






Coupe Hennuyère 2026 – 20th edition

Kyorugi

| DATE AND PLACE | |
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| Date | Sunday 04/26/2026 |
| Place | Mons Arena |
| Address | Rue des laminoirs, 2, 7012 Mons |
| ORGANISATION | |
| Organisers |  Taekwondo Imjin Academy et discipline associée |
| Contact | Fiori Agostino agostino.fiori170361@gmail.com 0472/675583 |
| Technical representative | Michel Paque |
| Promotor | <div>   </div> Association Belge Francophone de Taekwondo (ABFT asbl) Chaussée de Wavre, 2057 1160 Auderghem www.abft.be |
| Access |  Each club must have a license recognised by the World Taekwondo. |
| REGISTRATION | |
| Registration deadline | ⇒ No registration possible after 04/19/2026, 11:59 pm. |
| Registration website | ⇒ Registration possible only on www.martial.events |
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| Spots available | ⇒ 450 entries available |

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| Participation fee | <p>⇒ 40 € / athlete</p> <p>⇒ Must be paid before 04/20/2025, 11:59 pm.</p> <p>⇒ Bank transfer only, to this account:</p> <p style="text-align: center;">BE45 0688 9639 2989 Taekwondo Imjin Academy BIC : GKCCBEBB</p> <p>⇒ ⚠ No individual transfer, only one transfer per club ⚠</p> <p>⇒ Add this in communication Coupe Hennuyère + Kyorugi + Name of the club</p> <p>⇒ Please send a proof of your payment (screenshot or pdf file of the transfer) to agostino.fiori170361@gmail.com</p> <p>⇒ All entries of the club must be paid.</p> <p>⇒ No refund is allowed after the registration deadline.</p> <p>⇒ No registration is possible on the day of the competition.</p> <p>⇒ No athlete may compete in more than one category on the same day.</p> |
| Coach | <p>⇒ Free entrance for one coach per team of 5 athletes.</p> <ul style="list-style-type: none"> - From 1 to 5 : 1 coach - From 6 to 10 : 2 coaches - From 11 to 15 : 3 coaches - ... <p>⇒ Each added coach costs 10 €.</p> |
| Conditions | <p>⇒ The organiser is not responsible if the athlete is the only one in their category.</p> <p>⇒ No refund allowed.</p> |
| Spectators | <p>⇒ 10 € / person (you can pay by card or cash)</p> <p>⇒ Free for children under 6 years old.</p> |
| Weigh-in | <p>⇒ Each competitor must give their license when weighing.</p> <p><u>Seniors</u></p> <p>⇒ Senior competitors must come alone to the weigh-in.</p> <p>⇒ A competitor's weight can exceed the limit by 99g.</p> <p><i>E.g. :</i></p> <ul style="list-style-type: none"> - <i>A competitor with a weight of 58,0 kg can compete in the -58 kg category.</i> - <i>A competitor with a weight of 58,1 kg must compete in the -63 kg category.</i> <p><u>Pupils, minors, cadets and juniors</u></p> <p>⇒ Coaches may accompany pupils, minors, cadets and juniors during the weigh-in.</p> <p>⇒ Since they cannot be weighted naked, pupils, minors, cadets and juniors may exceed the limit by 199g.</p> |
| Category change | <p><u>Payment needed</u></p> <p>⇒ After the registration deadline, if the competitor exceeds the weight limit or was wrongly registered, they can change category only during the official weigh-in and a payment is needed.</p> |

Each category change costs 10 € and must be paid the registration and weigh-in table.

⇒ Once the payment is transferred, the competitor must show the proof of payment to the Martial Events representative **(the club representative will add a stamp on the competitor's card once the change is paid)**, and they will hand the competitor a new card. The competitor is automatically registered in their new category without going to the weigh-in again.

Free

⇒ If they are alone in their category, minors, cadets and juniors may move up to a higher weight category. Only the coach may ask for this change to the Martial Events representative.

Forbidden

⇒ On registration, on the weigh-in, on the day of the competition:

- No competitor is allowed to move up to a higher or drop down to a lower age category.
- No competitor from the C category is allowed to move up to a higher-grade category.
- No competitor from the A+B category is allowed to drop down to a lower grade category.

| CATEGORIES | |
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| Age | Pupils: 7-8 yo : born between 2018 and 2019 Minors: 9-11 yo : born between 2015 and 2017 Cadet : 12-14 yo : born between 2012 and 2014 Junior : 15-17 yo : born between 2009 and 2011 Senior : 17-34 yo : born in 2009 or before Masters: 35+ yo: born in 1990 or before |
| Grades | C category: from 8 th to 5 th keup AB category: starting from 4 th keup |
| Weight | Pupils – female: -20, -22, -24, -26, -28, -30, -32, -34, -36, +36kg Pupils – male: -20, -22, -24, -26, -28, -30, -32, -34, -36, +36kg Minors – female: -24, -27, -30, -33, -36, -40, -44, -48, 52, + 52kg Minors – male: -24, -27, -30, -33, -36, -40, -44, -48, 52, + 52kg Cadets – female: -29, -33, -37, -41, -44, -47, -51, -55, -59, +59kg Cadets – male: -33, -37, -41, -45, -49, -53, -57, -61, -65, +65kg Juniors – female: -42, -44, -46, -49, -52, -55, -59, -63, -68, +68kg Juniors – male: -45, -48, -51, -55, -59, -63, -68, -73, -78, +78kg Seniors – female: -46, -49, -53, -57, -62, -67, -73, +73kg Seniors – male: -54, -58, -63, -68, -74, -80, -87, +87kg |

| COMPETITION | |
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| Ethical sport | By entering this competition, the competitor acknowledges and understands the rules of their sport, the ABFT charter regarding the right sportive behaviour while competing and the FWB (sports section) charter: https://www.abft.be/reglements-bonnes-pratiques/ |
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| Type | Direct elimination draw - Best of the three rounds system |
| Kyorigi duration | <p>Best of the three rounds system</p> <p>Pupils : 3 x 1 minute (30-second break)</p> <p>Minors : 3 x 1 minute (30-second break)</p> <p>Cadets C : 3 x 1,30 minute (30-second break)</p> <p>Cadets AB : 3 x 1,30 minute (30-second break)</p> <p>Juniors : 3 x 2 minutes (30-second break)</p> <p>Seniors : 3 x 2 minutes (30-second break)</p> <p><i>NB :</i></p> <p><i>The technical representative may change these conditions depending on the progress of the competition.</i></p> |
| Fighting areas | 5 octagonal fighting areas |
| Competition rules | The last WT competition rules and the adaptations made by the ABFT is available here: https://www.abft.be/reglements-bonnes-pratiques/ |
| Electronical trunks | <p>⇒ « Daedo » GEN 3 electronical trunks will be used throughout the competitions for all the categories and electronical head gears for the categories that require them.</p> <p>⇒ Each competitor must have their own Daedo sensor socks.</p> <p>⇒ Competitors who cannot hit the head must have their own head gear.</p> |
| Referee | International (IR-WT) and national referees |
| Prizes | <p>⇒ The 1st, 2nd and 3rd of each category will receive a gold, silver and bronze medal respectively.</p> <p>⇒ Medals are handed in at the end of the fight.</p> <p>⇒ There will be three cups handed at the end of the competition:</p> <ul style="list-style-type: none"> • Fair-play cup • To the best referee cup • To the best competitor: in women category and in men category |
| Team prizes | <p>⇒ There will be a cup for the five first teams in the ranking.</p> <p>⇒ For the final team ranking, the points will be given according to the WT competition rules.</p> |
| Contestations | <p>Only the main coach can make a complaint immediately after the fight. The coach will fill in a form given by the organiser. 100€ will be paid for each complaint. If the coach wins the case, they will get a refund. Only the main referee's decision is valid. Rules and complaint forms: https://www.abft.be/reglements-bonnes-pratiques/</p> |

TIMETABLE**Saturday 25/04/2026**

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| 18h00-20h | Registration |
| 18h00-20h | Weigh-in (for all competitors) |

Sunday 26/04/2026

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| 7h00-8h45 | Registration |
| 7h00-9h00 | Weigh-in (for « C » categories and « AB » pupils and minors) /!\ no access after 8:45 |
| 9h00-9h30 | Referees briefing |
| 9h30-9h45 | Coaches briefing |
| 10h00 | Fights startings (« C » categories and « AB » pupils and minors) |
| 12h00-13h30 | Weigh-in (For « AB » cadets, juniors, seniors and masters) |
| 14h00 | Fights starting (for « AB » cadets, juniors, seniors and masters) |

INSURANCE AND SAFETY**Competitors**

- ⇒ Each competitor must have their VALID insurance-license.
- ⇒ Each competitor must have their ID card or passport.
- ⇒ Each competitor enters the competition at their own risk.
- ⇒ The ABFT and the organiser aren't responsible for physical damages, violence acts, injuries and thefts.

Head kicks

- ⇒ hitting the head is forbidden for all C-category minors and cadets.
- ⇒ Hitting the head is allowed only from AB-category cadets and for all juniors and seniors.

Coach

- ⇒ Coach must be over 18.
- ⇒ they must wear sportswear clothes.
- ⇒ They must have their ID card or passport.
- ⇒ Coaches from a club member of a federation affiliated to the BTF (ABFT – TKDV – TVD SG) **must have their WT or national coach card.**
- ⇒ Coach must have a VALID insurance-license.

Protections

- ⇒ All protections mentionned in the WT rules are compulsory for all categories (head gear, mouthguard, forearm protection, gloves, shinbone protection, box and sensor socks), even for the categories that cannot hit the head.
- ⇒ The visor is allowed for minors and cadets, but not compulsory.

First aid

There will be a doctor on site throughout the competition.

FACILITIES

Accessibility The hall is located near the highway exit "Saint-ghislain/ tertre".

Parking There are free parking slots near the hall.

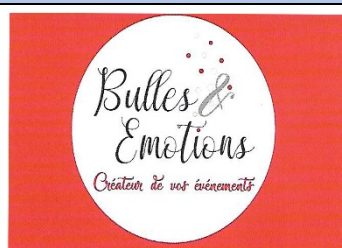
Restaurant

Material There will be an adisport shop throughout the event.



Airport ⇒ Brussels airport (BRU) is 65 km away from the hall.
⇒ Charleroi airport (CRL) is 44 km away from the hall.

SPONSORS



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PLATE-FORME
ISOLATION EN TOUTS GENRE
AMENAGEMENT DES
COMBLES
MAÇONNERIE



ACCOMODATION

Hotels in Mons Belgium

1. Van der Valk Hôtel / centre Mons possibilité Navette Airport
2. Martin's Dream / centre Mons
3. Ibis Mons Centre

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| | <ul style="list-style-type: none"> 4. Hôtel Lido / centre Mons 5. Hôtel Saint James / centre Mons 6. Hôtel Le Monte Cristo 2,2km centre Mons 7. Utopia Hôtel 3,5km centre Mons 8. Hôtel le Terminus centre Mons 9. Auberge jeunesse Mons : 200 mètres centre Mons |
| Hotels in Maubeuge, France (18,6km du hall des sports Max Audain) | <ul style="list-style-type: none"> 1. Campanile 2. Ibis 3. Best Western Atelier 4. Le grand Hôtel 5. La tour des Lys |