

GM Kang Ik Pil

Advanced Poomsae Training

Online Edition – 28th and 29th of August 2021

OUTLINE



Dear Taekwondo Friends,

KTA Harrogate & Taekangwon have the pleasure to invite you to the next advanced training session hosted by Grand Master Kang Ik Pil.

Grand Master Ik Pil Kang, World Poomsae Champion, Coach of several World Poomsae Medalists, official instructor of World Taekwondo and Kukkiwon, and author of the Taekwondo bestseller -The Explanation of Official Taekwondo Poomsae- will once again share insights and explanations on various Poomsae. Do not miss the chance to also ask your questions as several Q&A sessions are included.







We look forward in seeing you online,

Master Kambiz R Ali
International Event Director



Organization

Organizers	 
Host	Grandmaster Kang Ik Pil
International Event Director	Master Kambiz R Ali
Contact information	admin@harrogatetaekwondo.co.uk mobile: (+44) 7944 988806
Sponsored by	 

Registration

All registration are done through <https://martial.events>. Register on time as event is limited.

Payment

All payments are processed through Martial Events. Consult next page (schedule) for rates and dates. In case of cancellation of the event, the entry fee remains valid for the next training session organized.

COVID-19

Stay healthy and safe/ Please follow your local and national guidelines when participating at this event.

Hashtags

#taekangwon #kta #ikpilkang #rangesports #JCUK #poomsae



Schedule

	Weekend Pass	Session Pass	Poomsae	Start	End	
Saturday 28 th of August	100 euro	60 Euro	Shipjin <i>Pattern training: Concentration of spirit, eyes, angles of movements emphasized in addition to the accuracy of actions</i> <i>Ends with a 15 mins Q&A</i>	8.00 am (UK)	9.45 am (UK)	
			Break	9.45 am (UK)	10.00 am (UK)	
			Shipjin <i>Significance: emphasis on the balance, strength and weakness, low or high speed, respiration and poomsae line.</i> <i>Ends with a 15 mins Q&A</i>	10.00 am (UK)	12.00 pm (UK)	
Sunday 29 th of August		100 euro	60 Euro	Jitae <i>Pattern training: Concentration of spirit, eyes, angles of movements emphasized in addition to the accuracy of actions</i> <i>Ends with a 15 mins Q&A</i>	8.00 am (UK)	9.45 am (UK)
				Break	9.45 am (UK)	10.00 am (UK)
				Jitae <i>Significance: emphasis on the balance, strength and weakness, low or high speed, respiration and poomsae line.</i> <i>Ends with a 15 mins Q&A</i>	10.00 am (UK)	12.00 pm (UK)

