

TAEKWONDO **ALMERE** OPEN

Sunday, June 21st 2026



Kyorugi

- ✓ Topsportcentrum Almere
- ✓ A+B, C and D category

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Date & Location

Date: Sunday 21 June 2026

Venue: Topsporthal Almere
Pierre de Coubertinplein 4
1362 LB Almere Poort
The Netherlands



Organization

Taekwondo Almere, under the auspices of the **Taekwondo Federation Netherlands (TBN)**, with the support of the **Municipality of Almere** and the **Province of Flevoland**.

License

Dutch participants must be in possession of a valid taekwondo passport and proof of payment of the annual TBN membership fee.

Participation in competitions by athletes who have held the same Geup rank for more than **9 months** is not permitted (applies only to **C and D categories**).

Foreign participants must hold a valid license issued by a recognized taekwondo federation offering **WT Taekwondo**.

Participation in competitions by athletes who have held the same Geup rank for more than **9 months** is not permitted (applies only to **C and D categories**).

By participating, athletes declare that they agree to indemnify the TBN and/or the organization from any liability.

No valid license (with passport photo/identity card) means **no participation**.

Liability

Each participant competes at their own responsibility and risk.

Cadets A+B who have not yet submitted a **cadet declaration** must submit this declaration no later than **one week prior to the tournament** by email to the TBN office:

info@taekwondobond.nl

(The declaration form is included as an attachment.)

Competition Rules

WT-rules/TBN-rules; K.O.-system (best of 3 rounds)

Categories

Category	Klasse	Leeftijd
Pupils	A+B, C, D	6–8 years
Aspirants	A+B, C, D	9–11 years
Cadets	A+B, C, D	12–14 years
Juniors	A+B, C, D	15–17 years
Seniors	A+B, C, D	17 years and older

- A-category: 1st Dan and higher
- B-category: 4th Geup to 1st Geup
- C-category: 8th Geup to 5th Geup
- D-category: 10th Geup to 9th Geup

Applied to TBN competitions:

- A+B category combined = advanced belts
- C-category = novice belts
- D-category = entry level

Participation in competitions by athletes who have held the same Geup rank for more than **9 months** is not permitted (C and D categories only).

Athletes aged **17 years** may participate in either the junior or senior category, unless stated otherwise.

Athletes aged 17 may only compete in **one age category** per tournament.

Head Contact

Head contact is **only allowed** in the **Cadet advanced belt category (A+B)** and in the **Junior and Senior divisions**.

Head contact is **strictly prohibited** in:

- Cadet novice (C) and entry (D) categories
- All Pupils and Aspirants categories

For all ages, the **competition date** will be used as the reference date.

Participation in another age category is **not permitted**.

Registration & Weigh-in

Sunday 21 June 2026

- **08:00 – 09:00**
Weigh-in Pupils, Aspirants & Cadets C & D categories
- **10:30 – 11:30**
Weigh-in Cadets A & B, Juniors & Seniors

Start of Competition

- **10:00 Start of matches: Pupils, Aspirants & Cadets C & D**
- **13:00 Break / Award Ceremony**
- **14:00 Start of matches: Cadets A & B, Juniors & Seniors**
- **18:00 Award Ceremony**

This schedule is indicative and may be adjusted depending on the number of registrations.

Weight Categories

Pupils	Boys/Girls	-21, -24, -27, -30, -34, -39, -44, +44kg
Aspirants	Boys/Girls	-28, -32, -36, -40, -45, -51, -57, +57kg
Cadets	Female	-29, -33, -37, -41, -44, -47, -51, -55, -59, +59kg
Cadets	Male	-33, -37, -41, -45, -49, -53, -57, -61, -65, +65kg
Juniors	Female	-42, -44, -46, -49, -52, -55, -59, -63, -68, +68kg
Juniors	Male	-45, -48, -51, -55, -59, -63, -68, -73, -78, +78kg
Seniors	Female	-46, -49, -53, -57, -62, -67, -73, +73kg
Seniors	Male	-54, -58, -63, -68, -74, -80, -87, +87 kg

Weight Rule:

The weight limit is determined by removing decimals above the stated limit.

Example: a maximum of 50.0 kg is allowed; 50.1 kg exceeds the limit.

Up to **99 grams over the limit** is tolerated.

Pools with fewer than **5 participants** may be merged with an adjacent weight category.

A maximum of **two original weight categories** may be merged.

Under no circumstances may a pool consist of **three or more original weight categories**.

Re-pooling

Re-pooling due to incorrect registration (category, rank, etc.) or incorrect weight costs **€10**, payable on site to the organizer.

The athlete must re-weigh within the designated weigh-in time.

Failure to do so results in **disqualification**.

Athletes who remain alone in their weight category after the weigh-in will be re-pooled **free of charge** to the nearest available weight category.

Coaches

- 0–9 athletes: **2 coaches free**
- 10–14 athletes: **4 coaches free**
- 15+ athletes: **5 coaches free**, plus **1 extra coach per additional 5 athletes**

The presence of a coach is **mandatory** at all competitions.

Coaches must:

- Wear sports clothing (including sports shoes)
- Carry a towel
- Be at least **18 years old**
- Be a **paying TBN member**

Coaches must register via **martial.events** and will receive a **personal coach card**.

Blank coach cards will **not** be issued at registration.

Additional coach cards cost **€10** and must be paid to the competition management.

Spectators

All spectators pay **€8 entrance fee**.

Children up to and including **7 years** enter free upon presentation of ID.

TBN members enter free upon presentation of their federation passport and proof of payment for the current year.

Competition System

The **Daedo PSS electronic scoring system** will be used.

Cadets A+B, Juniors & Seniors:

DAEDO GEN3 electronic chest protectors and electronic head protectors will be provided by the organization.

Cadets C & D, Pupils & Aspirants:

DAEDO GEN3 electronic chest protectors will be provided by the organization.

Electronic foot protectors and all other mandatory protective equipment must be brought by the athletes themselves.

Electronic foot protectors will also be available for purchase on site.

Match Duration

- Pupils / Aspirants: **3 x 1 minute**
- Cadets / Juniors / Seniors: **3 x 1.5 minutes**

The organizer reserves the right to shorten or modify these times.

The **best of 3 system** applies to all categories.

There will be **no video replay**.

Prizes

- 1st, 2nd and joint 3rd place medals (individual)
- 1st, 2nd and 3rd place team ranking

All athletes automatically participate in the **team ranking**.

Only athletes who have competed in at least **one match** count towards the team ranking.

Registration

Registration is exclusively via **martial.events**.

Closing date: 6 June 2026 – 23:59

Payment

Payment must be completed immediately upon registration via martial.events.
The registration fee depends on the payment date:

- Early bird (before 1 April): **€30**
- Regular (before 1 June): **€35**
- Late bird (from 1 June): **€40**
- On-site registration: **€45**

Payment must be completed no later than **three days before the competition** (17 June 2026).
Payment is required for all registered athletes.
No refunds are possible.

Travel & Accommodation

For information regarding travel to and accommodation in Almere, please visit the **Municipality of Almere tourism website**.

