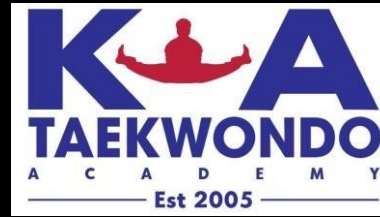




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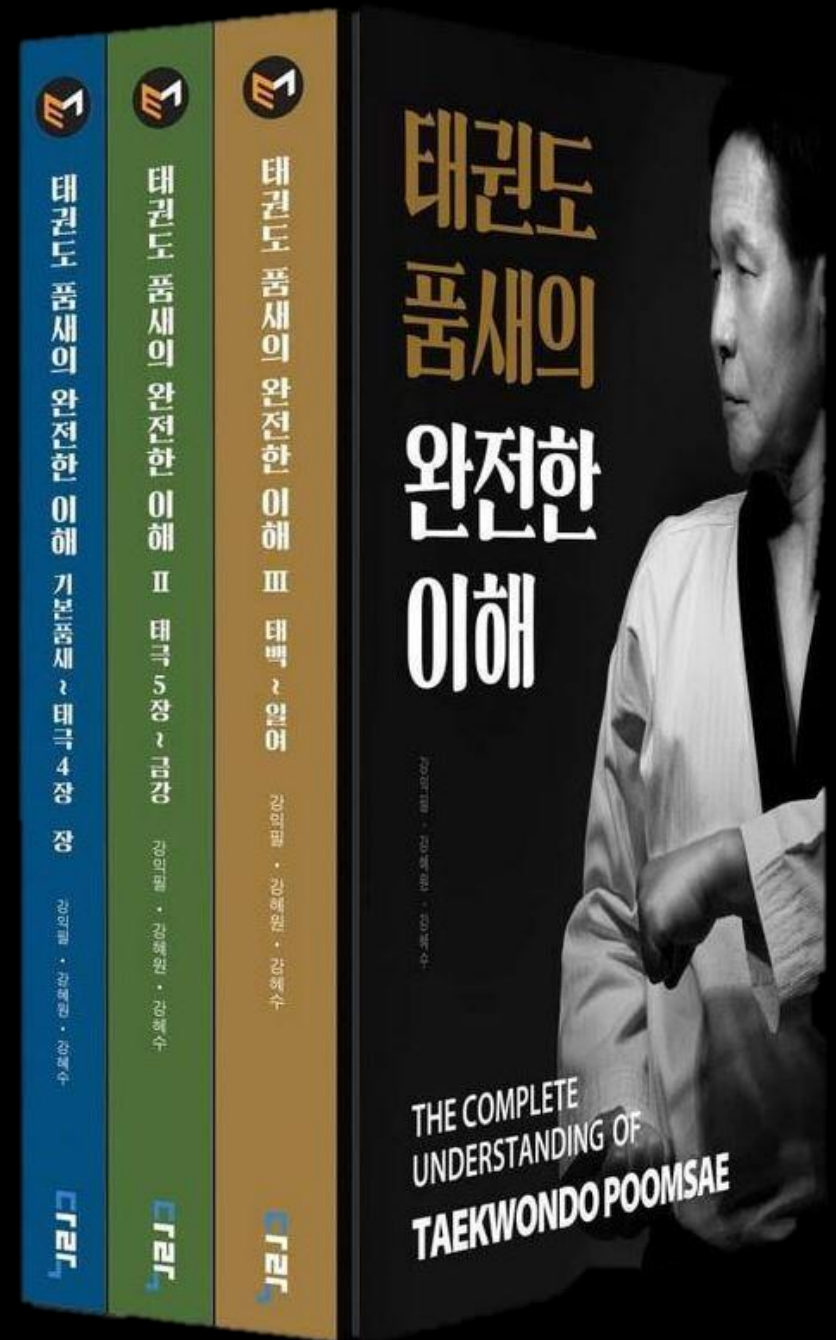


Present

The Movement of Poomsae Online Training Course

16th of December – 17th of December
2023

Master Class Series



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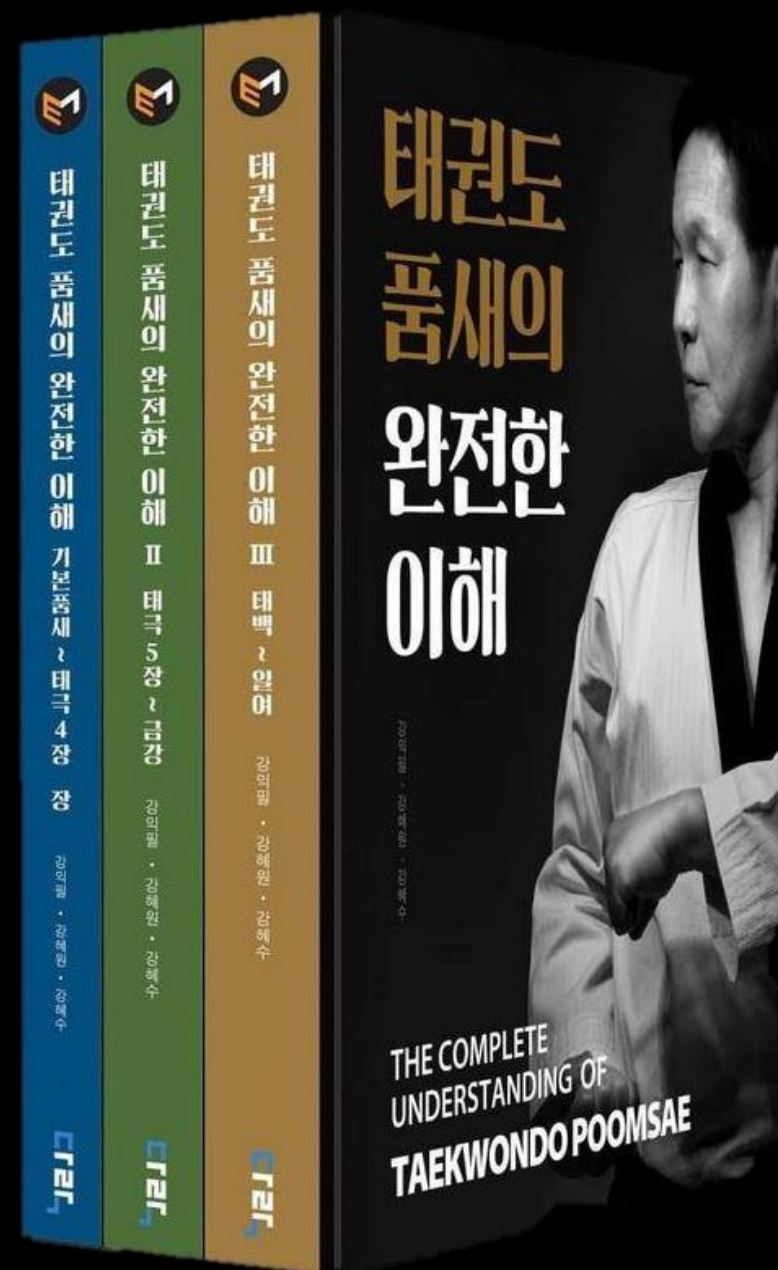
Schedule

| Dates | Weekend Pass | Session Pass | Poomsae | Start | End |
|---------------------------------------|--------------|--------------|---|---------------|---------------|
| Saturday 16 th of December | 100 euro | 60 Euro | Application of Poomsae Cheongwon <i>Understanding of the patterns within Cheongwon. Practical teachings focusing on harnessing Chonkwon and demonstrating this understanding.</i> | 8.00 am (UK) | 9.30 am (UK) |
| | | | Q&A and break | 9.30 am (UK) | 09.45 am (UK) |
| | | | Application of Poomsae Hansu <i>Understanding of the patterns within Hansu. Practical teachings focusing on harnessing Hansu and demonstrating this understanding.</i> | 09.45 am (UK) | 11.15 am (UK) |
| | | | Q&A and Ending | 11.15 am (UK) | 11.30 am (UK) |
| Sunday 17 th of December | | 60 Euro | Poomsae Ilyeo <i>Dedicated course breaking down every single movement within the poomsae</i> | 8.00 am (UK) | 9.30 am (UK) |
| | | | Q&A and break | 9.30 am (UK) | 09.45 am (UK) |
| | | | Application of Poomsae Ilyeo <i>Understanding of the patterns within Ilyeo. Practical teachings focusing on harnessing Ilyeo and demonstrating this understanding.</i> | 09.45 am (UK) | 11.15 am (UK) |
| | | | Q&A and Ending | 11.15 am (UK) | 11.30 am (UK) |

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| Organization | |
|------------------------------|--|
| Host | Grandmaster Kang Ik Pil |
| International Event Director | Master Kambiz R Ali |
| Contact information | rangesportsuk@gmail.com |
| | +44 (0)7944988806 |
| Registration | All registration are done through https://martial.events Register on time as event is limited |
| Payment | All payments are processed through Martial Events. Consult previous page (schedule) for rates and dates. In case of cancellation of the event, the entry fee remains valid for the next training session organized |
| Hashtags | #taekangwon #kta #ikpilkang #rangesports #JCUK #poomsae |
| Book ordering | CLICK here |



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