



RISING CAMP

24-25 JANUARY 2026

by Taekwondo Square

SPECIAL GUESTS



HAMZA ACHAIBI
TAEKWONDO SQUARE
COACH



MOURAD LAACHRAOUI
SENIOR NATIONAL TEAM
COACH



HEDI NEFFATI
JUNIOR NATIONAL TEAM
COACH

Mutsaard Sports Complex

Avenue Mutsaard 67, 1020 Bruxelles.

Train. Rise. Shine.

*2 days to push your limits and reach your next level.
Join the Rising Camp — where ambition meets excellence.*

TRAINING SCHEDULE

DAY	GROUP	ZONE	SESSION 1	BREAK	SESSION 2
SATURDAY	CADETS	ZONE 1	10:00 - 11:30	11:30 - 12:30	12:30 - 14:00
	JUNIORS & SENIORS	ZONE 2	10:00 - 11:30	11:30 - 12:30	12:30 - 14:00
SUNDAY	CADETS	ZONE 1	10:00 - 11:30	11:30 - 12:30	12:30 - 14:00
	JUNIORS & SENIORS	ZONE 2	10:00 - 11:30	11:30 - 12:30	12:30 - 14:00

PRICE : 80 € (2 DAYS INCL.) BY BANK TRANSFER

BRUSSELS ACTIVE SQUARE

IBAN : BE47 7310 5964 6180

Specify the name of the club + RISINGCAMP26

LIMITED PLACES :

40 CADETS

40 JUNIORS & SENIORS

SUBSCRIPTION VIA :

[HTTPS://WWW.MARTIAL.EVENTS/FR](https://www.martial.events/fr)

FOR MORE INFO :

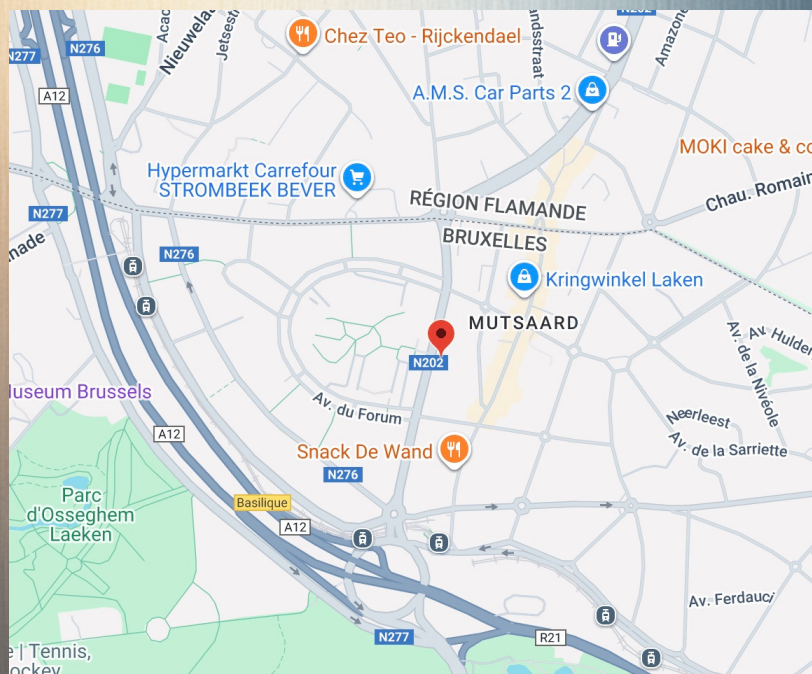
+32 480 67 64 10

info@brusselsactivesquare.be



**TAEKWONDO
SQUARE**

SEE YOU SOON !



- **10 minutes from Brussels city center**
- **20 minutes from Brussels Airport (BRU)**
- **Direct access from A12 highway**
- **Metro 6 – Heysel / Roi Baudouin (10 min walk)**
- **Bus lines: 53, 84, 88 – Stop Mutsaard**
- **Tram 3 & 7 – Stop De Wand (Heysel direction)**
- **Free parking available in front of the venue**

HOTELS NEARBY :

- **HOTEL IBIS BRUSSELS EXPO ATOMIUM (5 min)**
- **HOTEL EXPO BRUSSELS (5 MIN)**



**TAEKWONDO
SQUARE**