



## - Competition Rules -

**Organization:**

Taekwondo Clube de Santo António dos Cavaleiros

**Event Director:**

Maria Emília Martins (+351.916886936)

**Coordinator:**

Paulo Jorge Martins (+351.912279394)

**Support:**

Portuguese Sport and Youth Institute – “Sport for All”  
Loures Town Hall  
Portuguese Taekwondo Referee Association

**Referee:**

The referee head team – IR Paulo Martins  
Electronic Scoring System with 5 Poomsae judges each area

**Place:**

“Paz e Amizade” Sport hall  
Republic Avenue – Loures - Portugal  
GPS: 38º 49’ 45” N – 9º 9’ 54” W

**Date:**

2022 March 26

**Timetable:**

13h00 to 13h30 – Team check-in and accreditation  
13h30 to 13h45 – Team Delegates Meeting  
14h00 to 18h00 – Kup Competition  
18h00 to 18h30 – Team Awards  
18h30 – End of competition

**Participation:**

Only invited clubs, registration is limited  
Open to all grades athletes, above 6 years old for Kup competitors

**Equipment:**



Kup must use only white collar Dobok, under penalty of direct disqualification

**Kup Competition:**

Categories	Age	Limit Birth Year	Sub-Categories
Under 7	6 to 7 years	2015 - 2016	K1 / K2
Under 9	8 to 9 years	2013 - 2014	K1 / K2
Under 11	10 to 11 years	2011 - 2012	K1 / K2
Under 14	12 to 14 years	2008 - 2010	K1 / K2
Under 17	15 to 17 years	2005 - 2007	K1 / K2
Under 30	18 to 30 years	1992 - 2004	K1 / K2
Under 40	31 to 40 years	1982 - 1991	K1 / K2
Under 50	41 to 50 years	1972 - 1981	K1 / K2
Over 51	51 or above	1971 and before	K1 / K2
1 <sup>st</sup> Pair	6 to 11 years	2011 - 2016	without sub-categories
2 <sup>nd</sup> Pair	12 to 17 years	2005 - 2010	without sub-categories
3 <sup>rd</sup> Pair	18 or above years	2004 and before	without sub-categories
1 <sup>st</sup> Trio	6 to 11 years	2011 - 2016	without sub-categories
2 <sup>nd</sup> Trio	12 to 17 years	2005 - 2010	without sub-categories
3 <sup>rd</sup> Trio	18 or above years	2004 and before	without sub-categories



Subcategories:

<b>K1</b> – White belt to green with blue list belt (10 <sup>th</sup> Kup to 5 <sup>th</sup> Kup)	
<b>K2</b> – Blue belt to red with black list belt (4 <sup>th</sup> Kup to 1 <sup>st</sup> Kup)	

Kup special rules

Athletes perform two different Taegeuk of their choice, as shown in the table

<b>K1</b> – White belt to green with blue list belt (10 <sup>th</sup> Kup to 5 <sup>th</sup> Kup)	Taegeuk 1 / 2 / 3 / 4 / 5 (il, I, Sam, Sa, Oh)
<b>K2</b> – Blue belt to red with black list belt (4 <sup>th</sup> Kup to 1 <sup>st</sup> Kup)	Taegeuk 4 / 5 / 6 / 7 / 8 (Sa, Oh, Yuk, Chil, Pal)

Athletes' 10th, 9th and 8th Kup can repeat Taegeuk 1 (il Chang).  
Cut-off system; order by final classification (rank)

#### Deadline & Fees:

Deadline	Category	Fee
Up until 15 <sup>th</sup> March	KUP	13,00€ each inscription

The inscription fee is the amount payable by the club, for each entry (Individual / Pair / Trio)

There will be no tolerance regarding the deadlines mention ahead

Inscriptions will be validated only after payment confirmation made by money order to TCSAC bank account with  
IBAN: **PT50.0033.0000.45431330214.05** SWIFT Code: **BCOMPTPL**

Online inscriptions in <https://www.martial.events/>

#### Classifications:

Individual / Pairs / Trios – Kup
1 <sup>st</sup> Place – 7 points
2 <sup>nd</sup> Place – 3 points
3 <sup>rd</sup> Place – 1 point

#### Prizes:

Individual / Pars / Trios – Kup
1 <sup>st</sup> Place – medal
2 <sup>nd</sup> Place – medal
3 <sup>rd</sup> Place – medal
3 <sup>rd</sup> Place – medal

*The medals will be handed out on the podium just after the end of each category, with possibility of images collected.*

TEAMS	
Female Kup	Male Kup
1 <sup>st</sup> Place – Trophy	1 <sup>st</sup> Place – Trophy
2 <sup>nd</sup> Place – Trophy	2 <sup>nd</sup> Place – Trophy
3 <sup>rd</sup> Place – Trophy	3 <sup>rd</sup> Place – Trophy

*The trophies will be delivered on the podium at the end of the Open, with the possibility of recording images.*



**Expenses and Medical Liability:**

All expenses and medical liability will be responsibility of the team.

The organization is not responsible for any physical damage that may occur.

The organization is not liable for property damage that occurred during competition.

**Protests:**

It will be only allowed to protest for miscalculation in final score. The protest must be submitted in writing to organization after publication of the judges scoring, in ten minutes, together with deposit of **100€** (not refundable). Regardless of decision of the organization is not subject to appeal.

**General Rules:**

Regulations may change, in this case information will be provided as soon as possible.

Access to the competition area will be limited. Only accredited athletes and coaches have access to the competition area of the sport hall.

The contestants should act within the "Spirit of Taekwondo and Sports Ethics". They will act with civility, under penalty of their teams being expelled from the competition.

Clubs to sign up for the Open, accept this regulation and authorizes the collection and publication of images of its athletes and coaches for the purpose of publicizing this event.

**Omissions:**

If any missing / incongruity it will be solved by the Open's Technical Committee and shall be definitive. The TC is composed by the Event's Director, Referee Head Team and other experienced referee initially nominated.

Organizing Committee

*Paula Martins*



### **RESPONSIBILITY DECLARATION**

The participation Club in the “5<sup>th</sup> TKDSAC Poomsae Kup Open 2022” taking part on 26<sup>th</sup> March 2022, automatically understands and authorizes:

1. Understand and accept the above-mentioned rules and regulations.
2. By registering the athletes through the represented Club, we confirm that all participants gather the necessary conditions for participations and have a valid mandatory sports insurance.
3. The Team delegate is responsible for all acts committed by team members and any associated people. As well as the responsibility for accompanying any athlete to the Hospital, in non-urgent medical situation.
4. The Club Delegate is responsible for all inscription data file information.
5. Also have the responsibility to collect all the participation permits by the guardians of minor athletes.
6. Authorizes the collection and publication of images of its athletes and coaches for the purpose of publicizing this event.