

TORNEIO
POOMSAE

Online



FEDERAÇÃO PORTUGUESA DE
TAEKWONDO



Dear Mr. President,
Dear Coach's,
Dear Athletes,
Dear Friends,

On behalf of the Portuguese Taekwondo Federation, I am pleased to invite you to participate in the 2nd Poomsae Online Tournament, organized by this institution.

After the success of the first edition, which had about 30 thousand views on social networks, 16 teams representing 5 countries (England, Denmark, Iceland, Spain and Portugal), we only had one way left: to repeat the event with greater ambition.

Keeping the initial support (Kombat Press and Marcial ArtSport), we join efforts with VAZTIC and we will certainly provide everyone with a competition of excellence in Taekwondo, in the discipline of Poomsae.

This event will be held in the online format and will take place on the 10th and 11th of April 2021.

The 2nd Poomsae Online Tournament will have competitions for the individual categories of Dan, Kup, Freestyle and also the Family competition, where it will be possible to compete in pairs or trios with family members, thus creating yet another way for our sport to fight the pandemic that we live.

On the days when the competition takes place, international referees will evaluate the competitors live and at the same time that the entire audience will be able to see the athletes performances.

We count as tournament director Mr. Tiago Oliveira who has extensive experience in organizing events in our modality and we will have as members of the CSB of this event, in addition to the tournament director, GM Mustapha Moutarazak (WT Referee Chairman) and the Portuguese referee Nuno Grossmann.

We look forward to receiving your confirmation of participation by Sunday 28 March 2021.

Sincerely,



Abilio Carlos Fernandes Costa
PRESIDENTE

INFORMAÇÕES E REGULAMENTO DE POOMSAE

Organization:	Portuguese Taekwondo Federation
Tournament Director:	Tiago Oliveira (+351 912154396)
Support:	Associação Taekwondo do Porto (ATDP).
Referee:	GM Mustapha Moutarazak e Master Nuno Grossmann
Competition:	April 10 (Saturday) and April 11, 2021 (Sunday) Online transmission on the social networks of the FPTKD Divisions and categories to be announced on April 8, 2021
Register:	Online on website - https://www.martial.events/en
Prizes:	1º, 2º, 3º e 3º Ex-aequo Trophies 1º, 2º e 3º place for teams
Participacion:	Invited Clubs. Athletes of all grades and age.
HASHTAGS:	#TOP2021 #TorneioOnlinePoomsae #FederaçãoPortuguesaTaekwondo #KombatPress #Marcial Artsport #martial.events
Program:	

SATURDAY 10 DE APRIL	
11H00	ONLINE TRANSMISSION OF THE COMPETITION ON FACEBOOK AND YOUTUBE FROM THE PORTUGUESE FEDERATION OF TAEKWONDO

SUNDAY 11 DE APRIL	
11H00	ONLINE TRANSMISSION OF THE COMPETITION ON FACEBOOK AND YOUTUBE FROM THE PORTUGUESE FEDERATION OF TAEKWONDO

KUP COMPETITION – CATEGORIES BY AGE AND GENDER

Categories	Age	Limit Birthdate
Bambis	Until 7 years	2014 or after
Benjamins	8 a 9 years	2012 - 2013
Infantis	10 a 11 years	2010 - 2011
Cadet	12 a 14 years	2007 - 2009
Junior	15 a 17 years	2006 - 2004
Under 30	18 a 30 years	2003 - 1991
Under 40	31 a 40 years	1990 - 1981
Under 50	41 a 50 years	1980 - 1971
Over 50	51 years or more	1970 or before

DAN COMPETITION – CATEGORIES BY AGE AND GENDER

Categories	Age	Limit Birthdate
Infantis	11 years or less	2014 ou após
Cadet	12 a 14 years	2007 - 2009
Junior	15 a 17 years	2006 - 2004
Under 30	18 a 30 years	2003 - 1991
Under 40	31 a 40 years	1990 - 1981
Under 50	41 a 50 years	1980 - 1971
Under 60	51 a 60 years	1970 - 1961
Under 65	61 a 65 years	1960 - 1956
Over 65	66 years or more	1955 or before

Competition Rules for Dan and Kup:

- Scoring will be carried out by the WT Rules and in accordance with the annex on online competitions;
- The athletes will be evaluated by the videos sent.
- Cut-off system with 1st, 2nd and 3rd Round (P, SF and F)
- P: 2 Poomsae - 50% of those registered in the category pass, if there are more than 19 competitors;
- SF: 2 Poomsae - The 8 best classifieds pass;
- F: 2 Poomsae - Final classification decision;
- In the Kup competition, athletes will freely choose the Taegeuk to perform in the competition.
- In Dan's competition, the Poomsaes draw for the various rounds will be held on March 22 (Monday);

FREESTYLE COMPETITION – CATEGORIES BY AGE AND GENDER

Categories	Age	Limit Birthdate
Under 17	Until 17 years or less	2004 or after
Over 17	18 years or more	2003 or before

Competition Rules for freestyle:

- Scoring will be carried out by the WT Rules on the Freestyle side and in accordance with the annex on online competitions;
- The athletes will be evaluated by the videos sent;
- Competition open to all graduations;

FAMILY COMPETITION - CATEGORIES

Categories	Age	Limit Birthdate
Pair	No Limit	No Limit
Trio	No Limit	No Limit

Competition Rule for Family:

- Scoring will be carried out by the WT Rules and in accordance with the annex on online competitions;
- This competition will have only one Round consisting of 2 Poomsaes.
- The athletes will be evaluated by the videos sent.
- This competition will be accessible only to people who live together, or who belong to the same family;
- There will be no age limit for the formation of pairs and trios, just as there will be no rule in the combination of athletes of the same or different gender;
- In order to bring families closer together, the registration of each pair or trio will be valid, provided that at least one of the participants is a Taekwondo practitioner;
- This competition will be held using only the first 3 Taegeuk (Taegeuk 1 Jang, Taegeuk 2 Jang, Taegeuk 3 Jang)

Deadlines and registration fees

Deadline	Competitions	Registration Fee
March 28, 2021	Dan, Kup, Freestyle and Family	37,5€

1. There will be no tolerance within the established deadlines.
2. Pairs & Trios: For each pair or trio the values and terms shown above apply.
3. Registrations will be validated only after confirmation of payment.

Registrations

The entire registration process and the respective payment of participation fees in the event are carried out online at the website <https://www.martial.events/en>

Recording and Uploading Videos

After the registration deadline has ended and the Poomsae draw has been carried out, all duly registered participants must upload their videos until the 7th of April 2021;

The videos must be recorded and placed on the VAZTIC platform that will be made available for this purpose;

With regard to the creation of the videos, the participants will be able to record their films, in a location of their choice in accordance with what is indicated by the health and government authorities.

Participants are allowed to wear sports shoes or socks while recording their videos;

All participants must follow the filming rules, attached;

Obtaining Team Points

1st place: 7 points; 2nd Place: 3 Points; 3rd Place: 1 point.

Team prizes: 1st, 2nd and 3rd place in each of the 4 competitions.

Medical Expenses and Liability

All expenses, as well as medical responsibility will be the entire responsibility of the team.

The Organization is not responsible for any physical damage that may occur.

Amendments to the Regulation

The Regulation may undergo changes, which will be made available as soon as possible.

Missing Cases

Any Omission / Incongruence Case will be resolved by the "Competition Supervision Board" and will be final.

Covid-19

Due to the pandemic situation that we all live in today, the organization of this tournament advises all participants to record their videos in accordance with the instructions of the health authorities.

We suggest that Teams with a high number of participants, record their videos separately, without joining on the day of recording, in order to reduce a possible transmission of COVID-19. We also suggest that all behavioral instructions suggested by the country's health authorities follow the rule.

ANNEX 1

RESPONSIBILITY TERM

I _____ in quality of _____

Representing the club _____

for the 2nd Poomsae Online Tournament to be held on the 10th and 11th of April 2021.

I became aware of and accept the full content of the regulation for the above mentioned activity;

When registering the athletes through the club I represent, I made sure that they meet the necessary conditions for this participation and have the necessary sports insurance;

The team delegate is responsible for all acts performed by the athletes and members of the delegation, as well as accompanying the athlete to the hospital in situations not classified as a medical emergency.

I also collected the appropriate authorization for participation by the parents of underage athletes.

The Club President / Delegate

_____, _____ of _____ of 20____

Note: This declaration must be signed by the Club President or the Team Delegate, and sent upon registration to the following email: top2021@fptaekwondo.pt

ANNEX 2

MINOR PARTICIPATION AUTHORIZATION

I, _____ With the ID nº _____

Valid until ____/____/____, in quality of _____ form the club _____

I declare for the due effects that the athletes indicated below, all of them minors, have at the headquarters of the same authorization signed by the Head of Education to participate in the “2nd Poomsae Online Tournament” that will take place on the next 10th and 11th of April 2021.

I also declare that they meet the necessary conditions for participation in the mentioned activity.

Complete Name	N.º ID	Birthdate

_____, of _____ of 20 ____

(Responsible Signature)

ANNEX 3

HOW REGISTER IN COMPETITION?

1. Please be sure you read the full outline.
2. Go to www.Martial.Events, create a team name and register yourself or/and your athletes. Wait for an email of registration confirmation and how much you have to pay. If you experience problems, email ricardo@martial.events
3. Make the payment directly on the www.Martial.Events website.
4. Before recording, make sure to carefully read the Video recording guides & the procedure for uploading videos. Notice that recording requirements for Freestyle Poomsae are different from Recognized Poomsae.
5. On the day registration closes make sure to check your email/junk box for an email from Martial Events with information how to upload your videos. The email will be sent to the email you have been registered with, which means your coach/parent will receive the link, if the registration was not done by yourself.
6. The link will route you automatically to the Vaztic server where you can upload your videos. The link will only show the exact number of videos you need to upload.
 - If you have 20 or more athletes in your division, that means you will perform and upload 6 videos; Preliminary, Semifinal & Final Rounds.
 - In the case there are between 9-19 athletes in your division, you will perform Semifinals & Finals, which means 2 rounds and 4 videos in total.
 - If there are 8 or fewer athletes in your division, you will only perform the Final round and only submit 2 videos of your Final round Poomsae.
 - The Vaztic uploading system will tell you the exact number of Poomsae you are required to upload.
7. If there are issues with the upload, you will be notified right away. Please make sure to check your email/spam/junk box for an email from Vaztic. The email will be sent to the email address you have been registered with, which means your coach/parent will receive the link, if the registration was not done by yourself. If you have questions, send an email to upload@vaztic.com.
 - Please be aware that the **UPLOAD PROCESS** may take a long time and you will receive an email after processing has finished. Make sure to check your email/spam/junk box for an email from Vaztic. The email will be sent to the email address you have been registered with, which means your coach/parent will receive the link, if the registration was not done by yourself. If you do not receive an email within 24 hours check back your link and see if your Poomsae video had an issue with processing. Don't wait to the last minute to upload, because it can take time and your video may not meet the requirements of the competition.

ANNEX 4

Rules Explanation

The WT Poomsae Competition Rules & Interpretation (May 14, 2019) are applicable, unless otherwise indicated in the outline of the event.

GENERAL RULES

- Filming should be running according to the rules established by the health authorities and the government of your country
- Jewellery is not allowed
- Athletes are allowed to wear sport shoes/socks when filming outdoors
- If the position of the foot, arm or hand cannot be evaluated, referees will make deductions in scoring.
- Sports injury or medical bandages are allowed
- For DAN competition it's allow that the athletes could use traditional Dobok (white Dobok with black V-neck) and Poomsae Competition Dobok according to the ages of categories



KUP GRADE POLICY

This event is open to all the world, with that we are facing multiple KUP grade systems and interpretations. That means we have to deal with the fact that each system has its own color belt related to the KUP rank. So we will use the KUP grade registration information provided by the team delegate in the registration process.

DISQUALIFICATION

The following situations may result in disqualification as per decision of the CSB:

- Contestants competing in the wrong division.
- Cheat during the registration. Example:

If we got the confirmation that one POOM or DAN is competition in Color belts division, **the whole team** will be disqualified and no refund of the fees will be made.
- Videos that have been edited or show proof of editing. You are allow to cut the video length (sometimes video have extra time for entrance and go out) nothing else.
- Contestants that have registered without submitting their videos in time.
- Videos containing political, social, or religious propaganda.
- Videos containing profanity or indecent images or gestures.
- Using subjects or people for support during Freestyle.
- Contestants who submitted videos used in other competition or same video used several times in free choice Poomsae rounds.
- Videos with music during performance, excluding freestyle.
- Freestyle video submissions that do not meet the 1080 pixel with the velocity of 60 frames per second.
- Freestyle videos that do not meet the duration requirements of a Freestyle performance from 90- 100 seconds (time start counting at the Chumbi Command/when the music start)

DEDUCTIONS:

- Poor quality videos that are unable to be judged by the referees will result in **0,0** Technical points and **1,5** points in presentation per Poomsae. In Freestyle, poor quality videos will be scored Technical **0,0** and Presentation as normal.
- Contestants performing the wrong Poomsae will **0,0** Technical points and **1,5** points
- **0,3** will be deducted if any part of the contestant's body is out of the video frame. Further deductions will apply for each movement, where a part of the body is not visible.

ANNEX 5

Recording Poomsae and Freestyle Poomsae

Minimum suggested requirements

For Recognized Poomsae event (DAN and Color Belts):

- 720 or 1080p with 30/60 frames per second

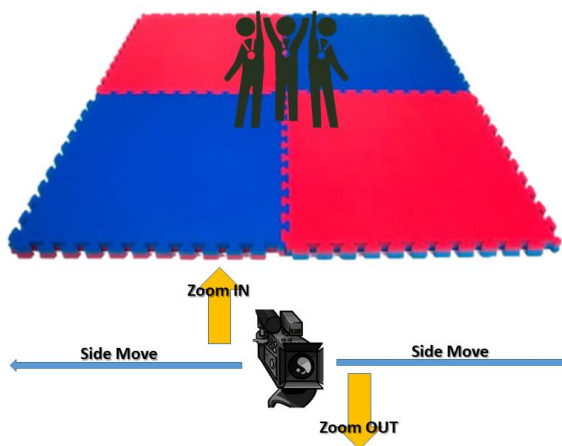
For Freestyle Poomsae event:

- 1080p with 60 frames per second
- Not meeting these requirements result in DSQ
- 90-100 seconds

Duration Rules on video recording and submissions:

1. Please ensure you follow the instructions of your local and national health authorities with regard to social distancing and outdoors excursions.
2. The athlete shall be 100% full body inside the video recording at all times. The camera can be moved in one line to facilitate this coverage (no music). Try to film as close as possible without going out of the frame.
3. Videos that have been used in any other competitions will NOT be accepted for consideration.
4. The video recording shall be done while the athlete is facing the camera in the start position. Zooming in and Out during performance is allowed, as long as the full body is in the video frame.

Note: Please check the *PICTURE 1* as an example how to film



5. Video recording can start immediately after Tcharyot & Kyonge. Walking in and out is not necessary.
6. Do not edit the video or include anything additional in the beginning of the video. It is not necessary to write your name, add a flag etc. on the video. Only “direct shot”/raw videos may be submitted.
7. Minimum video requirements 720pixels with 30 frames per second. However, 1080p with 60 frames per second is highly recommendable for Recognized Poomsae events. Lower quality video recordings may result in the referees not being able to score your poomsae performance.
8. Mandatory minimum video requirements for Freestyle Poomsae is 1080p with 60 frames per second. Lower quality video recordings and videos edited to meet any of the requirements will result in disqualification.
9. “Portrait” (Vertical) mode Recording is not allowed. Only “Landscape” (Horizontal) mode is permitted.
10. Athletes are allowed to wear sport shoes and socks when filming outside, however the position of the foot must be clearly visible.
11. Athletes who show political or religious flags/banners/posters shall be disqualified. Please check the information in your dojang.

Affiliation



Partners



Support to the Event

