



**27 May – 30 May 2022**  
**Fort Worth Convention Center**  
**Fort Worth, Texas USA**



## Sanctioned By:



## Organized By:



Where Olympic & Paralympic Journeys Begin

### **USA Taekwondo**

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# SCHEDULE

Date	Event	Time	Division	
May 4	Early Registration Deadline	11:59 p.m. MT	All Divisions	
May 18	Final Registration Deadline	11:59 p.m. MT	All Divisions	
May 27	Check-in/Weigh-in *All Saturday athletes must be checked in and weighed in by 8 p.m.	3 p.m. - 8 p.m.	<b>Para</b>	
			Poomsae - All Belts M/F	Sparring - All Belts M/F
			<b>Poomsae</b>	
			6-7 Years All Belts M/F	8-9 Years All Belts M/F
			Youth 10-11 Years All Belts M/F	Cadet (12-14) All Belts M/F
			Junior (15-17 All Belts M/F	Under 30 (18-30) All Belts M/F
			Under 40 (31-40) All Belts M/F	Under 50 (41-50) All Belts M/F
			Under 60 (51-60) All Belts M/F	Under 65 (61-65) All Belts M/F
			Over 65 (66+) All Belts M/F	Over 70 (71+) All Belts M/F
			Freestyle Pairs Black - 17&Under and 18&Over	
			Freestyle Team Black - 17&Under and 18&Over	
			Freestyle Individual Black Belts- 17&Under and 18&Over M/F	
Pairs Black Belt - Cadet (12-14), Junior (15-17), Under 30 (18-30), Over 30 (31+), Over 50 (51+)				
Teams Black - Cadet (12-14), Junior (15-17), Under 30 (18-30), Over 30 (31+), Over 50 (51+) M/F				
May 28	Doors Open for Athletes & Coaches	7:30 a.m.	Divisions TBA	
	Athletes MUST be in Holding	8 a.m.	Divisions TBA	
	Doors Open for Spectators	8 a.m.	Divisions TBA	
	Competition Begins	8:30 a.m.	<b>Division order TBA after registration closes</b>	
			<b>Para</b>	
			Poomsae - All Belts M/F	Sparring - All Belts M/F
			<b>Poomsae</b>	
			6-7 Years All Belts M/F	8-9 Years All Belts M/F
			Youth 10-11 Years All Belts M/F	Cadet (12-14) All Belts M/F
			Junior (15-17 All Belts M/F	Under 30 (18-30) All Belts M/F
			Under 40 (31-40) All Belts M/F	Under 50 (41-50) All Belts M/F
			Under 60 (51-60) All Belts M/F	Under 65 (61-65) All Belts M/F
Over 65 (66+) All Belts M/F			Over 70 (71+) All Belts M/F	
Freestyle Pairs Black - 17&Under and 18&Over				
Freestyle Team Black - 17&Under and 18&Over				
Freestyle Individual Black Belts- 17&Under and 18&Over M/F				
Pairs Black Belt - Cadet (12-14), Junior (15-17), Under 30 (18-30), Over 30 (31+), Over 50 (51+)				
Teams Black - Cadet (12-14), Junior (15-17), Under 30 (18-30), Over 30 (31+), Over 50 (51+) M/F				
Check-in/Weigh-in	9 a.m. - 12 p.m.	<b>Sparring</b>		
		6-7 Years All Belts M/F	8-9 Years All Belts M/F	
		Youth 10-11 Years All Belts M/F	Cadet (12-14) All Belts M/F	
		Junior (15-17 All Belts M/F	Senior (18 - 32) Color Belts M/F	
		Ultra (33-45 & 46+) All Belts M/F		
Check-in/Weigh-in *All Saturday athletes must be checked in and weighed in by 5 p.m.	2 p.m. - 5 p.m.	<b>Sparring</b>		
		6-7 Years All Belts M/F	8-9 Years All Belts M/F	
		Youth 10-11 Years All Belts M/F	Cadet (12-14) All Belts M/F	
		Junior (15-17 All Belts M/F	Senior (18 - 32) Color Belts M/F	
		Ultra (33-45 & 46+) All Belts M/F		

# SCHEDULE

Date	Event	Time	Division	
May 29	Doors Open for Athletes & Coaches	7:30 a.m.	Divisions TBA	
	Athletes MUST be in Holding	8 a.m.	Divisions TBA	
	Doors Open for Spectators	8 a.m.	Divisions TBA	
	Competition Begins	8:30 a.m.	<b>Division order TBA after registration closes</b>	
			<b>Sparring</b>	
			6-7 Years All Belts M/F	8-9 Years All Belts M/F
			Youth 10-11 Years All Belts M/F	Cadet (12-14) All Belts M/F
Junior (15-17 All Belts M/F	Senior (18 - 32) Color Belts M/F			
Ultra (33-45 & 46+) All Belts M/F				
Check-in/Weigh-in	9 a.m. - 12 p.m.	<b>Sparring</b>		
		Senior (17 - 32) Black Belts M/F		
Check-in/Weigh-in *All Sunday athletes must be checked in and weighed in by 5 p.m.	2 p.m. - 5 p.m.	<b>Sparring</b>		
		Senior (17 - 32) Black Belts M/F		
May 30	Random Weigh-in	7 a.m.	TBA	
	Doors Open for Athletes & Coaches	7:30 a.m.	Divisions TBA	
	Athletes MUST be in Holding	8 a.m.	Divisions TBA	
	Doors Open for Spectators	8 a.m.	Divisions TBA	
	Competition Begins	8:30 a.m.	<b>Division order TBA after registration closes</b>	
<b>Sparring</b>				
Senior (17 - 32) Black Belts M/F				

## HOTEL, FLIGHTS & TRANSPORTATION

Hotel Reservation: All participants may book their hotel reservation through by clicking [here](#).

## VISA INFORMATION

The visa invitation letter per individual will be automatically generated from WT GMS platform if the visa is requested during the registration for the event. All members who need entry visa to USA must FIRST be registered for the event in GMS. You must then use this letter to apply for your or your team member's visa. Please watch the video below on HOW to request visa invitation letter from GMS [HERE](#).

**IMPORTANT:** We strongly recommend that you register your team as soon as possible to generate the visa invitation letter and apply for yourself and for your teams Visa (if required) to ensure sufficient time to receive your visa before travelling.

# REGISTRATION & QUALIFICATION REQUIREMENTS

**REGISTRATION REQUIREMENTS:** All Registration must take place on the World Taekwondo (WT) [online registration system](#). All Athletes, Coaches and Officials must have a current World Taekwondo Membership and have the World Taekwondo Global License in order to register. Registration deadlines end at 11:59 p.m. MT on the respective dates. No refunds will be given for any reason.

- Athletes and coaches must pay IN FULL by the early, regular or final registration deadline to receive the registration fee at that rate. If you register during the Early Registration period but do not pay by the early registration deadline you will have to pay the fee applicable for the registration period when you pay.
- All U.S. Coaches and Officials must complete and clear a background check and have completed SafeSport training prior to registering for the tournament. All U.S. athletes aged 18 and older must complete the SafeSport training prior to registering for the tournament.

## QUALIFICATIONS:

- Athletes must be at least 6 years of age as of December 31 of the current year to compete in this event.
- Must hold a yellow, green, blue, red, or 1st degree black belt or higher. A copy of the black belt certification must be uploaded to your Global License profile.
- All athletes, coaches and team officials MUST have a World Taekwondo Membership and Global Athlete License to compete in this tournament. For details on obtaining your Global License please click [here](#). Non-U.S. participants must go through their Member National Association (MNA).

Note: USA Taekwondo uses the date of December 31 of the given year to determine the age of all competitors. Example: If an athlete turns 14 on October 26 they would compete as a 14-year-old in the tournament, even though they are 13 years old at the time of the event.

## PARA SPARRING QUALIFICATIONS:

- Athletes must be at least 16 years of age as of December 31 of the current year to compete in this event.
- Must be a 5th Gup belt or higher. A copy of the black belt must be uploaded your Global License profile.

**World Taekwondo Coach Permit:** World Taekwondo (WT) requires all Coaches to have WT Coach Certification to coach athletes at any G rated events. Coaches who fail to provide proof of current WT Coach Certificate will not be allowed to coach at this event.

## CREDENTIAL PICKUP:

- All participants must pick up their own credential for this event. You must present a photo ID at the time of registration. This ID must be either an official State issued ID or Passport.
- All sparring competitors must also present their own official State issued ID, Passport, or Global License at the time of weigh-in.
- Lost credentials are subject to \$50 reprint fee.
- Any participants found on the competition floor without a valid credential will be asked to leave the competition floor and may be removed for the competition completely violating any of the USATKD policies, procedures or code of conduct.

## REGISTRATION DEADLINES & FEES

Athletes		
	Early Registration	Regular Registration
1st Division	\$150	\$200
2nd Division	\$225	\$275
3rd Division	\$300	\$350
4th Division	\$375	\$425

Coaches	
Early Registration	Regular Registration
\$80	\$150

\*Early registration deadline: May 4

\*Regular registration deadline: May 18

**Registration Deadlines end at 11:59 p.m. MT**

## METHOD OF COMPETITION

### SPARRING:

Senior Sparring - Single Elimination tournament with seeding system will be applied; the seeding will be as follows:

- WT World Rankings – 100% Seeding for Senior G2 Sparring
- Random computer draw

All other Sparring divisions (Dragon, Tiger, Youth, Cadet, Junior, Ultra) will be done by Random draw.

***Juniors born in 2005 can compete as a junior or as a senior.***

### POOMSAE:

The WT Cut off competition system will be used.

Contestants shall perform one (1) assigned compulsory Poomsae in the preliminary and semi-final rounds and two (2) assigned compulsory Poomsae in the final round. All contestants will compete in the preliminary round. The highest 50% scores from the preliminary round will advance to the semifinals. At the end of the semi-final round the highest eight (8) scoring contestants will advance to the final round. The highest score in four (4) contestants will be awarded medals (1st, 2nd, 3rd, 3rd) based on scores

- Divisions with fewer than 20 contestants will start with the semi-final round.
- Divisions with fewer than 9 contestants will start with the final round.
- Under 30 and Under 40 divisions will use a single elimination bracketed format.

WT GMS has implemented a function for an individual member to invite partner(s) for Pairs and Teams Poomsae. During the registration for a poomsae event, there is a button called "Invite/Add". Your partner will receive an email about the invitation, then he/she needs to accept the invitation by registering through GMS. Click [here](#) to find detailed infographics on how the function works.

## DOPING CONTROL

**DOPING CONTROL:** Anti-doping regulations The WT Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions. Compulsory anti-doping tests will be carried out for all according to the World Taekwondo Anti-doping finalists, while random tests will be conducted among the quarter- and semi-finalists who failed to advance to the (semi-)final. The WT and/or WADA may carry out random out-of-competition testing prior to the tournament. Therefore, all participating contestants are required to submit their latest and most accurate Athlete Location (Whereabouts Info) Forms to the WT.

**TUE (Therapeutic Use who take any substance or medicine listed):** In the “Prohibited List” of the WT Anti-Doping Rules and Anti-Doping Code of World Anti-Doping Agency (WADA) for therapeutic purposes are requested to visit the website of WADA and make online filing of their TUE applications on [ADAMS](#). For more details, please click [here](#).

## COMPETITION RULES

**SPARRING:** Cadet (12-14), Junior (15-17), Senior (17-32) and Ultras (33+) competitors will use current WT competition rules. Dragon (6-7), Tiger (8-9), and Youth (10-11) competitors will use USATKD Junior Safety rules, click [here](#) to go to the rules.

*Juniors born in 2005 can compete as a junior or as a senior.*

### SCORING EQUIPMENT:

Daedo Gen 1 PSS Hogu will be used for all Dragon (6-7), Tiger (8-9), and Youth (10-11) Sparring Divisions. All Youth Dragon (6-7), Tiger (8-9), and Youth (10-11) participants must provide their own red and blue head gear with no markings other than corporate logos. Cracks or defects in the headgear will not be allowed.

Daedo Gen 2 PSS Hogu and Headgear will be provided for all Cadet (12-14), Junior (15-17), Senior (17-32), Ultra (33+) and Para Divisions.

Dartfish video replay will be used on all competition areas.

**Sparring:** Contestants must wear a white Taekwondo V-neck WT approved uniform (Dobok) in good condition. Black belts must wear black-collared uniforms. Patches, embroidery, logos, team names, country names, athlete names and stripes are permitted on the uniform; They can be up to 12” x 4” on each extremity (leg or arm) for a total of 4 (four). Logos or names on the back of the uniform and patches on the chest area of the uniform are also allowed.

All sparring division competitors must bring their own Daedo Sensor Socks.

**POOMSAE:** Divisions for ages 12 and older will use current [WT poomsae rules](#). All divisions will use a modified WT format which will have a preliminary round, a semifinal round, and a final, non-bracketed round. The final round will be for the top eight competitors. The top four scores will be the gold, silver, and two bronze.

Only the Under 30 and Under 40 individual divisions will use a single elimination bracket format.

**Poomsae:** Contestants must wear WT approved Dobok or the WT designated Y-neck competition poomsae uniform as outlined in the WT Rules. If a Contestants chooses to wear the WT designated competition poomsae uniform, they must comply with WT guidelines concerning uniforms designated by rank. WT Y-neck uniforms may have a national flag patch and country code displayed on the uniform consistent with WT guidelines.

**PARA SPARRING:** Senior (16-32) To download the WT competition Rules [here](#). Dartfish video replay will be used on all competition areas. 2 quota until and including semi-final; 1 bonus quota will be given in the final if all quotas have been used.

**SCORING EQUIPMENT:** Daedo Gen 2 PSS Hogu and Headgear will be provided for all Para Divisions. Dartfish video replay will be used on all competition areas.

All sparring division competitors must bring their own Daedo Sensor Socks.

Uniform for contestants: [Official Uniform \(Dobok\)](#)

## SPARRING DIVISIONS - WEIGHT CATEGORIES

Note: Not Exceeding means the weight limit is defined by the criterion of one decimal place away from the stated limit. For Example, not exceeding 50kg is established as until 50.0kg with 50.1kg being over the limit resulting in disqualification.

***Juniors born in 2005 can compete as a junior or as a senior. Competing in both categories is not allowed.***

<b>ULTRA SPARRING</b> <b>(33 - 45 &amp; 46 and Over)</b> <b>3 ROUNDS, 1 MINUTE</b> <b>DAEDO GENERATION 2</b>		
Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fly	Not exceeding 58kg	Not exceeding 49kg
Light	Over 58kg & Not exceeding 68kg	Over 49kg & Not exceeding 57kg
Middle	Over 68kg & Not exceeding 80kg	Over 57kg & Not exceeding 67kg
Heavy	Over 80kg	Over 67kg
<b>SENIOR SPARRING DIVISIONS (17-32)</b> <b>COLOR BELTS: 3 ROUNDS, 1 MINUTE</b> <b>DAEDO GENERATION 2</b> <b>BLACK BELTS (WORLD CLASS): 3 ROUNDS, 2 MINUTES</b> <b>DAEDO GENERATION 2</b>		
Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 54kg	Not exceeding 46kg
Fly	Over 54kg & Not exceeding 58kg	Over 46kg & Not exceeding 49kg
Bantam	Over 58kg & Not exceeding 63kg	Over 49kg & Not exceeding 53kg
Feather	Over 63kg & Not exceeding 68kg	Over 53kg & Not exceeding 57kg
Light	Over 68kg & Not exceeding 74kg	Over 57kg & Not exceeding 62kg
Welter	Over 74kg & Not exceeding 80kg	Over 62kg & Not exceeding 67kg
Middle	Over 80kg & Not exceeding 87kg	Over 67kg & Not exceeding 73kg
Heavy	Over 87kg	Over 73kg



### JUNIOR SPARRING DIVISIONS (15-17)

COLOR BELTS: 3 ROUNDS, 1 MINUTE

*DAEDO GENERATION 2*

BLACK BELTS (WORLD CLASS): 3 ROUNDS, 1 MINUTE 30 SECONDS

*DAEDO GENERATION 2*

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 45kg	Not exceeding 42kg
Fly	Over 45kg & Not exceeding 48kg	Over 42kg & Not exceeding 44kg
Bantam	Over 48kg & Not exceeding 51kg	Over 44kg & Not exceeding 46kg
Feather	Over 51kg & Not exceeding 55kg	Over 46kg & Not exceeding 49kg
Light	Over 55kg & Not exceeding 59kg	Over 49kg & Not exceeding 52kg
Welter	Over 59kg & Not exceeding 63kg	Over 52kg & Not exceeding 55kg
Light Middle	Over 63kg & Not exceeding 68kg	Over 55kg & Not exceeding 59kg
Middle	Over 68kg & Not exceeding 73kg	Over 59kg & Not exceeding 63kg
Light Heavy	Over 73kg & Not exceeding 78kg	Over 63kg & Not exceeding 68kg
Heavy	Over 78kg	Over 68kg

### CADET SPARRING DIVISIONS (12-14)

COLOR BELTS: 3 ROUNDS, 1 MINUTE

BLACK BELTS (GRASS ROOTS): 3 ROUNDS, 1 MINUTE

*DAEDO GENERATION*

BLACK BELTS (WORLD CLASS): 3 ROUNDS, 1 MINUTE 30 SECONDS

*DAEDO GENERATION 2*

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 33kg	Not exceeding 29kg
Fly	Over 33kg & Not exceeding 37kg	Over 29kg & Not exceeding 33kg
Bantam	Over 37kg & Not exceeding 41kg	Over 33kg & Not exceeding 37kg
Feather	Over 41kg & Not exceeding 45kg	Over 37kg & Not exceeding 41kg
Light	Over 45kg & Not exceeding 49kg	Over 41kg & Not exceeding 44kg
Welter	Over 49kg & Not exceeding 53kg	Over 44kg & Not exceeding 47kg
Light Middle	Over 53kg & Not exceeding 57kg	Over 47kg & Not exceeding 51kg
Middle	Over 57kg & Not exceeding 61kg	Over 51kg & Not exceeding 55kg
Light Heavy	Over 61kg & Not exceeding 65kg	Over 55kg & Not exceeding 59kg
Heavy	Over 65kg	Over 59kg

### YOUTH SPARRING DIVISIONS (10-11)

ALL BELTS: 3 ROUNDS, 1 MINUTE

*DAEDO GENERATION 1*

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 30kg	Not exceeding 30kg
Light	Over 30kg & Not exceeding 35kg	Over 30kg & Not exceeding 35kg
Middle	Over 35kg & Not exceeding 40kg	Over 35kg & Not exceeding 40kg
Heavy	Over 40kg	Over 40kg

TIGER SPARRING DIVISIONS (8-9)		
<u>ALL BELTS: 2 ROUNDS, 1 MINUTE</u>		
<i>DAEDO GENERATION 1</i>		
Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 21kg	Not exceeding 21kg
Light	Over 21kg & Not exceeding 25kg	Over 21kg & Not exceeding 25kg
Middle	Over 25kg & Not exceeding 30kg	Over 25kg & Not exceeding 30kg
Heavy	Over 30kg	Over 30kg
DRAGON SPARRING DIVISIONS (6-7)		
<u>ALL BELTS: 2 ROUNDS, 1 MINUTE</u>		
<i>DAEDO GENERATION 1</i>		
Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 19kg	Not exceeding 19kg
Light	Over 19kg & Not exceeding 23kg	Over 19kg & Not exceeding 23kg
Middle	Over 23kg & Not exceeding 27kg	Over 23kg & Not exceeding 27kg
Heavy	Over 27kg	Over 27kg

PARA SPARRING DIVISIONS (16 & OLDER)			
SPORT CLASSES K41 and K44			
<u>ALL BELTS: 3 ROUNDS, 1 MINUTE</u>			
<i>DAEDO GENERATION 2</i>			
Male Divisions		Female Divisions	
-58kg	Not exceeding 58kg	-47kg	Not Exceeding 49kg
-63kg	Not exceeding 63kg	-52kg	Not Exceeding 52kg
-70kg	Not exceeding 70kg	-57kg	Not Exceeding 57kg
-80kg	Not exceeding 80kg	-65kg	Not Exceeding 65kg
+80kg	Over 80kg	+65kg	Over 65kg

### Weigh-Ins

- If you make a weight category changes within the same registration period that you registered and paid it will be **FREE**. If you make a weight category change in a different registration period from when you initially registered and paid you will be charged the difference e.g. Registered and paid during early bird (until 5 Feb 2020) you can change any time during this period for FREE. If you then change weight category during regular you would be charged 25 USD (difference between regular and early registration fee). If you need to make a weight change after registration is closed you would be charged 50 USD onsite at weigh-in.
- A competitor's weight shall be measured the day prior to his/her competition day. All competitors must weigh-in during the designated times on the schedule
- A competitor's weight may be measured twice. If a contestant does not qualify the first time, one more official weigh-in is granted within the time limit. So as not to be disqualified during official weigh-in, a scale, the same as the official one, shall be provided at the convention center as a test scale.
- Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.

- Weigh in, for both male and female shall be taken in the official V-neck uniform, or, if a contestant wishes, weigh-in may be done in underpants for male and underpants and bra for female contestants. **Under NO circumstances may an athlete weigh-in in the nude in the United States.**

*\*Athletes in the Dragon (6-7), Tiger, (8-9), Youth (10-11), Cadet (12-14) and Junior (15-17) divisions will weigh-in clothing or dobok ONLY. Athletes will be given 0.2kg cushion for clothing.*

- RANDOM WEIGH IN: All G-2 Kyorugi competitors are subject to this WT rule. Random weigh-in must be completed 30 minutes prior to the beginning of each competition day. The random weigh-in for Senior athletes will take place at 8:00 a.m. at the competition venue. All contestants must be present for the random weigh-in. Should a contestant fail to appear for the random weigh-in, he/she will be disqualified. 20% of the number of athletes for each category shall be randomly selected for the weigh-in. The random weigh-in shall be conducted with +5% of the contestant's weight category.

## POOMSAE DIVISIONS – AGE CATEGORIES

All poomsae divisions will use a modified WT format which will have a preliminary round, a semifinal round, and a final, non-bracketed round. The final round will be for the top eight competitors. The top four scores will be the gold, silver, and two bronze medalists. The Under 30 and Under 40 individual divisions will be a single elimination bracketed format.

INDIVIDUAL POOMSAE			
AGE CLASSES	AGE DIVISIONS	BELT COLOR	RANK
DRAGONS	6-7 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A
DRAGONS	6-7 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>
TIGERS	8-9 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A
TIGERS	8-9 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>
YOUTH	10-11 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A
YOUTH	10-11 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>
CADET	12-14 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A
CADET	12-14 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>
JUNIOR	15-17 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A
JUNIOR	15-17 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>
UNDER 30	18-30 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A
UNDER 40	31-40 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A
UNDER 50	41-50 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A
UNDER 60	51-60 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A
UNDER 65	61-65 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A
OVER 65	66 & OLDER	YELLOW, GREEN, BLUE & RED	N/A
OVER 70	71 & OLDER	YELLOW, GREEN, BLUE, & RED	N/A
UNDER 30	18-30 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>
UNDER 40	31-40 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>
UNDER 50	41-50 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>
UNDER 60	51-60 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>
UNDER 65	61-65 YEARS OLD	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>
OVER 65	66 & OLDER	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>
OVER 70	71 & OLDER	BLACK	1 <sup>ST</sup> – 9 <sup>TH</sup>

## PAIRS POOMSAE

CO-ED: 1 MALE & 1 FEMALE

Cadet (12-14), Juniors (15-17), Under 30 (18-30), Over 30 (31+), & Over 50 (51+)

Division	Belt	Rank	Gender
Cadet (12-14)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed
Juniors (15-17)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed
Under 30 (18-30)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed
Over 30 (31+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed
Over 50 (51+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed

## TEAM POOMSAE

3 Competitors of the same gender

Cadet (12-14), Juniors (15-17), Under 30 (18-30), Over 30 (31+), & Over 50 (51+)

Division	Belt	Rank	Gender
Cadet (12-14)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
Cadet (12-14)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
Juniors (15-17)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
Juniors (15-17)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
Under 30 (18-30)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
Under 30(18-30)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
Over 30 (31+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
Over 30 (31+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
Over 50 (51+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
Over 50 (51+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male

## INDIVIDUAL FREESTYLE POOMSAE

12-17 & 18+

Division	Belt	Rank	Gender
12 - 17	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
12 - 17	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
18+	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
18+	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male

## PAIRS FREESTYLE POOMSAE

COED – 1 MALE & 1 FEMALE

12-17 & 18+

Division	Belt	Rank	Gender
12 - 17	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed
18+	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed

## TEAMS FREESTYLE POOMSAE

Composition of 5 Members at least 2 Males & 2 Females

12-17 & 18+

Division	Belt	Rank	Gender
12 - 17	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Mixed
18+	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Mixed

**IMPORTANT:** Designated Poomsae will be selected from the Compulsory Poomsae listed below and be published to the USA Taekwondo website 1 week from the start of the tournament.

## COMPULSORY POOMSAE – BLACK BELTS

INDIVIDUAL DIVISIONS	COMPULSORY POOMSAE
Dragons (6-7)	Taegeuk 2, 3, 4, 5, 6, 7, 8 Jang, Koryo
Tigers (8-9)	
Youth (10-11)	
Cadets (12-14)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
Juniors (15-17)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek
Under 30 (18-30)	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Under 40 (31-40)	
Under 50 (41-50)	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Under 60 (51-60)	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Under 65 (61-65)	
Over 65 (66+)	
Over 70 (71+)	
PAIRS DIVISIONS (co-ed)	COMPULSORY POOMSAE
Cadets (12-14)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
Juniors (15-17)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek
Under 30 (18-30)	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Teaback, Pyongwon, Shipjin
Over 30 (31+)	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Over 50 (51+)	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
TEAM DIVISIONS	COMPULSORY POOMSAE
Cadets (12-14)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
Juniors (15-17)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek
Under 30 (18-30)	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Over 30 (31+)	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Over 50 (51+)	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

COMPULSORY POOMSAE – COLOR BELTS	
INDIVIDUAL DIVISIONS	COMPULSORY POOMSAE
Yellow (7 <sup>th</sup> & 8 <sup>th</sup> Geup) – All Ages	Taegeuk 1, 2 Jang
Green (5 <sup>th</sup> & 6 <sup>th</sup> Geup) – All Ages	Taegeuk 1, 2, 3, 4 Jang
Blue (3 <sup>rd</sup> & 4 <sup>th</sup> Geup) – All Ages	Taegeuk 3, 4, 5, 6 Jang
Red (1 <sup>st</sup> & 2 <sup>nd</sup> Geup) – All Ages	Taegeuk 4, 5, 6, 7, 8 Jang

## COACHING REQUIREMENTS

All coaches must be in good standing with their MNA and holder of current World Taekwondo Membership and World Taekwondo Global License. The registration deadlines and fees will be strictly enforced and no exceptions will be made. Please refer to Registration Fees and deadlines section of this packet.

**COACHES ATTIRE:** All coaches must oblige to wearing business suits (tie optional) for the semifinals and final rounds. Coaches that do not follow the dress code will not be allowed to enter the field of play during finals and semifinals.

**World Taekwondo Coach Permit:** World Taekwondo (WT) requires all Coaches to have WT Coach Certification to coach athletes at any G rated events. Coaches who fail to provide proof of current WT Coach Certificate will not be allowed to coach at this event.

All U.S. Coaches and officials must be a current USA Taekwondo member, have completed and cleared a background check in the last 2 years, taken Safe Sport Training or Refresher course in the last year before your Global License will be approved. Once you have completed this you can register for the tournament.

## TRAINING OPPORTUNITIES

Training will be available at venue. Dates and times TBA.

## AWARDS

Medals will be given out to the top four (4) athletes, in the respective divisions and weight Categories. 1st Place - Gold Medal, 2nd Place – Silver Medal, & two (2) 3rd Place – Bronze medals in all sparring and poomsae divisions.

Team awards will be given out to the top four (4) teams in each of the Men's and Women's Senior Sparring Classifications, based on the point system below:

Rationale	Points Awarded
<b>Gold Medal</b>	7 Points
<b>Silver Medal</b>	3 Points
<b>Bronze Medal</b>	1 Point

Awards will also be given to the Best Male and Best Female athlete in the Senior Sparring Division, Best Male and Female International Referees and Best Male and Female Team Coach. These awards will be determined and awarded after the conclusion of the final day of the Senior Sparring Divisions.

## SPECTATOR TICKETS

Admission to the event is by credential or ticket only. Advanced tickets can be purchased online through Brown Paper Tickets.

Online sales will be available throughout through May 23. Tickets can be purchased on event days at the Fort Worth Convention Center. All ticket sales are non-refundable and no-exchangeable. Tickets are subject to availability and capacity limits. Prices subject to change without notice. Children under 5 are free.

TICKET PRICING		
Event Ticket	Online	Door
Adult 18+	\$18.00	\$21.00
Child (6-17)	\$13.00	\$16.00