















## **2022 BRUSSELS-WALLONIA OPEN**

#### **Poomsae**

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DateSaturday 15/10/2022Sports hallULB - Campus Erasme - building OAddressRoute de Lennik 808 - 1070 Brussels

## **ORGANISATION**

Contact details Adelhafid Krai

krai.abdelhafid@gmail.com 0488/231.131

**Organisers** 



Magic Team Taekwondo School



Saebyeog Taekwondo

## **Technical delegate**

#### **Dehiles Ramdane**

#### **Promoter**



Association Belge Francophone de Taekwondo (ABFT not-for-profit organisation) Rue Victor Allard, 88/4 1180 Uccle - Belgique www.abft.be

**Access** 



All clubs and federations which are members of the World Taekwondo can take part in the competition.

## **REGISTRATION**

**Registration deadline** ⇒ No registration shall be made after <u>08/10/2022</u>.

Online registration 

⇒ Registrations are to be made exclusively on <u>www.martial.events</u>



**Available entries** ⇒ Max. **300** entries

**Registration fees** ⇒ **Individual:** €20 / athlete

⇒ Pair: €30 / pair
 ⇒ Team: €40 / team
 ⇒ Family: €0 / participant

⇒ Due before **02/10/2022** at **23:59**.

⇒ Bank transfers only on account number:

BE16 3400 0897 6174

Association Belge Francophone de Taekwondo

SWIFT: BBRUBEBB

	⇒ With the following communication:			
	OWB 2022 + Poomsae + NAME OF THE CLUB  ⇒ Please send proof of payment (screenshot of the transaction) to			
	comptabilite@abft.be			
	⇒ Registration fees must be paid for all the registered athletes.			
	⇒ No refund shall be made after the registration deadline.			
	⇒ No registration shall be made on the day of the competition.			
Coach	⇒ Free entry for 1 coach per 5 athletes.			
	- 1 to 5 : 1 coach			
	- 6 to 10 : 2 coaches			
	- 11 to 15 : 3 coaches			
	⇒ Each <b>additional coach</b> must pay <b>€5</b> .			
	⇒ The coach must be 18 at least.			
	⇒ They must wear sportswear (tracksuit and sneakers).			
	⇒ They must have their ID or passport.			
	⇒ The coach must have a valid license-insurance for the ongoing year.			
Spectators	⇒ €8 / person			
	⇒ Free for children under the age of 6.			

Each contestant must respect the rules of their sport, the ABFT policy					
related to good sportsmanship, and the Wallonia-Brussels Federation					
policy related to sport movement: <a href="https://www.abft.be/reglements-">https://www.abft.be/reglements-</a>					
bonnes-pratiques/					
Cut-off system					
1 <sup>st</sup> round: from 20 athletes					
2 <sup>nd</sup> round: 9 to 19 athletes					
3 <sup>rd</sup> round (final): max. 8 athletes					
3 to 4 areas with electronic scoreboards.					
The latest WT competition rules and the ABFT adjustmen					
https://www.abft.be/reglements-bonnes-pratiques/					
International (IR-WT) and national referees					
$\Rightarrow$ 1st, 2nd and 3rd places are awarded a golden, silver and bronze					
medal respectively.					
⇒ Medals are awarded at the end of the performances.					
⇒ Two trophies are awarded:					
<ul> <li>Fair-play</li> </ul>					
Best referee					
⇒ 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> places are awarded a trophy.					
Only the main coach is allowed to file a complaint immediately after					
the end of the performance. They will fill out the form given by the					
organiser.					
€100 shall be paid for each contestation. This amount of money will					
be refunded if the coach wins the case. The decision of the main					
referee is the only valid one. Competition rules and contestation					
form: https://www.abft.be/reglements-bonnes-pratiques/					

CATEGORIES						
Individual	Rank categories					
	<ul> <li>A: from 1<sup>st</sup> dan/poom</li> </ul>					
	<ul> <li>B: 4<sup>th</sup> − 1<sup>st</sup> kup</li> </ul>					
	• C: 8 <sup>th</sup> – 5 <sup>th</sup> kup					
	• D: 10 <sup>th</sup> – 9 <sup>th</sup> kup					
	Age categories					
	<ul> <li>Debutant: &lt; 8: born in 2014 and after</li> <li>Minime: 9-11: born between 2013 and 2011</li> </ul>					
	• Cadet: 12-14: born between 2010 and 2008					
	<ul> <li>Junior: 15-17: born between 2007 and 2005</li> </ul>					
	<ul> <li>Senior 1: 18-30: born between 2004 and 1992</li> </ul>					
	Senior 2: 31-40: born between 1991 and 1982					
	Master 1: 41-50: born between 1981 and 1972					
	Master 2: 51-60: born between 1971 and 1962					
	Master 3: 61-65: born between 1961 and 1957					
	Master 4: ≥66: born in 1956 and before					
Pair	Rank categories					
· uii	A: from 1 <sup>st</sup> dan/poom					
	• B: 4 <sup>th</sup> – 1 <sup>st</sup> kup					
	• C: 8 <sup>th</sup> – 5 <sup>th</sup> kup					
	<ul> <li>C: 8<sup>th</sup> – 5<sup>th</sup> kup</li> <li>D: 10<sup>th</sup> – 9<sup>th</sup> kup</li> </ul>					
	·					
	Age categories					
	• < 11: born in 2011 and after					
	• 12-14: born between 2010 and 2008					
	• 15-17: born between 2007 and 2005					
	• 18-30: born between 2004 and 1992					
	> 31: born in 1991 and before  Condensators rice.					
	Gender categories					
	1 male and 1 female					
	Note					
	If a pair is made up of athletes from different age and/or rank					
	categories (1 single category difference), the Pair shall compete					
	in the higher age and/or rank category.					
Team	Rank categories					
	A: from 1 <sup>st</sup> dan/poom					
	<ul> <li>B: 4<sup>th</sup> − 1<sup>st</sup> kup</li> </ul>					
	• C: 8 <sup>th</sup> – 5 <sup>th</sup> kup					
	<ul> <li>D: 10<sup>th</sup> − 9<sup>th</sup> kup</li> </ul>					
	Age categories					
	In a team, one athlete can belong in a higher rank and/or age					
	category (1 single category difference). Then this team shall					
	compete in the higher age and/or rank category.					
Family	<u>Category</u>					
	<ul> <li>No limitation on age, rank, or number of participants.</li> </ul>					
	<ul> <li>Participants from the same family</li> </ul>					
	<u>Note</u>					
	Free choice of 2 Poomsae.					

	For this category, registration shall be made by contacting:				
	tkdane@hotmail.com				
Para Taekwondo -	Rank categories				
Indivudual	A: from 1 <sup>st</sup> dan/poom				
	• B $(4^{th} - 1^{st} \text{ kup})$ , C $(8^{th} - 5^{th} \text{ kup})$ and D $(10^{th} - 9^{th} \text{ kup})$				
	Age categories  • < 17: born in 2005 and after				
	<ul> <li>&gt; 18: born in 2004 and before</li> <li>Gender categories</li> </ul>				
	Female				
	Male				
Free Style - Individual	Rank categories				
•	A: from 1 <sup>st</sup> dan/poom				
	• B $(4^{th} - 1^{st} \text{ kup})$ , C $(8^{th} - 5^{th} \text{ kup})$ and D $(10^{th} - 9^{th} \text{ kup})$				
	Age categories				
	• < 17: born in 2005 and after				
	<ul><li>&gt; 18: born in 2004 and before</li></ul>				
	Gender category				
	• Female				
	Male				
Free Style - Couple	Rank categories				
	<ul> <li>A: from 1<sup>st</sup> dan/poom</li> </ul>				
	• B $(4^{th} - 1^{st} \text{ kup})$ , C $(8^{th} - 5^{th} \text{ kup})$ and D $(10^{th} - 9^{th} \text{ kup})$				
	Age categories				
	<ul> <li>&lt; 17: born in 2005 and after</li> </ul>				
	<ul><li>&gt; 18: born in 2004 and before</li></ul>				
	Gender category				
	<ul> <li>1 female and 1 male</li> </ul>				
Free Style – Mixed Team	Rank categories				
	<ul> <li>A: from 1<sup>st</sup> dan/poom</li> </ul>				
	• B $(4^{th} - 1^{st} \text{ kup})$ , C $(8^{th} - 5^{th} \text{ kup})$ and D $(10^{th} - 9^{th} \text{ kup})$				
	Age categories				
	Every age category				
	Gender category				
	<ul> <li>3 females and 2 males</li> </ul>				
	<ul> <li>2 females and 3 males</li> </ul>				
	<u>Note</u>				
	<ul> <li>60-100 seconds of music (on CD or USB stick)</li> </ul>				
	<ul> <li>Mandatory stances: Dwit Kubi, Beom Seogi, Hakdari Seogi</li> </ul>				

# POOMSAE

## A category

- See A table (below)
- Drawing of lots
- The Poomsae to be performed will be available on 10/10/2022 on <a href="https://www.abft.be/calendar/open-wallonie-bruxelles-2022-poomsae/">https://www.abft.be/calendar/open-wallonie-bruxelles-2022-poomsae/</a>

1st round: 1 form2nd round: 1 formFinal: 2 forms

Âge	Α						
- 0-	Individuel	Pair	Team				
8	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8	Taegeuk	Taegeuk				
9-11	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo	2, 3, 4, 5, 6, 7, 8, Koryo	2, 3, 4, 5, 6, 7, 8, Koryo				
12 - 14	Taegeuk 3, 4, 5, 6, 7, 8, Koryo, Keumgang	Taegeuk 3, 4, 5, 6, 7, 8, Koryo, Keumgang	Taegeuk 3, 4, 5, 6, 7, 8, Koryo, Keumgang				
15- 17	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek				
18-30	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin				
31 - 40	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin						
41 - 50	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon	Taegeuk 8,	Taegeuk 8,				
51-60	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon				
61 - 65	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo						
66	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo						

B category	See B table (below)							
	<ul><li>Free choice:</li><li>1st round: 1 form</li></ul>							
	o 2nd round : 1 form							
	o Final: 2 forms							
C category	See C table (below)							
	Free choice:							
	<ul><li>1st round : 1 form</li></ul>							
	o 2nd round : 1 form							
	o Final: 2 forms							
	<u>Note</u>							
	7th and 8th kup participants can perform twice the same Poomsae during any of the 3 rounds except the final (where the Poomsae must be different).  Example of permitted choice:  • 1 <sup>st</sup> round: Taegeuk 1, 2 <sup>nd</sup> round: Taegeuk 2, final: Taegeuk 1 and 2  Examples of non-permitted choices:  • 1 <sup>st</sup> round: Taegeuk 1, 2 <sup>nd</sup> round: Taegeuk 1, 3 <sup>rd</sup> round: Taegeuk 1 and 2  • 1 <sup>st</sup> round: Taegeuk 1, 2 <sup>nd</sup> round: Taegeuk 2, final: Taegeuk 1							
								and 1
D category	See D table (below)							
	Free choice:							
	<ul><li>1st round : 1 form</li></ul>							
	o 2nd round : 1 form							
	o Final: 2 forms							
	<ul> <li>The competitors can perform thrice the same Poomsae.</li> </ul>							

Âge	В			С			D		
	Individuel	Pair	Team	Individuel	Pair	Team	Individuel	Pair	Team
	Taegeuk			Taegeuk			Taegeuk		
8	4, 5, 6, 7, 8	Taegeuk	Taegeuk	1, 2, 3, 4	Taegeuk	Taegeuk	1, 2	Taegeuk	Taegeuk
9-11	Taegeuk	4, 5, 6, 7, 8	4, 5, 6, 7, 8	Taegeuk	1, 2, 3, 4	1, 2, 3, 4	Taegeuk	1, 2	1, 2
9-11	4, 5, 6, 7, 8			1, 2, 3, 4			1, 2		
12 - 14	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Tangouk 1 2	Taegeuk 1, 2
12 - 14	4, 5, 6, 7, 8, 9	4, 5, 6, 7, 8, 9	4, 5, 6, 7, 8, 9	1, 2, 3, 4	1, 2, 3, 4	1, 2, 3, 4	1, 2	Taegeuk 1, 2	
15- 17	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Tangouk 1 2	Taegeuk 1, 2
15- 17	4, 5, 6, 7, 8, 9	4, 5, 6, 7, 8, 9	4, 5, 6, 7, 8, 9	1, 2, 3, 4	1, 2, 3, 4	1, 2, 3, 4	1, 2	Taegeuk 1, 2	Taegeuk 1, 2
18-30	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk 1, 2	Taegeuk 1, 2
10-30	4, 5, 6, 7, 8, 9	4, 5, 6, 7, 8, 9	4, 5, 6, 7, 8, 9	1, 2, 3, 4	1, 2, 3, 4	1, 2, 3, 4	1, 2		
31 - 40	Taegeuk			Taegeuk			Taegeuk		
31 - 40	4, 5, 6, 7, 8, 9			1, 2, 3, 4			1, 2		
41 - 50	Taegeuk			Taegeuk			Taegeuk		
41 - 30	4, 5, 6, 7, 8, 9			1, 2, 3, 4			1, 2		
51-60	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk
31-00	4, 5, 6, 7, 8, 9	4, 5, 6, 7, 8, 9	4, 5, 6, 7, 8, 9	1, 2, 3, 4	1, 2, 3, 4	1, 2, 3, 4	1, 2	1, 2	1, 2
61 - 65	Taegeuk			Taegeuk			Taegeuk		
01-03	4, 5, 6, 7, 8, 9			1, 2, 3, 4			1, 2		
66	Taegeuk			Taegeuk			Taegeuk		
00	4, 5, 6, 7, 8, 9			1, 2, 3, 4			1, 2		