

Recognized Poomsae Team / A / Male 15-17

Munkebo Cup Teknik 2026

As of 29 JAN 2026

Final Rounds

Order	Match	Name	Team	NOC
1	201	Anton Bastholm / Ian / Philip Marinus	Risskov Taekwondo klub	DEN

Recognized Poomsae Team / A / Female 15-17

Munkebo Cup Teknik 2026

As of 29 JAN 2026

Final Rounds

Order	Match	Name	Team	NOC
1	202	Linnea / Alberte / Mie	<i>Fredericia</i>	DEN
2	203	Nadine / Nour / Freja	<i>Kolding Taekwondo Klub Sil'la</i>	DEN

Recognized Poomsae Team / C / Female -14

Munkebo Cup Teknik 2026

As of 29 JAN 2026

Final Rounds

Order	Match	Name	Team	NOC
1	204	Mia / Kimie / Emma	Fredericia	DEN

Recognized Poomsae Team / C / Female 15+
Munkebo Cup Teknik 2026
As of 29 JAN 2026

Final Rounds

Order	Match	Name	Team	NOC
1	205	Isabella Halfdan / Filippa / Jasmin skov	<i>Hwarang Taekwondo Herlev</i>	DEN

Recognized Poomsae Team / D / Female -14

Munkebo Cup Teknik 2026

As of 29 JAN 2026

Final Rounds

Order	Match	Name	Team	NOC
1	206	Sif / Alma / Nenar	Kolding Taekwondo Klub Sil'la	DEN

Recognized Poomsae Pair / A 15-17
Munkebo Cup Teknik 2026
As of 29 JAN 2026

Final Rounds

Order	Match	Name	Team	NOC
1	207	Alberte / Hugo	<i>Bornholm Taekwondo Club HAE SUNG</i>	DEN
2	208	Philip Marinus / Naja	<i>Risskov Taekwondo klub</i>	DEN

Recognized Poomsae Pair / A 12-14

Munkebo Cup Teknik 2026

As of 29 JAN 2026

Final Rounds

Order	Match	Name	Team	NOC
1	209	Jana / Theodor	<i>Kolding Taekwondo Klub Sil'la</i>	DEN

Recognized Poomsae Individual / C / Female -11

Munkebo Cup Teknik 2026

As of 29 JAN 2026

Semi-Final Rounds

Order	Match	Name	Team	NOC
1	210	Annabelle Riis Jensen	<i>Fredericia</i>	DEN
2	211	Rose Mercedes Bitsch Pedersen	<i>Ikast Taekwondo klub</i>	DEN
3	212	Emma Bodilsen	<i>Odense Taekwondo Klub</i>	DEN
4	213	Vilja Markvad	<i>Esbjerg CITY Taekwondo klub</i>	DEN
5	214	Olivia Malchau Jacobsen	<i>Team Odense Taekwondo</i>	DEN
6	215	Aya Lund Elvenso	<i>Skive Taekwondo Club</i>	DEN
7	216	Emma Holmgaard	<i>Fredericia</i>	DEN
8	217	Emilie Gotfredsen	<i>Fredericia</i>	DEN
9	218	Emma Shirley Hammershøj Petersen	<i>Ikast Taekwondo klub</i>	DEN

Recognized Poomsae Individual / D / Female -11

Munkebo Cup Teknik 2026

As of 29 JAN 2026

Final Rounds

Order	Match	Name	Team	NOC
1	227	Dana Varhol	<i>Hvidovre Poomsae Team</i>	DEN
2	228	Matrice Le Nguyen	<i>Odense Taekwondo Klub</i>	DEN
3	229	Amaya Elise Christensen	<i>Fredericia</i>	DEN
4	230	Yara Ibrahim Nasir	<i>Odense Taekwondo Klub</i>	DEN
5	231	Josefine Lauridsen	<i>Esbjerg CITY Taekwondo klub</i>	DEN
6	232	Selma Terzic Lauridsen	<i>Ikast Taekwondo klub</i>	DEN
7	233	Merle Selmar Dyg	<i>Fredericia</i>	DEN

Recognized Poomsae Individual / B / Male 12-14
Munkebo Cup Teknik 2026
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Final Rounds

Order	Match	Name	Team	NOC
1	234	Elliot Chan	<i>Hwarang Taekwondo Herlev</i>	DEN
2	235	Leo Huynh Pedersen	<i>Hwarang Taekwondo Herlev</i>	DEN
3	236	Viktor Ulhøi Danielsen	<i>Risskov Taekwondo klub</i>	DEN
4	237	Vincent Zafra	<i>Roskilde Taekwondo Klub</i>	DEN
5	238	Vilfred Beck	<i>Lyngby Taekwondo Klub</i>	DEN
6	239	Rastin Khistander	<i>Team Odense Taekwondo</i>	DEN
7	240	Philip B.R. Henningsen	<i>Team Nørrebro</i>	DEN

Freestyle Individual / A / Female 18+
Munkebo Cup Teknik 2026
As of 29 JAN 2026

Final Rounds

Order	Match	Name	Team	NOC
1	241	Eva Sandersen	<i>Gangnam Sportstaekwondo Denmark</i>	DEN

Recognized Poomsae Individual / C / Female 12-14

Munkebo Cup Teknik 2026

As of 29 JAN 2026

Semi-Final Rounds

Order	Match	Name	Team	NOC
1	242	Ava S.H.Martin	<i>Bornholm Taekwondo Club HAE SUNG</i>	DEN
2	243	Kimie Laursen	<i>Fredericia</i>	DEN
3	244	Emma DUPONT	<i>Hwarang Taekwondo Herlev</i>	DEN
4	245	Katrine Hinge Carlsen	<i>Roskilde Taekwondo Klub</i>	DEN
5	246	Frida Bugge	<i>Brande Taekwondo Klub</i>	DEN
6	247	Yara Alhayali	<i>Esbjerg Cheong Yong</i>	DEN
7	248	Emilija Guzina	<i>Kolding Taekwondo Klub Sil'la</i>	DEN
8	249	Lilje Kirstine Ingvartsen	<i>SOO-BAK Tommerup Taekwondo</i>	DEN
9	250	Victoria Malchau Jacobsen	<i>Team Odense Taekwondo</i>	DEN
10	251	Sally Rame	<i>Fredericia</i>	DEN
11	252	Mia Xinyi Zhang	<i>Fredericia</i>	DEN

Recognized Poomsae Individual / C / Female 15-17

Munkebo Cup Teknik 2026

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Semi-Final Rounds

Order	Match	Name	Team	NOC
1	261	Emma Vissing	<i>Lyngby Taekwondo Klub</i>	DEN
2	262	Jasmin skov Mathiesen	<i>Hwarang Taekwondo Herlev</i>	DEN
3	263	Yelyzaveta Lebedeva	<i>Team Musool Taekwondo</i>	DEN
4	264	Öznur Gürel	<i>Aabenraa Taekwondo Klub</i>	DEN
5	265	Isabella Halfdan Nielsen	<i>Roskilde Taekwondo Klub</i>	DEN
6	266	Sofia Kierkegaard Lauridsen	<i>Esbjerg CITY Taekwondo klub</i>	DEN
7	267	Freja Højholdt	<i>Kolding Taekwondo Klub Sil'la</i>	DEN
8	268	Klara Hinge Carlsen	<i>Roskilde Taekwondo Klub</i>	DEN
9	269	Filippa Tholander	<i>Hwarang Taekwondo Herlev</i>	DEN

Recognized Poomsae Individual / B / Male 15-17
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Final Rounds

Order	Match	Name	Team	NOC
1	278	Eskild Gjørup Sørensen	<i>Ikast Taekwondo klub</i>	DEN
2	279	Noah Gallo Juhl	<i>Aabenraa Taekwondo Klub</i>	DEN
3	280	Alex Siggard Sørensen	<i>Skive Taekwondo Club</i>	DEN

Recognized Poomsae Individual / B / Male 31+

Munkebo Cup Teknik 2026

As of 29 JAN 2026

Final Rounds

Order	Match	Name	Team	NOC
1	281	Ivan Christensen	Vordingborg Taekwondo Klub	DEN
2	282	Navaneeth Mudiyansele	Aalborg Taekwondo Klub	DEN

Recognized Poomsae Individual / C / Male 15-17

Munkebo Cup Teknik 2026

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Final Rounds

Order	Match	Name	Team	NOC
1	283	Carl Kock Baunsø Sørensen	<i>Lyseng Taekwondo Klub</i>	DEN
2	284	Rasmus W Andersen	<i>Fredericia</i>	DEN