

Taekwondo Almere Open 2026

Almere Poort
Sun 21 June 2026



Results

Category: Pupillen C Dames -24kg - Competitors: 2

1st	8	Ishana JAMAL	SEONGONG	NED
2nd	384	Amariah WIJNALDUM	SPORTINSTITUUT YESHUA WARRI	NED

Category: Pupillen C Dames -30kg - Competitors: 2

1st	218	Zeyneb DE HAAN	ABDEL-KWAN ROTTERDAM	NED
2nd	226	Semya EL HOUSSAINI	ABDEL-KWAN ROTTERDAM	NED

Category: Pupillen C Heren -27kg - Competitors: 4

1st	180	Aarav SEWKARANSING	SHIJAK TAEKWONDO HAAGLANDE	NED
2nd	115	Kei-Jin AU	TAEKWONDO SCHOOL HENK MEIJ	NED
3rd	80	Aramis MARGAIRA	TAEKWONDO KORYOSPORTS (NL)	NED
3rd	234	Noah WANROOIJ	TAEKWONDO IJSELLAND	NED

Category: Pupillen C Heren -34kg - Competitors: 2

1st	335	Hugo ZENG	TAEKWONDO ALMERE	NED
2nd	171	Namish KUMAR	SHIJAK TAEKWONDO HAAGLANDE	NED

Category: Pupillen D Dames -27kg - Competitors: 3

1st	366	Hritvi MAHURE	TAEKWONDO ALMERE	NED
2nd	219	Hidaya ZAROUAL	ABDEL-KWAN ROTTERDAM	NED
3rd	248	isra ASTITOU	PAL-JANG	NED

Category: Pupillen D Dames -30kg - Competitors: 2

1st	397	Tesnim EL KHALFIOUI	TAEKWONDO OOSTERHOUT	NED
2nd	220	Isra ZAROUAL	ABDEL-KWAN ROTTERDAM	NED

Category: Pupillen D Dames -39kg - Competitors: 2

1st	328	Alissa KADIR	TAEKWONDO BLACK DRAGON	NED
2nd	347	Inara IDU	TAEKWONDO ALMERE	NED

Category: Pupillen D Heren -21kg - Competitors: 5

1st	25	Eden BHAGWANDAS	SEONGONG	NED
2nd	406	Haytham EL KHALFIOUI	TAEKWONDO OOSTERHOUT	NED
3rd	370	Kushil MUDAVATU	TAEKWONDO ALMERE	NED
3rd	256	abderrahim ACHRGUI	PAL-JANG	NED

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Category: Pupillen D Heren -24kg - Competitors: 2

1st	233	Loay ZINOUN	ULTIMATE TEAM TAEKWONDO ESS	BEL
2nd	407	Mohammed LAMKADEM	LAMKADEM	BEL

Category: Pupillen D Heren -27kg - Competitors: 8

1st	327	Damin CHARIF	TAEKWONDO BLACK DRAGON	NED
2nd	249	abdelmatin ACHARGUI	PAL-JANG	NED
3rd	365	Adrian BISHTA	TAEKWONDO ALMERE	NED
3rd	367	Joep VAN DER MEER	TAEKWONDO ALMERE	NED

Category: Pupillen D Heren -30kg - Competitors: 5

1st	250	abderrahman ACHARGUI	PAL-JANG	NED
2nd	300	Matien Madiba AHMED	MARTIAL ARTS ROTTERDAM	NED
3rd	398	Issa KAMARA	TAEKWONDO OOSTERHOUT	NED
3rd	329	emir Afas DARAKLI	TAEKWONDO BLACK DRAGON	NED

Category: Pupillen D Heren -34kg - Competitors: 3

1st	213	Rida ZINOUNE	ABDEL-KWAN ROTTERDAM	NED
2nd	253	maksymilian SZUFLADOWIEZ	PAL-JANG	NED
3rd	271	Adam DAHMANE	TAEKWON UTRECHT	NED

Category: Aspiranten A+B Dames -36kg - Competitors: 2

1st	254	oumayra HADDOUTI	PAL-JANG	NED
2nd	209	Hafsa DE HAAN	ABDEL-KWAN ROTTERDAM	NED

Category: Aspiranten A+B Dames -40kg - Competitors: 2

1st	290	Eleanor Zeyna SUGIATNA	KTA GRONINGEN	NED
2nd	410	Homa MOHAMMADBAGHERI	KTA GRONINGEN	NED

Category: Aspiranten A+B Heren -36kg - Competitors: 2

1st	102	Boaz VAN KESSEL	TAEKWONDO EINDHOVEN	NED
2nd	14	Vishesh RAGHOENATH	SEONGONG	NED

Category: Aspiranten A+B Heren -45kg - Competitors: 3

1st	10	Christiano SOBOLI	SEONGONG	NED
2nd	96	Ryan RAMSAY	BDF TAEKWONDO	NED
3rd	179	Amar SEWKARANSING	SHIJAK TAEKWONDO HAAGLANDE	NED

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Category: Aspiranten C Dames -28kg - Competitors: 3

1st	166	Evy HART	TAEKWONDO CLUB PAPENDRECH	NED
2nd	98	Lavinya CELIK	TAEKWONDO EINDHOVEN	NED
3rd	221	Amira AZZAOUI	ABDEL-KWAN ROTTERDAM	NED

Category: Aspiranten C Dames -32kg - Competitors: 6

1st	313	Esraa DARGHAL	CHONG HONG ROTTERDAM	NED
2nd	341	Ava EL ADOULI	TAEKWONDO ALMERE	NED
3rd	156	Maya KELSLI	TAEKWONDO AMERSFOORT	NED
3rd	291	Mia BODY	TAEKYON-HAARLEM	NED

Category: Aspiranten C Dames -36kg - Competitors: 5

1st	206	Liyana BELAHOUSSINE	ABDEL-KWAN ROTTERDAM	NED
2nd	212	sarah ZINOUNE	ABDEL-KWAN ROTTERDAM	NED
3rd	150	Oumayra EL BOUTAKMANTI	TAEKWONDO AMERSFOORT	NED
3rd	332	Rezjuan KHOSHNAOU	TAEKWONDO BLACK DRAGON	NED

Category: Aspiranten C Dames -40kg - Competitors: 4

1st	316	Ela GUZEL	CHONG HONG ROTTERDAM	NED
2nd	358	Ibtissam TABAOUNI	TAEKWONDO ALMERE	NED
3rd	77	Ilana AARTS	TAEKWONDO KORYOSPORTS (NL)	NED
3rd	296	Aya ALTIN	MARTIAL ARTS ROTTERDAM	NED

Category: Aspiranten C Dames -45kg - Competitors: 6

1st	59	Natalija SCHOLTUS	TOP TAEKWONDO EEMLAND	NED
2nd	32	Rashida CETIN	TAEKWONDO TAPIA	NED
3rd	263	Ella ZUIDEMA	TAEKWON UTRECHT	NED
3rd	227	Selma EL HOUSSAINI	ABDEL-KWAN ROTTERDAM	NED

Category: Aspiranten C Heren -28kg - Competitors: 3

1st	147	Tugrul Bey DALARSLAN	TAEKWONDO AMERSFOORT	NED
2nd	326	Ouail ACHALHI	TAEKWONDO BLACK DRAGON	NED
3rd	324	Liyam CHARIF	TAEKWONDO BLACK DRAGON	NED

Category: Aspiranten C Heren -32kg - Competitors: 7

1st	312	Aser BNSHI	CHONG HONG ROTTERDAM	NED
2nd	224	Dani EL AJI	ABDEL-KWAN ROTTERDAM	NED
3rd	190	Giulian BENCIVENGHI	HWARANG DRAGON TAEKWONDO	NED
3rd	314	Ayoub EL KADI	CHONG HONG ROTTERDAM	NED

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Category: Aspiranten C Heren -36kg - Competitors: 7

1st	311	Rayan Bilal ADMIRAAL	CHONG HONG ROTTERDAM	NED
2nd	207	Lyam Jae DORS	ABDEL-KWAN ROTTERDAM	NED
3rd	204	Yashveer BALAK	ABDEL-KWAN ROTTERDAM	NED
3rd	299	Yussuf ELADRAOUI	MARTIAL ARTS ROTTERDAM	NED

Category: Aspiranten C Heren -40kg - Competitors: 8

1st	92	Daley OOTEMAN	TAEKWONDO KORYOSPORTS (NL)	NED
2nd	109	Riley POSSEMIS	TAEKWONDO SCHOOL HENK MEIJ	NED
3rd	399	Amin EL HAMDJ	TAEKWONDO OOSTERHOUT	NED
3rd	168	Tygo KOENE	TAEKWONDO CLUB PAPENDRECH	NED

Category: Aspiranten C Heren -45kg - Competitors: 3

1st	205	ismail ZINOUNE	ABDEL-KWAN ROTTERDAM	NED
2nd	308	Maksim MELDERIS	CHONG HONG ROTTERDAM	NED
3rd	117	Duuk SNIJDER	TAEKWONDO SCHOOL HENK MEIJ	NED

Category: Aspiranten C Heren -51kg - Competitors: 4

1st	39	Mika LEXMOND	TAEKWONDO APURO	NED
2nd	78	Jaxx GORRISSSEN	TAEKWONDO KORYOSPORTS (NL)	NED
3rd	284	Zyad BABIKER	KTA GRONINGEN	NED
3rd	105	Benjamin SCHMIDT	TAEKWONDO SCHOOL HENK MEIJ	NED

Category: Aspiranten C Heren +57kg - Competitors: 2

1st	362	Max ZENG	TAEKWONDO ALMERE	NED
2nd	325	Markos IHKEWE	TAEKWONDO BLACK DRAGON	NED

Category: Aspiranten D Dames -28kg - Competitors: 3

1st	247	amira ASTITOU	PAL-JANG	NED
2nd	6	Yazzmeen BISOEN	SEONGONG	NED
3rd	50	Elis DEMIR	TAEKWONDO APURO	NED

Category: Aspiranten D Dames -32kg - Competitors: 2

1st	155	Maryam IBN HAFID	TAEKWONDO AMERSFOORT	NED
2nd	89	Eliza AARTS	TAEKWONDO KORYOSPORTS (NL)	NED

Category: Aspiranten D Dames -36kg - Competitors: 4

1st	85	ROJAVA ALI	TAEKWONDO KORYOSPORTS (NL)	NED
2nd	192	Evi HEICK	HWARANG DRAGON TAEKWONDO	NED
3rd	270	Firdaous ACHAHBAR	TAEKWON UTRECHT	NED
3rd	36	Inaya ASLAN	TAEKWONDO APURO	NED

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Category: Aspiranten D Dames -45kg - Competitors: 4

1st	47	Salma BOUBKARI	TAEKWONDO APURO	NED
2nd	158	Fatima MILOU ABID	TAEKWONDO AMERSFOORT	NED
3rd	189	Sophia SAFARI	TAEKWONDOSCHOOL VAN ESCH	NED
3rd	310	Aliyana ADMIRAAL	CHONG HONG ROTTERDAM	NED

Category: Aspiranten D Dames -51kg - Competitors: 2

1st	239	Leona NOTEN	ST. TAEKWONDO EDDEANE	NED
2nd	90	Noor VERBAANDERT	TAEKWONDO KORYOSPORTS (NL)	NED

Category: Aspiranten D Dames +57kg - Competitors: 2

1st	84	HANDA ALI	TAEKWONDO KORYOSPORTS (NL)	NED
2nd	86	Lois ZWEEMER	TAEKWONDO KORYOSPORTS (NL)	NED

Category: Aspiranten D Heren -28kg - Competitors: 5

1st	306	Sultan AL RAIMI	CHONG HONG ROTTERDAM	NED
2nd	356	Daksh SUDHARSON	TAEKWONDO ALMERE	NED
3rd	145	Ertugrul CEYLAN	TAEKWONDO AMERSFOORT	NED
3rd	181	Thomas DE BRUYN	TAEKWONDOSCHOOL VAN ESCH	NED

Category: Aspiranten D Heren -32kg - Competitors: 9

1st	154	Recai EMIRDOGAN	TAEKWONDO AMERSFOORT	NED
2nd	37	Levi BALDEW	TAEKWONDO APURO	NED
3rd	87	Diaz ZWEEMER	TAEKWONDO KORYOSPORTS (NL)	NED
3rd	345	Jarell FRÄSER	TAEKWONDO ALMERE	NED

Category: Aspiranten D Heren -36kg - Competitors: 5

1st	40	Finn SPRANGERS	TAEKWONDO APURO	NED
2nd	387	Redouan KHANOUS	TAEKWONDO OOSTERHOUT	NED
3rd	188	Mike DE LAAT	TAEKWONDOSCHOOL VAN ESCH	NED
3rd	94	Dex BROEDERS	TAEKWONDO KORYOSPORTS (NL)	NED

Category: Aspiranten D Heren -40kg - Competitors: 4

1st	199	Semi SEMI POLAT SEZER	HWARANG DRAGON TAEKWONDO	NED
2nd	216	Wassim ALAOUI	ABDEL-KWAN ROTTERDAM	NED
3rd	383	Igor KUDRIASHOV	SPORTINSTITUUT YESHUA WARRI	NED
3rd	44	Ethan DULDER	TAEKWONDO APURO	NED

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Category: Aspiranten D Heren -45kg - Competitors: 4

1st	368	Jakub WIKTORZAK	TAEKWONDO ALMERE	NED
2nd	251	abdullah ACHARGUI	PAL-JANG	NED
3rd	225	Mohammed ALKHLAF	ABDEL-KWAN ROTTERDAM	NED
3rd	393	Siebren VAN LUIK	TAEKWONDO OOSTERHOUT	NED

Category: Cadetten A+B Dames -37kg - Competitors: 1

1st	31	Ruhina SHAHABI	TAEKWONDO TAPIA	NED
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Category: Cadetten A+B Dames -44kg - Competitors: 4

1st	278	Lola HOVENKAMP	KTA GRONINGEN	NED
2nd	111	Roos KUIZENGA	TAEKWONDO SCHOOL HENK MEIJ	NED
3rd	30	Annabelle TEEUWEN	TAEKWONDO TAPIA	NED
3rd	281	Liya KAZEMI	KTA GRONINGEN	NED

Category: Cadetten A+B Dames -47kg - Competitors: 5

1st	141	Nasrin AHMED	TAEKWONDO AMERSFOORT	NED
2nd	349	Gauri KARTHIKA	TAEKWONDO ALMERE	NED
3rd	279	Iris HUISMAN	KTA GRONINGEN	NED
3rd	237	Maryam EL FAKIR	ST. TAEKWONDO EDDEANE	NED

Category: Cadetten A+B Dames -51kg - Competitors: 6

1st	359	Inaya TABAOUNI	TAEKWONDO ALMERE	NED
2nd	29	Inas ALAMORI	TAEKWONDO TAPIA	NED
3rd	285	Lynn KUNNEKES	KTA GRONINGEN	NED
3rd	344	Walaaya EL JAFOUFI	TAEKWONDO ALMERE	NED

Category: Cadetten A+B Heren -33kg - Competitors: 5

1st	33	Rishay SOEKHA	TC SOEKANDAR	NED
2nd	118	Luuk GREIJ DANUS	TAEKWONDO SCHOOL HENK MEIJ	NED
3rd	342	Louaï EL ADOULI	TAEKWONDO ALMERE	NED
3rd	372	Sean FABON	TAEKWONDO ALMERE	NED

Category: Cadetten A+B Heren -41kg - Competitors: 2

1st	360	Bruce TJITRODIPO	TAEKWONDO ALMERE	NED
2nd	201	Fuad ALABI	HWARANG DRAGON TAEKWONDO	NED

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Category: Cadetten A+B Heren -45kg - Competitors: 5

1st	3	Revi BHAGWANDAS	SEONGONG	NED
2nd	133	Eddy BORGMEIJER	TAEKWONDO KI-SA	NED
3rd	200	Anass EL KHALFIOUI	HWARANG DRAGON TAEKWONDO	NED
3rd	282	Selver OSMANOVIC	KTA GRONINGEN	NED

Category: Cadetten A+B Heren -49kg - Competitors: 7

1st	34	Rohan SOEKHA	TC SOEKANDAR	NED
2nd	146	Ibrahim CHARRADI	TAEKWONDO AMERSFOORT	NED
3rd	286	Teun WALHAIN	KTA GRONINGEN	NED
3rd	280	Kyann KAZEMI	KTA GRONINGEN	NED

Category: Cadetten A+B Heren -53kg - Competitors: 3

1st	1	Charalampos NTEMOURTZIDIS	SEONGONG	NED
2nd	104	Arda GULMEZ	TAEKWONDO SCHOOL HENK MEIJ	NED
3rd	343	Naël EL ADOULI	TAEKWONDO ALMERE	NED

Category: Cadetten A+B Heren -57kg - Competitors: 4

1st	295	Kato KHO	MARTIAL ARTS ROTTERDAM	NED
2nd	352	Nikolay KNIESMEIJER	TAEKWONDO ALMERE	NED
3rd	110	Roan SAHETAPY	TAEKWONDO SCHOOL HENK MEIJ	NED
3rd	114	Roham AMIRI	TAEKWONDO SCHOOL HENK MEIJ	NED

Category: Cadetten A+B Heren -61kg - Competitors: 4

1st	22	Nivaeno THOMAS	SEONGONG	NED
2nd	42	Thijs WIJNGAART, VAN DEN	TAEKWONDO APURO	NED
3rd	175	Tyler VAN DER WILDEN	SHIJAK TAEKWONDO HAAGLANDE	NED
3rd	273	Rayan SANHAJI	TAEKWON UTRECHT	NED

Category: Cadetten C Dames -33kg - Competitors: 2

1st	196	Anna VERSLOOT	HWARANG DRAGON TAEKWONDO	NED
2nd	402	Kaylee FLANEGIN	TAEKWONDO OOSTERHOUT	NED

Category: Cadetten C Dames -37kg - Competitors: 5

1st	151	Romaissa EL BOUTAKMANTI	TAEKWONDO AMERSFOORT	NED
2nd	338	Fatema AL AUMIR	TAEKWONDO ALMERE	NED
3rd	193	Janna KEESOM	HWARANG DRAGON TAEKWONDO	NED
3rd	191	Leah BENCIVENGHI	HWARANG DRAGON TAEKWONDO	NED

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Category: Cadetten C Dames -44kg - Competitors: 3

1st	208	Merel OCKELOEN	ABDEL-KWAN ROTTERDAM	NED
2nd	252	Safia EL HAMMADI	PAL-JANG	NED
3rd	266	Milou CRAENEN	TAEKWON UTRECHT	NED

Category: Cadetten C Dames -47kg - Competitors: 7

1st	241	Zaynab EL FAKIR	ST. TAEKWONDO EDDEANE	NED
2nd	194	Meryem ORFE	HWARANG DRAGON TAEKWONDO	NED
3rd	195	Sara ORFE	HWARANG DRAGON TAEKWONDO	NED
3rd	143	Maroua AKACHAR	TAEKWONDO AMERSFOORT	NED

Category: Cadetten C Dames -51kg - Competitors: 6

1st	230	Alia EL MAJJAOUI	ABDEL-KWAN ROTTERDAM	NED
2nd	144	Ellae AZZAOUI	TAEKWONDO AMERSFOORT	NED
3rd	83	Eva WOUTERS	TAEKWONDO KORYOSPORTS (NL)	NED
3rd	62	jade RIKKERINK	TOP TAEKWONDO EEMLAND	NED

Category: Cadetten C Dames -59kg - Competitors: 2

1st	186	Natalia VERHEIJEN	TAEKWONDOSCHOOL VAN ESCH	NED
2nd	235	Lamisse DERKAOUI	ST. TAEKWONDO EDDEANE	NED

Category: Cadetten C Dames +59kg - Competitors: 2

1st	272	Israe AGUERJOUT	TAEKWON UTRECHT	NED
2nd	257	aya BARMAKI	PAL-JANG	NED

Category: Cadetten C Heren -37kg - Competitors: 2

1st	60	Darrell VAN DELFT	TOP TAEKWONDO EEMLAND	NED
2nd	357	Saarang SUJITH	TAEKWONDO ALMERE	NED

Category: Cadetten C Heren -41kg - Competitors: 4

1st	157	Qusay KELSLI	TAEKWONDO AMERSFOORT	NED
2nd	391	Efehan SAYDAM	TAEKWONDO OOSTERHOUT	NED
3rd	385	Ismail ZAITOUNI	TAEKWONDO OOSTERHOUT	NED
3rd	320	guney DARAKLI	TAEKWONDO BLACK DRAGON	NED

Category: Cadetten C Heren -53kg - Competitors: 6

1st	15	Vefa Eser ARMAN	SEONGONG	NED
2nd	113	Thijs GREIJ DANUS	TAEKWONDO SCHOOL HENK MEIJ	NED
3rd	386	Mohamed ACHAHBAR	TAEKWONDO OOSTERHOUT	NED
3rd	129	Emil GORSKI	TS MARCEL VAN DER POEL	NED

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Category: Cadetten C Heren -57kg - Competitors: 2

1st	142	Abdurrahman AKACHAR	TAEKWONDO AMERSFOORT	NED
2nd	269	Yahya KADAOUI	TAEKWON UTRECHT	NED

Category: Cadetten C Heren -61kg - Competitors: 5

1st	222	Imrane DALOUH	ABDEL-KWAN ROTTERDAM	NED
2nd	379	Gyon MEIJER	HANTEI OLDENZAAL	NED
3rd	61	Stijn VAARKAMP	TOP TAEKWONDO EEMLAND	NED
3rd	127	Manuel SWERTS	TS MARCEL VAN DER POEL	NED

Category: Cadetten C Heren +65kg - Competitors: 2

1st	95	Elijah OBASUYI	BDF TAEKWONDO	NED
2nd	46	Daniel REYES BENITEZ	TAEKWONDO APURO	NED

Category: Cadetten D Dames -37kg - Competitors: 2

1st	255	dounia BOUYAOUZAN	PAL-JANG	NED
2nd	182	Indy HULISELAN	TAEKWONDOSCHOOL VAN ESCH	NED

Category: Cadetten D Dames -47kg - Competitors: 3

1st	81	Noor SANDKUIJL	TAEKWONDO KORYOSPORTS (NL)	NED
2nd	197	Nora GHANEM	HWARANG DRAGON TAEKWONDO	NED
3rd	401	Chayma MOUSSA	TAEKWONDO OOSTERHOUT	NED

Category: Cadetten D Dames -51kg - Competitors: 1

1st	392	Amirah ABDULGAADIR	TAEKWONDO OOSTERHOUT	NED
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Category: Cadetten D Heren -49kg - Competitors: 2

1st	364	Maksym OVCHARUK	TAEKWONDO ALMERE	NED
2nd	395	Kuyash ABDUSALAM	TAEKWONDO OOSTERHOUT	NED

Category: Cadetten D Heren -53kg - Competitors: 4

1st	91	Roan MAASSEN	TAEKWONDO KORYOSPORTS (NL)	NED
2nd	138	Chenghou CHI	TAEKWONDO KI-SA	NED
3rd	184	Isaac TEUNISSEN	TAEKWONDOSCHOOL VAN ESCH	NED
3rd	389	Baris TANGLAY	TAEKWONDO OOSTERHOUT	NED

Category: Cadetten D Heren -57kg - Competitors: 3

1st	88	Fabio FRANKEN	TAEKWONDO KORYOSPORTS (NL)	NED
2nd	228	Ismael OUHANI	ABDEL-KWAN ROTTERDAM	NED
3rd	363	Danys OVCHARUK	TAEKWONDO ALMERE	NED

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Category: Junioren A+B Dames -44kg - Competitors: 2

1st	140	Dina AAZANE	TAEKWONDO AMERSFOORT	NED
2nd	315	Bibi Medina NANHEKHAN	CHONG HONG ROTTERDAM	NED

Category: Junioren A+B Dames -49kg - Competitors: 3

1st	57	Feline ROOZENDAAL	TOP TAEKWONDO EEMLAND	NED
2nd	97	Sabrine BOULAYOUNE	TAEKWONDO EINDHOVEN	NED
3rd	262	Aya HIDRAOUI	TAEKWON UTRECHT	NED

Category: Junioren A+B Dames -55kg - Competitors: 4

1st	340	Kara ASRUF	TAEKWONDO ALMERE	NED
2nd	245	BAYAN MEDHAR	PAL-JANG	NED
3rd	63	Marija ROKVIC	TOP TAEKWONDO EEMLAND	NED
3rd	132	Helena BORGMEIJER	TAEKWONDO KI-SA	NED

Category: Junioren A+B Dames -63kg - Competitors: 3

1st	9	Eirini NTEMOURTZIDOU	SEONGONG	NED
2nd	162	Nisa TIGHADOUIN	TAEKWONDO AMERSFOORT	NED
3rd	26	Anouk VEGTER	LOUISA MARTIAL ARTS	NED

Category: Junioren A+B Heren -55kg - Competitors: 4

1st	64	Safouan AKATBACH	TAEKWONDO LA HAYE	NED
2nd	153	Hamza EMIRDOGAN	TAEKWONDO AMERSFOORT	NED
3rd	211	Olivier DENIS	ABDEL-KWAN ROTTERDAM	NED
3rd	369	Adam BENASKAR	TAEKWONDO ALMERE	NED

Category: Junioren A+B Heren -59kg - Competitors: 4

1st	41	Sam VERBEEK	TAEKWONDO APURO	NED
2nd	4	Jay LALBIHARIE	SEONGONG	NED
3rd	333	Lukas KNUDSEN	STAFFANSTORP TAEKWONDO FÖR	SWE
3rd	108	Keith YEW	TAEKWONDO SCHOOL HENK MEIJ	NED

Category: Junioren A+B Heren -68kg - Competitors: 4

1st	318	Mohamed ASSAD	TAEKWONDO BLACK DRAGON	NED
2nd	128	Loek GROENEWEGEN	TS MARCEL VAN DER POEL	NED
3rd	173	Stefano SAMANIEGO	SHIJAK TAEKWONDO HAAGLANDE	NED
3rd	297	Otis MULDER	MARTIAL ARTS ROTTERDAM	NED

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Category: Junioren A+B Heren -73kg - Competitors: 3

1st	210	amir ITZARI	ABDEL-KWAN ROTTERDAM	NED
2nd	66	Mohamed DAOUAYRY	TAEKWONDO LA HAYE	NED
3rd	319	Adhane JALLAB	TAEKWONDO BLACK DRAGON	NED

Category: Junioren A+B Heren +78kg - Competitors: 1

1st	176	Zayd ABDOELGAFOER	SHIJAK TAEKWONDO HAAGLANDE	NED
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Category: Junioren C Dames -49kg - Competitors: 2

1st	20	Chanelle BHADAI	SEONGONG	NED
2nd	268	Joumaan AKARKACH	TAEKWON UTRECHT	NED

Category: Junioren C Dames -52kg - Competitors: 2

1st	65	Nisrine BADDOURI	TAEKWONDO LA HAYE	NED
2nd	55	Charlotte KOOIMAN	TOP TAEKWONDO EEMLAND	NED

Category: Junioren C Dames -55kg - Competitors: 4

1st	231	Hajar OUACHIKH	ABDEL-KWAN ROTTERDAM	NED
2nd	240	Aasiyaa SULTAN	ST. TAEKWONDO EDDEANE	NED
3rd	289	Anastasia YUMATOV	KTA GRONINGEN	NED
3rd	135	Zygaia LEROIJ	TAEKWONDO KI-SA	NED

Category: Junioren C Dames -63kg - Competitors: 4

1st	149	Lina EL BOUTAKMANTI	TAEKWONDO AMERSFOORT	NED
2nd	164	Sarah-Mai VAN DUREN	TAEKWONDO AMERSFOORT	NED
3rd	202	Shayrelle HERTOQS	TAEKWONDO CENTER PURMEREN	NED
3rd	265	Myriam DAFIR	TAEKWON UTRECHT	NED

Category: Junioren C Dames -68kg - Competitors: 1

1st	136	Devisha RAMKOEBER	TAEKWONDO KI-SA	NED
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Category: Junioren C Heren -45kg - Competitors: 1

1st	322	mohammed ACHALHI	TAEKWONDO BLACK DRAGON	NED
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Category: Junioren C Heren -59kg - Competitors: 3

1st	125	Levi STIJNEN	TS MARCEL VAN DER POEL	NED
2nd	375	Joshuel RECAPPE	TAEKWONDO ALMERE	NED
3rd	27	Nathan SHAIR ALI	ATA OLYMPIC	NED

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Category: Junioren C Heren -68kg - Competitors: 3

1st	54	Stijn DIJKHUIS	TOP TAEKWONDO EEMLAND	NED
2nd	203	Kenji STREEKSTRA	TAEKWONDO CENTER PURMEREN	NED
3rd	354	Wendall SALMO	TAEKWONDO ALMERE	NED

Category: Junioren C Heren -73kg - Competitors: 3

1st	51	Sebastian ROEST	TAEKWONDO APURO	NED
2nd	126	Gideon SWERTS	TS MARCEL VAN DER POEL	NED
3rd	134	Mike HAVENAAR	TAEKWONDO KI-SA	NED

Category: Junioren C Heren +78kg - Competitors: 1

1st	139	Keshav RAMKOEBER	TAEKWONDO KI-SA	NED
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Category: Junioren D Dames -55kg - Competitors: 2

1st	394	Dylara KARKI	TAEKWONDO OOSTERHOUT	NED
2nd	198	Sezin AVSAR	HWARANG DRAGON TAEKWONDO	NED

Category: Junioren D Dames -63kg - Competitors: 3

1st	374	Saira SULTAN	TAEKWONDO ALMERE	NED
2nd	261	sara EL AMRANI	PAL-JANG	NED
3rd	183	Layla MALLAHI	TAEKWONDOSCHOOL VAN ESCH	NED

Category: Senioren A+B Dames -46kg - Competitors: 2

1st	246	Wissal DABA	PAL-JANG	NED
2nd	304	Aya LAMRINI	TILBURG NOORD TAEKWONDO (TN)	NED

Category: Senioren A+B Dames -49kg - Competitors: 3

1st	346	Cherlynn Nguyen HUYNH	TAEKWONDO ALMERE	NED
2nd	317	Wissal OUSLLAM	TAEKWONDO BLACK DRAGON	NED
3rd	215	Alae AL HANOUF	ABDEL-KWAN ROTTERDAM	NED

Category: Senioren A+B Dames -53kg - Competitors: 3

1st	334	Sophia KOOTER	TAEKWONDO ALMERE	NED
2nd	264	Loubna CHAHBOUNI	TAEKWON UTRECHT	NED
3rd	53	Ninthe ROOZENDAAL	TOP TAEKWONDO EEMLAND	NED

Category: Senioren A+B Dames -57kg - Competitors: 2

1st	2	Polina APANAS	SEONGONG	NED
2nd	185	Priscilla VAN DIJK	TAEKWONDOSCHOOL VAN ESCH	NED

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Category: Senioren A+B Dames -62kg - Competitors: 6

1st	217	Sara MOUCH	ABDEL-KWAN ROTTERDAM	NED
2nd	244	OUMAIMA MEDHAR	PAL-JANG	NED
3rd	19	Esengül ÖZÇIÇEK	SEONGONG	NED
3rd	68	Naz ARSLAN	TAEKWONDO LA HAYE	NED

Category: Senioren A+B Dames -67kg - Competitors: 4

1st	161	Daphne STAMOU	TAEKWONDO AMERSFOORT	NED
2nd	107	Indi ROZEMA	TAEKWONDO SCHOOL HENK MEIJ	NED
3rd	58	Shanti RUSKA	TOP TAEKWONDO EEMLAND	NED
3rd	236	Malak SAHRANI	ST. TAEKWONDO EDDEANE	NED

Category: Senioren A+B Dames -73kg - Competitors: 2

1st	159	Daniëlla OOST	TAEKWONDO AMERSFOORT	NED
2nd	361	Noeëlla VAN DAMS	TAEKWONDO ALMERE	NED

Category: Senioren A+B Dames +73kg - Competitors: 2

1st	242	Jihane SRHIR	ST. TAEKWONDO EDDEANE	NED
2nd	243	safaa EL IDRISSE	PAL-JANG	NED

Category: Senioren A+B Heren -63kg - Competitors: 6

1st	56	Milan MOLLE	TOP TAEKWONDO EEMLAND	NED
2nd	160	Shymano SCHOENMAKERS	TAEKWONDO AMERSFOORT	NED
3rd	7	Armaan DUBAR	SEONGONG	NED
3rd	169	Ehsan MOZAFARI	TAEKWONDO CLUB PAPENDRECH	NED

Category: Senioren A+B Heren -74kg - Competitors: 9

1st	163	Sjoerd VAN DER MEER	TAEKWONDO AMERSFOORT	NED
2nd	112	Semuel YEW	TAEKWONDO SCHOOL HENK MEIJ	NED
3rd	403	Moussaab ADRAUI	TAEKWONDO OOSTERHOUT	NED
3rd	404	Ismail NEGRO	TAEKWONDO OOSTERHOUT	NED

Category: Senioren A+B Heren -87kg - Competitors: 3

1st	67	Alpay FERAD	TAEKWONDO LA HAYE	NED
2nd	52	Karim AL HISNAWI	TOP TAEKWONDO EEMLAND	NED
3rd	409	Mohammad Yasser ALSAFFURI	TAEKROSA	NED

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Category: Senioren C Dames -57kg - Competitors: 3

1st	131	Mouna ABSY	BRUSSELS TAEKWONDO TEAM	BEL
2nd	339	Zienat AMAN	TAEKWONDO ALMERE	NED
3rd	223	Fatma ERGENC	ABDEL-KWAN ROTTERDAM	NED

Category: Senioren C Dames -67kg - Competitors: 2

1st	337	Ameira AL AUMIR	TAEKWONDO ALMERE	NED
2nd	170	Fu Hua VAN DOMMELEN	ESTV ILYEO	NED

Category: Senioren C Heren -63kg - Competitors: 3

1st	12	Jayden MANGAL	SEONGONG	NED
2nd	28	Nathan SHAIR ALI	ATA OLYMPIC	NED
3rd	371	Trishul RAMGOELAM	TAEKWONDO ALMERE	NED

Category: Senioren C Heren -80kg - Competitors: 4

1st	116	Wessel VAN DER KOOI	TAEKWONDO SCHOOL HENK MEIJ	NED
2nd	123	Tristan SUAREZ	YOO SIN	NED
3rd	373	Yehor MIRNOV	TAEKWONDO ALMERE	NED
3rd	302	Zaryaan HAMDANI	TEAM MOODOKWAN	NED