



29th

OPEN ILYO

Saturday 26 September 2026

Poomsae • Freestyle

Para poomsae

Sunday 27 September 2026

Kyorugi

Stedelijk Sportcentrum Demervallei Aarschot

Taekwondo ILYO Aarschot Belgium
Taekwondo Vlaanderen



ORGANIZATION

Taekwondo ILYO Aarschot Belgium, under the auspices of Taekwondo Vlaanderen, with the cooperation of the sports council and the sports department of Aarschot.

LICENSE

Belgian participants: valid taekwondo license delivered by one of the regional recognized and subsidized uni-sports federation.

Foreign participants: valid license of a recognized taekwondo federation that offers WTF taekwondo.

No valid license (with photo/identity card) means no participation.

LIABILITY

All participants participate at their own risk.

ENTRY

Spectators: 10€ per person per day • up to 10 years old free entrance
Regulations for spectators: [Intern Reglement TKDV](#) and [Tuchtreglement](#)

Coaches:

- 0-5 competitors: 1 coach free entrance
- 6-11 competitors: 2 coaches' free entrance
- > 12 competitors: 3 coaches' free entrance

Every extra coach needs to pay the entrance fee.

LOCATION

Stedelijk Sportcentrum Demervallei • Demervallei 8, 3200 Aarschot

Itinerary: On the highway E314 take exit 22, direction "CENTRUM" and follow the signs "PARKING CENTRUM".

INFORMATION

Concerning the organization of the competition: info@ilyo.be • +32 495 71 30 79 (Johan Alles)

Concerning the registration of the competitors: recreatie@taekwondo.be • +32 11 87 09 19 (Hyun Seo Kwag)

REFEREES

Coordinator Poomsae: Mustapha Moutarazak • m.moutarazak@hotmail.com

REGULATIONS

TKDV-Jan2025 / WT-Sep2024 -reglement: www.taekwondo.be • [downloads](#) • [competitie](#)

All participants participate at their own risk.

CATEGORIES

The **year of birth** is decisive for the category in which the participant will compete. For ex. if someone is 17 years old on the day of the competition but turns 18 in the same year, he/she participates in the 18-30 age category.

One can participate in multiple categories (individual, pair, team, freestyle, family).

A ≥ 1st dan/poom • B = 4th-1stkup • C = 8th-5thkup • D = 10th-9thkup

Disciplines	Belts	Ages
Individual	A, B, C, D	≤ 8yr, 9-11yr, 12-14yr, 15-17yr, 18-30yr, 31-40yr, 41-50yr, 51-60yr, 61-65yr, ≥66yr
Pair	A, B, C, D	≤ 11yr, 12-14yr, 15-17yr, 18-30yr, 31-50yr, 51-60yr, ≥ 61yr
Team	A, B, C, D	≤ 11yr, 12-14yr, 15-17yr, 18-30yr, 31-50yr, 51-60yr, ≥ 61yr
FS Individual	A, (B+C+D)	≤ 11yr, 12-17yr, ≥ 18yr
FS Pair	A, (B+C+D)	≤ 11yr, 12-17yr, ≥ 18yr
FS Team	A, (B+C+D)	≤ 17yr, ≥ 18yr
G-taekwondo	A+B+C+D	≤ 17yr, ≥ 18yr
Family	A+B+C+D	All ages

Only for belts B, C and D:

- In the individual discipline, each athlete has the choice of participating in maximum one (1) age category above his own.
- A pair or a team is formed in the same age category. Nevertheless, one (1) person from the pair or one or two persons from the team may participate in a maximum of one (1) higher age category and in the same grade or possibly a combination of different classes B, C and D allowed (this does **not** apply to A grades!).

Only for G-tkd and Fam-tkd A, B, C and D classes:

- G-poomsae taekwondo discipline with a mental and/or physical disability, men and women will participate separately. Each participant is free to choose two (2) taegeuk/poomsae from group 1 and/or group 2. Only one (1) round will take place.
- Family poomsae taekwondo participants (all ages - at least two (2) persons) from the same family are formed from different classes A, B, C and D. Each family is free to choose one (1) taegeuk/poomsae. Only one (1) round will take place.

COMPULSORY POOMSAE

For the (B, C, D) and (G-tkd and Fam-tkd) categories, it is mandatory to register your free choice of taegeuk/poomsae before the closing of registrations, i.e. no later than 20/9/2026.

Please note: On the day of the competition, additions/changes are **NOT** allowed and not possible.

Belts	Compulsory poomsae	Round 1	Round 2	Round 3
A	Drawing of lots on 23/09/2026 – see table	2 taegeuks	2 taegeuks	2 taegeuks
B	Free choice – see table	1 taegeuk	1 taegeuk	2 taegeuks
C	Free choice – see table	1 taegeuk	1 taegeuk	2 taegeuks
D	Free choice – see table	1 taegeuk	1 taegeuk	1 taegeuk
G	Free choice from group 1 & 2 – see table	/	/	2 taegeuks
Family	Free choice – see table	/	/	1 taegeuk

COMPETITION SYSTEM

Cut off system

TIMETABLE

08:00 - 09:00 Registration (teams that register too late will be declined)
10:00 Start competitions

This program may be subject to change based on the registrations. Participating clubs will be informed of this.

Participants who register too late will be refused and removed from the competition. This means that you will not receive a refund of the registration fee.

The prize-giving ceremony will take place immediately after the match on the field.

REGISTRATIONS

Website Martial Events • www.martial.events/en
Deadline Sunday **20/09/2026 until 23:59**
Participation fee ▫ Payment in advance for:
30€/individual (FS en G), 40€/pair (FS), 45€/team (FS), 15€/family member
The fee must be on the account of the organization at least 1 day prior to the competition.
Mail your proof of payment to: info@ilyo.be
▫ Payment on the spot: **5 EUR** extra per athlete
There must be a payment for all athletes on the competition list. No refund possible.
Bank account Taekwondo ILYO npo
IBAN: **BE59 0017 3190 8526**
BIC: GEBABEBB
Reference: club name + POOMSAE + number of competitors
(ind/pair/team/mix/family)

COACH BADGE

The TKDV, AFBT and/or WTE coach badge is compulsory for Belgian clubs.

Coaches can enter the competition area only with a valid TKDV/ABFT/ WTE coach badge and with tracking suite and sport shoes. Minimum age: 18 years.

PRIZES

Individual • Pair • Team • Mixed Team: 1st, 2nd and (2) shared 3rd places.
Trophy for 1st, 2nd and 3rd place.
Trophy for the club that travelled the greatest distance
Trophy for the club with the largest number of participants

 COVID-19

In case there is a need for extra regulations, all measures and information relating to COVID-19 are collected in an accompanying health protocol.

All attendees are expected to have read the health protocol before entering the competition venue. By entering the competition, they commit themselves to follow it.

You can consult the protocol at any time via this link:

All participants will also receive this protocol via mail before the start of the competition.

 TRAVEL

You can find all travel restrictions and conditions for Belgium via <https://www.info-coronavirus.be/en/travels/>

 AIRPORT

For your own comfort and budget, please use Brussels National Airport (Zaventem) and try to avoid Brussels South (Charleroi). From Brussels (Zaventem) Leuven and Aarschot are directly accessible by train:

Leuven: 20 minutes only

Aarschot: 45 minutes only

 ACCOMMODATION

AARSCHOT (A): smaller town with a few hotels, several B&B and a free campsite at the venue

LEUVEN (L): large town about 20 km and 20 min away, with an interesting youth hostel and a lot of hotels.

If you take the short trip between Leuven and Aarschot (only 10' and 3,10 € using Local Multi), we provide jointly transportation to and from the train station and the competition hall.

WESTERLO (W): small village about 15 km and 20 minutes away with an interesting youth hostel.

YOUTH HOSTEL

- (L) **De blauwput:** 116 beds in 28 en suite rooms with own shower and toilet.

Modern city youth hostel in university city Leuven very near the train station.

- (W) **Boswachterhuis:** 82 beds in 12 en suite rooms (own shower & toilet), and 5 rooms with shared bathroom.

A forester's house which has been renovated and equipped with all modern comforts, respecting its original charm. Quietly located along a nature reserve.

HOTEL

- (A): **'s Hertogenmolens***:** 25 stylish rooms

Located in an old Water Mill very much in the city centre, close to the competition hall (2km).

- (H): **hotel Amethyst***:** 13 hotel rooms and 5 budget rooms

Located in the quiet village of Ramsel nearby Aarschot and the competition hall (6km).

- (L): **IBIS budget hotel Leuven *:** 139 modern and comfortable double or triple rooms

Ibis Budget Leuven Centrum is in the centre, near the train station and restaurants. The rooms have free Wi-Fi throughout. An all-you-can-eat breakfast buffet is served in the hotel's lounge.

B&B

- (A): **Bed & Breakfast**

A few nearby, usually with little capacity, if you like there are more to be found

CAMPING

A [campsite](#) for camper vans or caravans, no tents, is right at the competition hall.

The showers and toilets of the sports centre may be used.

Pre-registration is required !

Age	A		
	Individual	Pair	Team
... - 8	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo
9 - 11	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo		
12 - 14	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
15 - 17	Taegeuk 5, 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon	Taegeuk 5, 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon	Taegeuk 5, 6, 7, 8, Koryo, Keumgang, Taebaek, Pyonwon
18 - 30	Taegeuk 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae	Taegeuk 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae	Taegeuk 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae
31 - 40	Taegeuk 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon
41 - 50	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon		
51 - 60	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo
61 - 65	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo
66 -...	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo		

Age	B			C			D		
	Individual	Pair	Team	Individual	Pair	Team	Individual	Pair	Team
... - 8	Taegeuk 4, 5, 6, 7, 8	Taegeuk 4, 5, 6, 7, 8	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
9 - 11	Taegeuk 4, 5, 6, 7, 8			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		
12 - 14	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
15 - 17	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
18 - 30	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
31 - 40	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
41 - 50	Taegeuk 4, 5, 6, 7, 8, 9			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		
51 - 60	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
61 - 65	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
66 - ...	Taegeuk 4, 5, 6, 7, 8, 9			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		

G-taekwondo			Fam-taekwondo
Age	Individual		At least 2 people
	Group-1	Group-2	For all ages
... - 11y	Taegeuk 1, 2, 3, 4, 5, 6, 7 Jang	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13)	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8 Jang, Koryo(9), Keumgang(10), Taebaek(11), Pyongwon(12), Sipjin(13), Jitae(14), Cheonkwon(15), Hansoo(16)
12y - 14y			
15y - 17y			
18y - ...			