGISTRATION

Registration deadline ⇒ No registration shall be made after **29/01/2023 at 23:59**.

Online registration ⇒ Registrations are to be made exclusively on www.martial.events



Available entries ⇒ Max. **600** entries

Registration fees	<p>⇒ €35 / athlete</p> <p>⇒ Due before 29/01/2023 at 23:59.</p> <p>⇒ Bank transfers only on account number: BE84 0635 4546 2559 Koryo Grâce-Hollogne SWIFT: GKCCBEBB</p> <p>⇒ With the following communication: OL 2023 + Kyorugi + Name of the club</p> <p>⇒ Please send proof of payment (screenshot of the transaction) to comptabilite@abft.be</p> <p>⇒ Registration fees must be paid for all the registered athletes.</p> <p>⇒ No refund shall be made after the registration deadline.</p> <p>⇒ No registration shall be made the day of the competition.</p> <p>⇒ No athlete shall fight in many categories on the same day.</p>
Coach	<p>⇒ Free entry for 1 coach per 5 athletes.</p> <ul style="list-style-type: none"> - 1 to 5 : 1 coach - 6 to 10 : 2 coaches - 11 to 15 : 3 coaches - ... <p>⇒ Each additional coach must pay €10.</p>
Conditions	<p>⇒ The organiser shall not be held accountable if a athlete is alone in their category.</p> <p>⇒ No refund shall be made.</p>
Spectators	<p>⇒ €8 / person</p> <p>⇒ Free for children under the age of 6.</p>
Weigh-in	<p>⇒ Each athlete shall present their license during the weigh-in.</p> <p><u>Seniors and masters</u></p> <p>⇒ Senior athletes shall show up alone to the weigh-in.</p> <p>⇒ 99 g excess is tolerated during weigh-in.</p> <p><i>Examples:</i></p> <ul style="list-style-type: none"> - An athlete weighed in at 58,0 kg competes in -58 kg. - An athlete weighed in at 58,1 kg competes in -63 kg. <p><u>Pupils, minors, cadets, and juniors</u></p> <p>⇒ Coaches can come with the minors, cadets and juniors to the weigh-in.</p> <p>⇒ Since it is forbidden for them to be naked while weighed in, an excess of 199 g is tolerated.</p>
Category change	<p><u>Paid</u></p> <p>⇒ After the registration deadline, should there be a case of overweight or incorrect registration, category changes are only allowed during weigh-in and are charged.</p> <p>Each category change is charged €15 to be paid at the registration table.</p> <p>⇒ Upon showing proof of payment (receipt), the person in charge of Martials.Events gives the coach a new athlete card. The athlete is</p>

automatically placed in their new category; they shall not go through weigh-in again.

Free

⇒ When they are alone in their category, minor, cadet and junior athletes can move up a single category. This request shall only be made by the coach to Martial.Events.

Forbidden

⇒ During registration or check-in or on the day of the competition:

- No athlete shall move up or down an age category.
- No C athlete shall move up a rank category.

No AB athlete shall move down a rank category.

CATEGORIES

Age

Pupils (7-8): born in 2015 and 2016
Minors (9-11): born in 2012, 2013 and 2014
Cadets (12-14): born in 2009, 2010 and 2011
Juniors (15-17): born in 2006, 2007 and 2008
Seniors (17+): born between 2006 and 1989
Masters (35+): born before 1989

Rank

C category: from 8th to 5th kup
AB category: from 4th kup

Weight

Female pupils: -20, -22, -24, -26, -28, -30, -32, -34, -36, +36kg
Male pupils: -20, -22, -24, -26, -28, -30, -32, -34, -36, +36kg
Female minors: -24, -27, -30, -33, -36, -40, -44, -48, 52, + 52kg
Male minors: -24, -27, -30, -33, -36, -40, -44, -48, 52, + 52kg
Female cadets: - 29, -33, -37, -41, -44, -47, -51, -55, -59, +59kg
Male cadets: -33, -37, -41, -45, -49, -53, -57, -61, -65, +65kg
Female juniors: -42, -44, -46, -49, -52, -55, -59, -63, -68, +68kg
Male juniors: -45, -48, -51, -55, -59, -63, -68, -73, -78, +78kg
Female seniors: -46, -49, -53, -57, -62, -67, -73, +73kg
Male seniors: -54, -58, -63, -68, -74, -80, -87, +87kg
Female masters: -49, -57, -67, +67kg
Male masters: -58, -68, -80, +80kg

COMPETITION

Ethical sport

Each contestant must abide by the rules of their sport, the ABFT policy related to good sportsmanship, and the Wallonia-Brussels Federation policy related to sport movement: <https://www.abft.be/reglements-bonnes-pratiques/>

Type

Single-elimination tournament

Fight duration

Best of 3 rounds

Pupils : 2 x 1 minute (60-second break)
Minors : 3 x 1 minute (60-second break)
C Cadets : 3 x 1 minute (60-second break)

AB Cadets : 3 x 1,5 minute (60-second break)

Juniors : 3 x 1,5 minute (60-second break)

Seniors : 3 x 2 minutes (60-second break)

Masters : 3 x 2 minutes (60-second break)

Note:

According to how the competition unfolds, these durations can be rearranged by the technical delegate of the competition.

Competition areas	8 octagonal-shaped areas
Competition rules	The latest WT competition rules and the ABFT adjustments: https://www.abft.be/reglements-bonnes-pratiques/
E-trunk	<p>⇒ "Daedo" GEN 2 e-trunks shall be used for all the categories and e-head gear shall be used for the categories where head strikes are allowed.</p> <p>⇒ Each athlete must have their own Daedo foot protectors.</p> <p>⇒ Athletes who are not allowed to strike the head must have their own head gear.</p>
Video replay	Video replay only available for C juniors and seniors, and all AB cadets, juniors, seniors and masters.
Referees	International (IR – WT) and national referees
Individual rewards	<p>⇒ 1st, 2nd and 3rd place of each category receive respectively a gold, silver and bronze medal.</p> <p>⇒ Medals are awarded at the end of the fights.</p> <p>⇒ Three trophies are awarded:</p> <ul style="list-style-type: none">• Fair-play• Best referee• Best athlete
Team rewards	<p>⇒ A trophy will be awarded to each of the 3 first teams.</p> <p>⇒ For the final team standings, points will be awarded according to the WT Competition Rules.</p>
Contestation	Only the main coach is allowed to file a complaint immediately after the end of the fight. They will fill out the form given by the organiser. €100 shall be paid for each contestation. This amount of money will be refunded if the coach wins the case. The decision of the main referee is the only valid one. Competition rules and contestation form: https://www.abft.be/reglements-bonnes-pratiques/

TIMETABLE

Saturday 4/02/2023

18:00-20:30	Check-in
18:00-20:30	Weigh-in (for all the athletes)

Sunday 5/02/2023

7:00-9:00	Check-in
7:00-9:00	Weigh-in (for pupils, minors and C cadets)
9:00-9:30	Referees briefing
9:30-9:45	Coaches briefing
10:00	Start of the fights (for pupils, minors and C cadets)
10:00-12:00	Weigh-in (for AB cadet, junior, senior, and master athletes)
13:00	Start of the fights (for AB cadet, junior, senior, and master athletes)

INSURANCE AND SECURITY

Athletes	<ul style="list-style-type: none">⇒ Each athlete must have a valid license and insurance for the ongoing year.⇒ The athletes must have their ID or passport.⇒ Each athlete shall take part in the competition at their own risk.⇒ The organisers and the ABFT are not responsible for physical damage, violence, injury or theft.
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Head strikes	<ul style="list-style-type: none">⇒ Head strikes are forbidden in the minors category and C cadets category.⇒ Head strikes are allowed from AB cadets category and for all juniors, seniors and masters.
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Coach	<ul style="list-style-type: none">⇒ The coach must be 18 at least.⇒ They must wear sportswear (tracksuit and sneakers)⇒ They must have their ID or passport.⇒ Coaches from a federation that is a member of the BTF (ABFT – TKDV – TVDSG) must have their national or WT coaching card.⇒ The coach must have a valid license-insurance for the ongoing year.
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Protections	<ul style="list-style-type: none">⇒ All the protections provided by the WT rules are mandatory for all categories (head gear, mouth guard, forearm guards, hand protectors, groin guard, shin guards and foot protectors) even for the categories where head strikes are forbidden.⇒ Visor is allowed but not mandatory for all the minors and cadets category.
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First aid	A doctor is present throughout the whole competition.
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SERVICES

Accessibility	The sports hall is located 6km away from the E42 after the exit "Fléron Herve Soumagne".
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Parking lot	2 free parking lots (800 parking spaces) accessible in the close surroundings of the hall.
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Restauration	⇒ The organiser sells snacks and small catering.
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Hôtel	See hotel guide in appendix
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Gear

Adisport and Budo House have a stand during the event.



Aéroport/gare

- ⇒ Brussels Airport (BRU) is located 102km away from the sports hall.
 - ⇒ Charleroi Airport (CRL) is located 97km away from the sports hall.
 - ⇒ Liège-Guillemins train station is located 11km away from the sports hall and stands in front of the hotels mentioned below.
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Hotel booking form



Feuille de participation

Adresse : 135 Rue des Guillemins
B - 4000 Liège

A RENVoyer A L'HOTEL AVANT LE 5-01-2023 Selon Disponibilité

HOTEL IBIS STYLES LIEGE GUILLEMIN

OPEN TAEKWONDO 2023

4/02/2023 → 6/02/2023

IBIS STYLES LIEGE GUILLEMIN
Département des réservations de groupes
Helene Grandjean - Danilo NASTASI – Sébastien BIESMANS
Tel.: +32 4 221 69 00
E-mail: HB6D9-8O@accor.com

Date :

☐ 71€ chambre simple (1adt)

☐ 85€ chambre double ou twin (2adt)

Le prix de la chambre inclus le petit-déjeuner, le service et TVA mais pas la taxe locale (3.40€/chambre/nuir)

Arrivée / / Heure.....

Départ / /

Nom

Société.....

Adresse.....

Téléphone portable

Code Postale.....

Fax

Pays.....

Carte de Crédit: ☐ Visa ☐ Amex

E-Mail.....

☐ Eurocard/Mastercard ☐ Diners

Signature

Credit Card Numero.....

Date de fin.....

NOTES IMPORTANTES

1. Votre réservation doit être garantie par un numéro de carte de crédit et sa date d'expiration.
2. Chaque réservation sera confirmée par e-mail individuellement et selon disponibilité.
3. Toutes les dépenses dans l'hôtel devront être réglées lors de votre départ.
4. L'heure officielle du check in est 12h00. L'heure officielle du check out est 12h00.
5. Toute annulation doit être faite au minimum 1 semaine avant l'arrivée. Au-delà de cette limite, l'hôtel chargera l'entière de la facture du séjour.





BOOKING FORM

Please send back this booking form to liege@yust.com before the 20 January 2023

YUST Liège

Liège Open – Kyorugi

04/02/2023 → 06/02/2023

- ☐ 109€ Single room per night. ☐ 119€ Double/Twin room per night.
☐ 210€ Private dorm with 8 beds per night ☐ 26€ a single bed in a shared Dorm per night.

Please note this booking form requires a minimum stay of 2 nights.

Breakfast is available for the price of 14,00€ per person.

Reservation fee of 2,50€ per person and per night is not included in the room rate.

Check in / /

Check out / /

Name :

Company :

Adresse :

Phone number :

Postal code :

Credit card type : ☐ Visa ☐ Amex

Country :

☐ Eurocard/Mastercard ☐ Diners

E-Mail.....

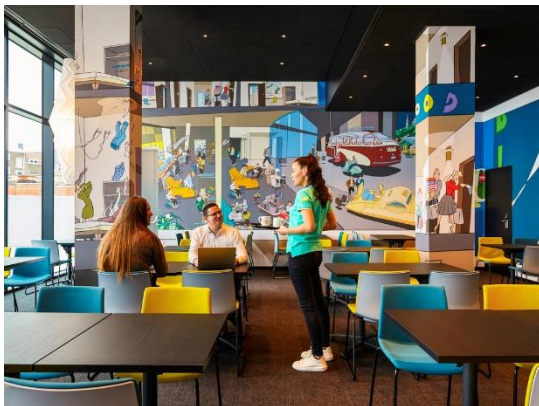
Credit card number :

Signature

Expiration date: /

1. Your reservation must be guaranteed by a credit card number and expiration date.
2. Each reservation will be confirmed by e-mail individually and according to availability.
3. All expenses in the hotel must be paid upon departure.
4. The official check in time is 2:00 pm. The official check out time is 11:00 am.
5. All cancellation must be made at least 2 weeks before arrival. Beyond this limit, the hotel will charge the cost for the first night.

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BTW BE0748.743.592 BE0748.743.592 BE0748.743.592 BE0748.743.592 BE0748.743.592 BE0748.743.592
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