



Competition Rules Self-defense, version August 2021



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Article 1 Purpose

The purpose of the Self-defense Competition Rules is to fairly and smoothly manage all matters pertaining to Self-defense competitions ensuring the application of standardized rules.

Article 2 Application

The competition rules shall apply to all self-defense competitions promoted and organized by Worldwide Sports Online.

Article 3 Competition area

For safety reasons, the floor of the competition area shall be either wooden gymnasium floor, soft jigsaw mats or judo mats. There is no limit in the space that can be used.

Article 4 Contestant

1. Qualification of contestant:
 - 1.1 Holder minimum 1st KUP
 - 1.2 Qualification of age range
 - 1.2.1 Under 15 (10-14 years)
 - 1.2.2 Under 35 division (15-34 years)
 - 1.2.3 Master division (35-55 years)
 - 1.2.4 Grandmaster division (56 years and older)
2. The age limits for each division is based on the year of birth, not on the date. The athlete who turns 15 years in the year of the championships shall be considered as a junior athlete, even though his birthday in that has not yet passed.
3. Contestants uniform. The contestant shall wear a uniform that allows self-defense techniques, e.g. Taekwondo dobok.
4. At Taekwondo events organized by Worldwide Sports Online, any and all use or administration of drugs or chemical substances described in the WADA anti-doping rules is prohibited.

Article 5 Classification of Self-defense

1. Classic Hosinsul: self-defense by using only hand techniques as defense.
2. Dan Bong stick is a self-defense weapon measuring 20 to 35 cm in length and approximately 2 to 3 cm in diameter.
3. Dan Gum knife is a weapon measuring 20 to 25 cm in length. The material of the Dan Gum knife is plastic or wood.
4. Other weaponry.

Article 6 Classification of Competition

Contestants may compete in all categories of competition unless he or she is limited by gender or age.

1. Recognized Hosinsul Competition
 - 1.1 Men's individual
 - 1.2 Women's individual

Article 7 Methods of Competition

1. The Cut-off system shall be used as method of competition.
2. Recognized Hosinsul Competition
 - 2.1 Preliminary round: hosinsul – combination of
 - 2.1.1 hand and stick self-defense techniques, or
 - 2.1.2 hand and knife self-defense techniques.
 - 2.2 Final round: hosinsul – combination of all: hand, stick and knife defense
3. All athletes enter the preliminary round. The top 8 athletes with the highest score will enter the final round.

Article 8 Duration of contest

1. Duration of contest by age
 - 1.1 Under 15 (10-14 years): each round 2 – 3 minutes
 - 1.2 Under 35 division (15-34 years): each round 2 – 3 minutes

1.3 Master division (35-55 years): each round 2 – 3 minutes

1.4 Grandmaster division (56 years and older): each round 2 – 3 minutes

2. The duration of the contest and thus the video shall include the bowing of the contestant to its partner at the beginning and the end of the video recording.

Article 9 Draw of lots

1. The drawing of lots shall be conducted by the organizer and shall be published no later than 2 days before the start of competition.
2. The drawing number of each contestant assigned at the drawing of lots session represents the order of contest for all rounds.
3. The method of drawing of lots shall be decided by the organizer.

Article 10 Prohibited acts and penalties

1. Penalties for any prohibited act shall be declared by the referee.
2. The prohibited acts are as follows:
 - 2.1 uttering undesirable remarks or any misconduct on the part of a contestant or a coach.
 - 2.2 According to judgement of the referee, a contestant and coach should respect the general code of conduct as used in Taekwondo competition.
 - 2.3 Any other unsportsmanlike or irregular behavior of the athlete or coach.
3. When two (2) penalties are given to a contestant, the referee shall declare the contestant a loser by disqualification.

Article 11 Procedures of contest

Pre-contest and post-contest procedures:

- 1.1 The contest shall begin after the athletes have bowed towards each other. They have to start within 5 seconds after they have bowed to each other.
- 1.2 At the end of the contest, the contestant shall bow to his partner.

Article 12 Scoring criteria

Scoring shall be made in accordance with the applicable rules.

12.1 Accuracy (2.0)

12.1.1 Accuracy of the movements: Accuracy of offense and defense techniques

12.2 Program arrangement (8.0)

12.2.1 Practicality (2.0): Practicality and realism of the movements and technique combination used.

12.2.2 Skill (2.0): Diversity of movements and technical application composition, degree of skillfulness and difficulty of practical technique.

12.2.3 Creativeness (2.0): Degree of creativeness of the program, creative techniques, original theme and scenario.

12.2.4 Overall impression (2.0): evaluation of the full performance of the contestant

12.3 Scoring chart overview

SELF DEFENSE SCORE CHART OVERVIEW													
ITEM	Detailed criteria	Point	Scoring standards										
ACCURACY (2.0)	Accuracy of the movement	2.0	1.1	1.2	1.3	1.4	1.5	1.6	1.7	1.8	1.9	2.0	
			0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
ITEM	Detailed criteria	Point	Very poor		Poor		Average			Good		Very good	
PROGRAM ARRANGEMENT (8.0)	Practicality	2.0	1.0	1.1	1.2	1.3	1.4	1.5	1.6	1.7	1.8	1.9	2.0
	Skill	2.0	1.0	1.1	1.2	1.3	1.4	1.5	1.6	1.7	1.8	1.9	2.0
	Creativeness	2.0	1.0	1.1	1.2	1.3	1.4	1.5	1.6	1.7	1.8	1.9	2.0
	Overall impression	2.0	1.0	1.1	1.2	1.3	1.4	1.5	1.6	1.7	1.8	1.9	2.0

Article 13 Publication of scoring

1. The final score shall be announced immediately after collating the judges' total scores.
2. Judges shall input points in the electronic scoring instruments after the performance of the contestant and total points shall be automatically displayed on the monitors.

3. The final score and the individual scores shall be displayed on the monitor following the automatic deletion of the highest and lowest scores among the judges.

Article 14 Decision and declaration of the winner

1. The winner shall be the contestant who is awarded more points in total.
2. In case of a tied score, the winner shall be the contestant who has more points in program arrangement.
3. If the scores are tied in the final round, first sub 2 of this article will apply. If the scores are still tied, the winner shall be the contestant who has the most points scored in all rounds together. If the score is still tied, the winner shall be the contestant who has the most points including the deleted highest and lowest scores in all rounds.
4. If the scores still tied after application of sub 3., the winner shall be declared by a face-off without scoring. Each contestant has to perform the final round performance again and the winner shall be declared by the judges simply declaring red (contestant A) or blue (contestant B) after seeing a repetition of the final round performance.
5. Decisions
 - 5.1 Win by score
 - 5.2 Win by Referee stop the contest
 - 5.3 Win by withdrawal of opponent
 - 5.4 Win by disqualification of opponent

Article 15 Procedures of suspending the contest

When a contest is to be stopped during the competition, the referee shall take the measures prescribed in this article.

1. At the time of suspending the match, the referee shall order the video to be stopped playing.
2. In the case whereby a contest is stopped due to problems related to a contestant, the referee shall discuss the reason for stopping the contest with the referee team. If the contestant is disqualified, the video shall not be continued. If the decision is taken that the contestant can compete, the complete video shall be shown again and the scoring will be done without any deductions whatsoever.
3. All other problems that may arise shall be resolved through the meeting of the judges of the pertinent competition, committee chairperson and Competition Supervisory Board members.

Article 16 Refereeing Officials

1. Qualifications: holder of a Worldwide Sports Online Judge and/or Referee certificate.
2. Eligibility requirements:
 - 2.1 Referee:
 - 2.1.1 Minimum age of 21 years old (birth year)
 - 2.1.2 Minimum 3rd dan, recognized by Kukkiwon or any World Taekwondo member national association
 - 2.2 Judge:
 - 2.2.1 Minimum age of 18 years old (birth year)
 - 2.2.2 Minimum 1st dan, recognized by Kukkiwon or any World Taekwondo member national association
3. Duties
 - 3.1 Judges:
 - 3.1.1 The judge shall document valid points.
 - 3.1.2 The judge shall state their opinions forthrightly when requested to do so by the Referee.
 - 3.2 Referees:
 - 3.2.1 The referee shall document valid points.
 - 3.2.2 The referee shall declare the winner and issue penalties.
 - 3.2.3 The referee is permitted to summon the judges during the competition, if need arises.
4. Classification of refereeing officials: TBD
5. Uniform of the refereeing officials: TBD

Article 17 Recorder

For online competitions the recording function shall be done by the OVR or RTS provider. The recorder shall also calculate, record and announce or display the total score.

Article 18 Formation and assignment of refereeing officials

1. Composition of refereeing officials shall be as follows:
 - 1.1 Seven (7) judges system: minimum 1 referee and 6 judges
 - 1.2 Five (5) judges system: minimum 1 referee and 4 judges.

2. Assignment of refereeing officials:
 - 2.1 The assignment of the refereeing officials shall be made after the contest schedule is fixed.
 - 2.2 Refereeing officials with the same nationality as the contestant shall not be assigned to such contest and shall be replaced during the specific contest. However, an exception shall be made for the refereeing officials when the number of refereeing officials is insufficient, as the case may be.

Article 19 Arbitration

1. Composition of the Competition Supervisory Board
Member qualifications: competition supervisors with sufficient Taekwondo experience, holding at least 5th dan recognized by Kukkiwon or any World Taekwondo member national association.
2. Responsibility: the Competition Supervisory Board shall make corrections of mis-judgements according to their decision regarding protests and take disciplinary action against the officials who committed the mis-judgement or other illegal behavior, the results of which shall be notified to the organizer. The Competition Supervisory Board shall also be entitled the on-spot sections committee concurrently at the competition for the matters in relation to competition management.
3. Procedure of protest
 - 3.1 In case there is an objection to a referee judgement, an official delegate of the team shall submit a protest sheet along with the protest fee of 200 euro to the Competition Supervisory Board within 10 minutes after the end of the pertinent contest so as to ensure that a decision on the result may be announced after 30 minutes.
 - 3.2 Deliberation of a protest by the Competition Supervisory Board shall be carried out, excluding those members with the same nationalities as the contestants concerned. The majority is required for resolution of the deliberation.
 - 3.3 In order to ascertain the facts, the members of the Competition Supervisory Board may summon the referee and officials of the contest concerned and question them.
 - 3.4 The resolution made by the Competition Supervisory Board shall be final and no further means of appeal is possible.

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