



Referee meeting Virtual Range Open Poomsae Championship 2021

Updated 8/7/2021

1. Categories and cut-off system

Different categories.

- Dan/poom
- K3, K2, K1 : only preliminaries and finals, **no semi-finals !!**
 - K3 (10th-7th kup) :
 - form is competitor's choice
 - can repeat forms, also in the same round
 - K2 (6th-3th kup):
 - form is competitor's choice
 - cannot repeat any form. All forms in both rounds must be different
 - K1 (2th-1th kup) :
 - compulsory forms
- Family :
 - at least two generations (**so brother and sister alone is not allowed!**)
 - unlimited number of competitors,
 - Immediately finals
 - 2 forms recorded, own choice

Cut off system

- Preliminary :
 - Dan :
 - if > 20 competitors present in the category
 - 50 % goes to SF
 - K1/K2/K3 :
 - if > 12 competitors present in the category
 - top 8 go to **Finals**
- Semi-finals :
 - Only for Dan, not for K1/K2/K3!!
 - If only 20 or less competitors in category, immediately semi-finals, otherwise 50 % of the Preliminaries
 - Top 8 go to finals
- Finals :
 - Dan : 10 or less : immediately finals
 - K1/K2/K3 : 12 or less : immediately finals
 - Otherwise top 8 of SF (Dan) or Preliminaries (K1/K2/K3)



2. Poomsae Deduction for online Championships

Based on

- *Online Poomsae Competitions Guidelines.*
- *Poomsae Deduction for online 2020 WT Poomsae Championships*
- *WT Poomsae Competitions Rules May 14th 2019*
- *WT Para Poomsae Competitions Rules Jan, 2017*
- *PDF file GM Shin*

- **0.3 points deduction from accuracy**
 - If the athlete does not have adequate space to perform the poomsae and takes an extra step to get around any objects in the room each additional step.
 - Each hand and or feet movement cannot be seen by referee as participant moves beyond the camera's view.
 - Each hand and or feet movement cannot be seen by referee due to poor lighting (i.e., backlighting, lighting too bright/dim, etc).
 - Each kihap cannot be heard by referee as participant fails to turn on his/her microphone before performance.

- **0.3 points deduction from the final score**
 - Overtime (more than 90 seconds)

- **0.6 points deduction from accuracy**
 - Person or pet coming into the field of play while executing poomsae.
 - Whole body cannot be seen by referee.

- **0.6 deduction from accuracy of the first form**
 - Video in portret mode instead of landscape mode
 - Performing incorrect Poomsae
Both poomsae are switched (f.i. video sequence is 6 and 8, and should be 8 and 6)
 - Members of the family poomse do not belong to different generations
 - The video is recorded in mirror
 - Both forms are recorded separately

- **0 score for accuracy and 1.5 presentation**
 - Performing the wrong form (f.i. 4 and 9 compulsory, competitor performs 3 and 9)
 - Performing twice the same form although it must be two different forms (not for K3!!!) : second form 0 and 1.5

- **0.6 points deduction from final score**
 - Wearing incorrect Dobok and incorrect belt
 - Wearing shoes or socks
 - Wearing jewellery

- **Disqualification**
 - Video that has been edited or shows proof of editing.
 - Submission of wrong videos to wrong division.
 - Incompliance with recording guideline provided by WT.
 - Display of political, religious and non-recognized NOC flags.
 - Movement of camera during performance(up/down and zoom in/out)



3. Hands-on guidelines for VROPC2021

- Poomsae performance can be recorded indoors or outdoors. Competition area – Recommend any kind of mat for safety, but allow to perform with or without mat and any places available. No boundary line rule applies.
If the athlete does not have adequate space to perform the poomsae and takes an extra step to get around any objects in the room, 0.3 deduction from accuracy each additional step.
- Participants must wear a Taekwondo Dobok or Poomsae Uniform. Uniform with correct belt (exceptions are made for colour belts as we are aware that belts systems may be different in other countries).
If not 0.6 points deduction from the final score!!
- Participants are not allowed to wear any type of shoes or socks.
If they do 0.6 points deduction from the final score!!
- Male participants are not allowed to wear a T- shirt under their Taekwondo uniform.
Since there is no WT penalty defined, no penalty
- Female participants are allowed to wear a T- shirt under Taekwondo uniform. Colour is not defined.
Since there is no WT penalty defined, no penalty
- Participants are not allowed to wear any type of jewellery.
Taping can be a solution (f.i. tape over earrings).
If they do 0.6 points deduction from the final score!!
- Participant's starting position must face toward the camera.
Follow-up by organization
- Video recordings should be done horizontally and in good quality
If recorded in portret mode 0.6 points deduction from accuracy of the first form!!
- Participant must at all time be full body inside the screen during Poomsae performance (including 30 seconds break) and must not be distanced too far away from camera during performance. (Position of camera: About 7m straight front whole body)
If
 - **part of the movement impossible to see : 0.3 deduction from accuracy each time**
 - **whole body disappears : 0.6 deduction from accuracy each time****If two separate videos, instead of one, 0.6 deduction from accuracy of the first form!!**
- There should be no disturbance during Poomsae performances in videos. No other persons or pets (except coach) should be visible in the screen.
If so 0.6 points deduction from accuracy
- We do not allow repeated recording of poomsae in the same video, in case that a participant is unsatisfied with his/her performance. Therefore, competitors should not enter video entries until they are completely satisfied with their performances.
Follow-up by organization
- Participants may only use a video entries once: Participants cannot enter the same video for more than one round at the competition or use a video entry they have used at a different online Poomsae Championships.
Otherwise DSQ!!



- Participants may display their identity and national flag in the background of the video. For example: GBR, BEL, KOR, DEN, National flag or Club ID.
- Participants may edit videos to display their Identity such as: Name, Category, Club Name, Nation of residence and National flag. No other forms of editing are permitted.
 - No virtual backgrounds
 - No religious or political displays
 - NOC flags are recommended to be displayed

Otherwise DSQ!

- Participants may wear a facemask or face covering if they wish, as long as their eyes and top half of their face is visible.
- Participants should name the titles of their videos in the following styles; Round – Competitor Name – Category – Official landcode (3 letters) – VROPC2021.
- All Video links must be uploaded by Sunday July 4th (21:00 UK Time), links received after this time will not be accepted and registered as disqualified. We urge competitors to complete their videos and submit them to us as soon as possible, to avoid technical difficulties which may occur hours before the video entry deadline.
- Please make that YouTube videos submitted to us for competition are set to public settings or unlisted so the videos can still be viewed by our judges. Videos set as private or hidden on YouTube cannot be viewed and therefore cannot be scored by judges, which will result in disqualification.
- Camera must remain in same position for the duration of the performance (not permitted to zoom in and out or pan up and down- left to right is allowed!!)

Otherwise DSQ !

- The sound recording must be of good quality, so kiaps are clearly audible. Not applicable for jizikgi!

If not 0.3 deduction from accuracy each time

- Family must have different generations.

If not once 0.6 deduction from accuracy of the first form

- Normally 2 different forms have to be performed except for K3.

If not 0 accuracy and 1.5 presentation score for the second form

- Perform the right form, f.i. compulsory 5 and 7

If not, 0 accuracy and 1.5 presentation of the wrongly performed taegeuk/poomse

- Beware the video is not recorded in mirror.

If so 0.6 deduction from accuracy of the first form



4. WT Poomsae Competition Scoring Criteria For Recognized Poomsae for VROPC2021

Accuracy (4.0 points)

1. Accuracy of basic movements
2. Accuracy in individual movement of the Poomsae.
3. Balance

Deduction of point in accuracy shall be made for every small mistake (0.1) or serious mistake (0.3)

A) Deduction of 0.1 point per small mistakes in individual movement:

0.1 point shall be deducted whenever any of follow are incorrect.

- Stances: Ap-gubi, Dwit-gubi, Beom-seogi, Riding, Cross stance and etc...
- Hand movements: Makki, Jiregi, Chigi, Tzireugi and other incorrects.
- Kicks: Ap-chagi, Yop-Chagi, Dollyo Chagi, Dubal Dangsung Apchagi, Gudeup Yop Chagi, Pyojeok Chagi and etc...
Ex. Dollyo Chagi does not reach the target (Taegeuk 6 Jang)
- Balance: Imbalance during Poom movements or kick etc...
- Slow movement 5 seconds & 8 seconds are incorrect time.
- Movements of stance and hand are separate.
- Pivoting of foot is not use by the fore sole (앞축)
- Movement of foot is twice when move a line with stance.
- Posture of body is leaning backward/forward.

B) Serious mistake in accuracy is deducted - 0.3 point

0.3 point shall be deducted whenever any of follow are incorrect.

1. Eolgul Makki is performed instead of Momtong Makki
2. Block is performed instead of striking
3. Stance Dwi Gubi is performed instead of Juchum-Seogi
4. Kihap (Yelling) is not made or unnecessary Kihap is made.
5. Temporary stop during movements more than 3 seconds (Forgetting the next movements for three seconds or longer, a long length of break)
6. Eyesight does not follow the target side to which actions are made. High kick does not look the foot
7. Performing Hakdari-seogi raised foot touches on the ground (Keumgang) Large imbalance or move pivot after Kick.
8. The starting position and the ending position are not corresponding Exception 1) Keum Gang, 2) Ji Tae Poomsae
9. When the contestant performed the jizikgi (a stamping motion) without enough power and sound.
10. When the contestant committed unnecessary made big noises in Breathing or stance/stepping sounds.
11. Perform wrong Junbi (Koryo: Gibon junbi instead of Tongmilgi)
12. Order of performance wrong (십진-금강) = Restart 0.6 deduction once. When the contestant restarts his or her performance. (0.3 + 0.3 = 0.6)



Presentation (6.0 points)

1. Power & Speed (속도와 힘) (2.0)
2. Strength/Speed/Rhythm/Tempo (강유/완급/리듬) (2.0)
3. Expression of Energy (기 움직임) (2.0)

Watch the overall performance of Poomsae:

- Connection of each Poom, stance by stance.
(Transfer of Centre of gravity, Relax of body, Breath control and Flow movement)
- Movements of Rhythm and Tempo and Dynamic action.
- Slow movements: Calmness & Stability.
- Poomsae line & Stance movement.

Scoring every component presentation (scale)

- Perfect: (2.0)
- Excellent (1.9 – 1.7),
- Good (1.6 – 1.4)
- Average (1.3 – 1.1)
- Poor (1.0 – 0.8)
- Very Poor (0.8 – 0.5)

We start in preliminaries, semi-finals and finals with average 1.3 .

5. WT Para Poomsae Competition Rules as 1st Jan, 2017

Age categories

1. Junior (12-15 years old)
2. Under 30 (16-29 years old)
3. Over 30 (30 years old and older)

Different categories :

1. P10 - Visual Impairments (P11, P12, P13)
2. P20 - Intellectually Impaired (Only one sport class)
3. P30 - Motor Impairments: (P31, P32, P33, P34)
4. P40 – Sport class for Kyurugi (Sparring)
5. P50 - Wheelchair Classes
6. P60 - Deaf
7. P70 - Short Stature: (P71, P72)

Important of Performance Poomsae

- Vivid Action
- Movement in center of gravity & smooth natural movements.
- Control good balance of pivoting.
- Action are presented softness/rhythm and strong between movements without cutting.

Two separate recordings for both forms are allowed!!