

LENTS TAEKWONDO WORLDWIDE SPORTS ONLINE OPEN 2020

www.youtube.com/LentsTaekwondo www.facebook.com/LentsTaekwondo

Freestyle Poomsae & Overall Champion Trophy 26. Sep 2020

Time GMT+2 hh:mm	Ring 1 Facebook & YouTube Lents Taekwondo	Ring 2 YouTube Lents Taekwondo
12:00	Freestyle Mixed Teams	Freestyle Over 17 Pairs
12:05		
12:10		
12:15		
12:20		
12:25	BREAK	Freestyle Over 17 Pairs
12:30		
12:35		
12:40		
12:45		
12:50	Freestyle Under 17 Pairs	Freestyle Over 17 Pairs
12:55		
13:00		
13:05		
13:10		
13:15	BREAK	Freestyle Over 17 Pairs
13:20		
13:25		
13:30		
13:35		
13:40	Freestyle Under 17 Pairs	BREAK
13:45		
13:50		
13:55		
14:00		
14:05	BREAK	Freestyle Under 17 Female
14:10		
14:15		
14:20		
14:25		
14:30	Freestyle Over 17 Female	Freestyle Under 17 Female
14:35		
14:40		
14:45		
14:50		
14:55	BREAK	Freestyle Under 17 Female
15:00		
15:05		
15:10		
15:15		
15:20	BREAK	BREAK
15:25		
15:30		
15:35		
15:40		
15:45	BREAK	BREAK
15:50		
15:55		



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Time GMT+2 hh:mm	Ring 1 Facebook & YouTube Lents Taekwondo	Ring 2 YouTube Lents Taekwondo	
16:00	Freestyle Over 17 Male	Freestyle Under 17 Male	
16:05			
16:10			
16:15			
16:20			
16:25			
16:30			
16:35			
16:40			
16:45			
16:50			
16:55			
17:00			
17:05			
17:10			
17:15			
17:20			
17:25			
17:30			
17:35			
17:40			
17:45			
17:50			
17:55	BREAK		
18:00	Overall Champion Female	Freestyle Under 17 Male	
18:05			
18:10			
18:15			
18:20			
18:25			
18:30			
18:35	BREAK		
18:40	Overall Champion Male		Freestyle Under 17 Male
18:45			
18:50			
18:55			
19:00			
19:05			

